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INSIDE AND OUT

Ву

Laura Therese Stemle

A THESIS

Submitted to
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in partial fulfillment of the requirements
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ABSTRACT

INSIDE AND OUT

By

Laura Therese Stemle

Inside and Out is a collection of poetry written over the course of my graduate study at Michigan State University. Like many writers, my work comes from experience. Writing makes this experience understandable to me and to others. It is why I write and why I share my writing.

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And thanks to the one who made it all right to write again.

TABLE OF CONTENTS

SWEET DREAMS ARE MADE OF STEEL 1
ROUGH DRAFT 2
EAVES DROPPING 3
BLACK AND WHITE AND RED 4
ENTROPY 5
BARNEY CLARK AND HIS "MAGICAL HEART" 6
READ ALL ABOUT IT 7
TAKING THE FLOOR 8
THE FLU 9
JOINT ACCOUNT 10
A.K.A. NITROUS OXIDE
INANIMATE OBJECTIONS
DAM 13
GIVE AND TAKE 14
LAST CHAIR 15
ECON 16
IN PROCESS 17
EVIDENCE OF ERROR
THE RUB 19
BARRIER FREE CONSTRUCTION 20
SUBSTITUTE 21

CONDUCT	22
C.O.D	23
LEAVING IT ALONE	24
APPLY WITHIN	26
PASSING THE TIME	27
SPRING	28
TURNING IT OVER	29
HOOKED	30
CONSOLATION	3 1
COLD FRONT	32
CURB SERVICE	33
BURNED	3 4
GROUNDED	35
POLE TO POLE	36
TO THE LETTER	37
HE NEVER TOUCHED ME MUCH	38
FAMILY TREE	3 9
FAMILY TIE	4 (
ERIE	4]
STONE'S THROW	42
AT LAKE MICHIGAN	43
EVEN IN THE SHADE	44

WISH YOU WERE HERE 4	5
FREE READING 4	6
SPARKS 4	. 7
SUN SIGN 4	8
BY-PRODUCTS 4	9
INTERIOR DECORATING 5	0
BECAUSE WE MOVED 5	1
GOING, BUT NOT GONE 5	2
EQUILIBRIUM 5	
SCENIC TURNOUT 5	, 4
OVERHEAD 5	5 5
IN THE AIR 5	i 6

SWEET DREAMS ARE MADE OF STEEL

In the dark She listens

At the end of the street
The train
Fits dent of wheels to curve of rails
With a whistle
It blasts by the platform
Moving
Fas-ster fa-ster faster fasterfasterfasterfaster
Stroking
Leaving
Sound wake

In the dark
She remembers
And repeats

I think I can I think I can IthinkIcan IthinkIcan IthinkIcanIthinkIcan

ROUGH DRAFT

Along my back my mother runs Her hands Open palms, flat, firm Taking the rough away Like water rushing over The stones of my spine

Along the beach he walks
Collecting stones
Holding them in the well of
His palm
Turning them over
Checking for imperfection
Following fault lines
Completing them with the
Ends of his fingers
Placing them deep in his pockets
Protection until it's time to
Return

Along my mother's back I run My hands Open palms, flat, firm Taking the rough away Like water rushing over The stones of her spine

Along the beach he walks Replacing stones To be struck by the sun And turned into stars

EAVES DROPPING

The driveway words
Of neighbors to parting guests
Winded
Climb
Piton bud
To
Piton bud
Of the forsythia beneath an open
Window
And reach summit ears

I would like to close the window So their words would Hit and bounce Hit and bounce Rappeling To The sill To The siding To The soil

But it is the first day of spring And they are the first to bloom

BLACK AND WHITE AND RED

I unwrap apples winterized in newsprint
They appear rested and well-red
I take one and
Settle down in a soft-covered chair
To read the late winter news

ENTROPY

The cover of my dictionary has come off 170,000 words (it's the abridged edition) Lie naked in my hands

On leaves
They drop
Front and back
Forty together

The litter of language

A to abacus B-17 to baby cab to cable Zulu to zzz Ypsilanti to yurt x-ray to xyster

Covers

Dab to dog each to earl fabaceous to face-saving Write to wyvern vulcanize to vying uvea to Uzbek

My floor

Gab to gadwall haberdasher to hack Iambic to Icarian
Tyre to tzar syrupy to syzygy Rx to ryot

My feet

Jab to jack-o'-lantern Kaaba to kaleidoscope macabre to Macedonian Quiver to quotient pyrocatechol to pyxis oxytocic to ozonosphere

And I am left holding

Liquefaction to lists

BARNEY CLARK AND HIS "MAGICAL HEART"

They played Salt Lake City a hundred days straight

Wired for sound, that heart beat with the best It was plastic and perfect and never did rest

With Barney in bed, they did two shows a day At six and eleven they went on display

In minute detail, networks gave their reviews
And showed all the highlights on each evenings's news

But the body grew tired of this daily grind And wanted to stop, if they didn't mind

The organs all failed in domino style They just couldn't go on, after a while

Barney grew still, conceding defeat
But his heart went right on, not skipping a beat

So they pulled out the plug one early spring night And broke up the act and turned out the light

They played Salt Lake City a hundred days straight

READ ALL ABOUT IT

I read the morning paper Ink slides from its pages to My finger pads

I rub hard with clean thumbs But cannot rid the oily black

I rub harder with a linen napkin To no effect

I stare at ten black points And worry the ink is seeping to My system where it will Set in my organs And give me a deadline

I hurry to the kitchen sink And soap my hands with Slick white liquid

I rub in and out of water And dry on cloth towel

I stare at the faint grey tips On my fresh pink fingers

I sigh and smile Knowing I will not make Tomorrow morning's headlines

TAKING THE FLOOR

My feet
Bare on the fallow floor
Fill the grooves between the planks
With the balance of ball and heel
And
Replace their memory
Of ripened green carpet
With
That of
The blank planes and furrows
Of earth-stained hardwood

THE FLU

I have been captured

They bring me to a room I wait discovery

They ask no questions

With rubber hoses they beat my legs, back, arms My muscles throb to the rhythm

They want no answers

With steel-toed shoes they kick my stomach I draw in my limbs
I tighten my body into a fist
I labor to form each word to ask,
"What do you want?"

They take no questions

With microwaves they bombard me
My molecules shake and go red in the face
I bake from the inside out
I am done before the bell rings

They give no answers

They bring me to a cell I wait recovery

They turn, walk away, and find who's next

JOINT ACCOUNT

I wait in the office hours for the doctor

The clock is stuck at XI to XII
Post-sixties patients are winding down and out

The nurse emerges and points to the room

I sit and stare at the color photograph of California

Ruddy trunks of sequoia stand by Mastadon grey rocks and Tusks of ivory waterfall

The doctor emerges and points to the table

I lie and stare at the stippled ceiling

He lifts my aching left limb and Twist and turns and pushes and punches

I hobble to X-ray

I sit and wait and change

The technician emerges and points to the machine

I lie
On the table
On my back
On my side

The rays shoot through me to the plate

We are exposed
We have been in the dark
We see the light at five o'clock

It is bursitis
I am only twenty-six

A.K.A. NITROUS OXIDE

A mask of amber cups my face The line is open Like a Breatharian, I consume Gas enters to numb It sits in my ears, humming

The dentist enters, mumbling His words exit m&ms

"Mmopen, please."

My mind has long since disengaged
The message is delivered as fast as an unzipped letter

He starts the standard conversation I hear out of the corner of my ear

"Mmhow mmold mmare mmyou mmnow?"

The gas starts playing a kazoo Words drop out of sentences like marathon runners hitting "the wall"

"Mmdo mmgo mmschool?"

He is a Reader's Digest interrogator

"Mm-job?"

Finally, his words become a mantra

I reply,

"Zzzzzzzzzzzz

INANIMATE OBJECTIONS

On the second floor
Of the local museum
At the top of thirty-six stone steps
Are
The bones of a bull elephant

Strung by guy wires They hang Head and shoulders above The floor

They hang
Twenty years from the Kenyan kill and
A thousand pounds form cranium to coccyx

They hang
Not impossibly white like
Those of a sun-cleaned veldtian graveyard
But
Dully greyed and stained at the joints like
Bursas leaked 10-W-40 lubricant

They hang Poised for inaction

They are decidedly dead

But What if

A bit of tissue Remained moist in that massive skull And Some cells Residing in the marrow still With the key to copying Mass produce

They'd fill cavities to capacity and Send red running its course

And
The bull would rise from
The dread and shake and snap its tethers and
Head for the plains

DAM

The beavers are on display

Behind planes of plexiglass

They

Break aqua surface tension

Make the approach with javelin limbs

Toss each in turn on the pile

And begin again

Life in a tableau

GIVE AND TAKE

CAT --

When I lie in your favorite place By the rye brown arm of the couch Under the 100 watt warmth of the lamp You come with pressured paws to Knead and settle on my stomach Until one of us rises

LAST CHAIR

Winded air let into a clarinet Filling and unfilling holes Wanting upscale aerie ranges Only to play deep-burrow notes With my tin fingers

ECON

In code
The professor writes:
The Fed .00017 1982 bx-abx-bbx
On the blackboard
And
We do not wonder why
The economy and half the class
Are failing

IN PROCESS

Chalk in hand,
The scientist taps out the mechanics of
His theory on a wall-length piece of slate

He goes about filling blank to blank space To get from upper-left-hand question To lower-right-hand answer

And when done, sits and stares and rocks Back and forth Back and forth Catching the rhythm of A temporary truth

EVIDENCE OF ERROR

Hands touch to type, but fingers stutter
A correction tab slips between sheet and key
One step back and one step forward
Type lifts off to join a knot of letters
To unmade words

THE RUB

Grade One fat blue pencil

A one-speed bicycle, its Balloon tires track the page

No eraser to correct ERROR ERROR ERROR

Dead wood on wood Wet "Pink Pearl" finger pad Rub

The mistake
Radiates from the center
Turns dark and
Becomes a black hole

Answers fall in Perfection is not a given at seven

BARRIER FREE CONSTRUCTION

Nouns verbs and complements
Jumble twist and spill
In my mind

Momentarily caught they
Escape
Before they can be
Gathered like
Ripe fall apples
And placed in
A safe tan basket

They fly Free Until slowly they tire

I catch my breath And scurry about With nimble fingers To capture them

Now they sit
In
Descending
Order
To be picked
Off
One
By
One
And put into
The
Blanks
Of
The First Hour Verb Test

SUBSTITUTE

I set key to lock and twist Turn cool knob And slip into the opened Classroom

I finger
The lines of grain in her desk and chair
The letters of her lesson plan
The seating chart that boxes and labels
Her class

I untangle cotton cord
Tug to turn panels parallel
And sunlight shoots through the opened
Window blind

Rays finger
The lines of wooden desks and chairs
The cut-out letters of projects
The map of South America that nearly touches the floor with
Tierra del Fuego

Partners in the coup At 8:30 We take over the 6th grade

CONDUCT

We sit in backseat dark
Heat lightning flashes on the horizon
We place wintergreen Lifesavers on bottom teeth
And strike with top
We spit sparks, laugh, and repeat the performance
To the end of the roll

We stand in bedrooms dark
Light flicks on then off
We slip between cloud sheets
Static lightning skitters, crackles, and
Stops
We close our eyes
And sleep
To electric dreams

C.O.D.

With my mail order The UPS man comes

In a truck the color of pumpernickel He pulls curb-side But blocks the street

He exits in matching uniform
The shade of toasted whole wheat
He bears a box
Bun brown
To my door
Without incident

Once his truck was taken, though By hotdog sisters wearing Only yellow mustard Gaudy Domestic Yellow

He glances from me to his truck to me A little worried I let him in I have to sign his sheet, you know Besides, It's lunch time

"Would you like a sandwich?"
"Ham on rye?"
"Dijon?"

LEAVING IT ALONE

A leaf has followed me since September

It has hovered Whisked by the wind of my opening front door To lift and land at my feet

I paid it no mind

There are several leaves in a cluster by the sidewalk Brown and faded, they cling to a corner

Once they were soft and pliable Red and bending with waxy protection They stained the porch with their "wet paint" look

But I did not clear them away or Get a rag and turpentine to clean up after them

I left them to their own devices

When they turned to the sun and lost The remainder of their sugared juices, They took to the corner and kept to themselves

I did not touch them with the tips of my broom head For they would break and crumble and tangle in the straws And I would have two things to clean

I let them be

Now it is April
And they are still there

They track into my place on the bottoms of my rubber-soled shoes Often they make it up the seventeen steps of the narrow flight To land in my living room There I pick them off the carpet and Deposit them in a basket filled with Left-over writing -- papers torn and wrinkled by hands And imperfect words

The other day, I picked a leaf from the pile and carried it home

I set it on my table and Let it be

Today I take it up and write:

The leaf is like land

With contours, it has the inlets and bays of coastal Michigan Here is Traverse, there is Saginaw

It is a basin that holds the dark marks of age and cities That mass along the rivers
Rivers that lead radially to surrounding lakes

The leaf is like an aging map

Ready for protection It needs hiding from the yellowing light

I put it between sheets of clear vinyl And touch it only through the barrier

I let it be

APPLY WITHIN

A young woman sits On a curb In front of a sign That says "Waitperson Needed"

Practicing

PASSING THE TIME

On this quiet Saturday Floodplain trees stand on thin thoroughbred legs While two men like scarlet leaves run The bank

Of a slow moving river

SPRING

The child Rests in The open Elbow of The tree

Her empty Basket is Light on The limb

Her hollow Flute is Light on The wind

The river
Below
Rolls like
A printing
Press to
Carry the
News
Downstream

TURNING IT OVER

A leaf in a tree Green now, due to spring

Growing from the end of a Thin new limb, Stem attached, Firmly and smoothly, with Barely a hint of the Separation to come

Flutters in the breeze And points in Every direction to balance itself

And watches over the river That moves faster and faster Below

HOOKED

The leaves are fish on stringer limbs Wind exposes their silver underside They thrash about sucking dry air That cannot sustain them

CONSOLATION

The skylight Opens to The night

Space is Filled with Constant Motion

Companions Travel in Turn

They circle Each other Like Binary stars

They look But Cannot touch

COLD FRONT

The City snowplow Makes a Midnight run

With concave steel
It
Scrapes and scoops
To kick
Snow in
The face
Of the curb

It
Moves on
Leaving tracks
Of Mastadon
Molars
For morning
Sun to
Preserve in
A glaze
Of ice

CURB SERVICE

The black and white note Lies waiting In the gutter Covered with Old leaves and fresh water It reads

SMILE PLEASE

BURNED

In blue afternoon Sitting in sun Waiting for Olympic torchbearer

Fifteen minutes
Then

Thirty minutes Then

Forty-five minutes
Then
Lights lights lights
Red blue red blue
Circles rotating
Black and white police car
Red fire chief car
Then

Sixty minutes
Then
The boy
So young
So small
With red-faced effort
Carrying gold-trimmed torch with faint yellow flame
Then
Cars trucks
Official official official
Then

At home in blue evening Sitting in white light Feel red of cheeks spread Touched by the fire

GROUNDED

The course I chart leaves me
On a spit of sand
I rock port to starboard to slip off center
And set sail to catch portable breeze
To no effect

I must wait for high tide to take me where my calculations won't

POLE TO POLE

Streetlights rise over the Hill like the forelegs of A connect-the-dots Spider

Its eyes open And close with a Succession of passing Cars

With mandibles of Night it sucks a meal Of buzzing electrons Until there is light TO THE LETTER

Birds nest in B and D of Sears ROEBUCK AND CO.

They put brown shocks on bent tube stalks And wait for the chlorophyll light To green evening

38

HE NEVER TOUCHED ME MUCH

I must have been five or six
Exactly
On my winter birthday
We ate breakfast out
Soft boiled eggs went yellow all over my plate

He would Tousle my towhead hair

At Montgomery Ward's I chose the sled Tan slats with red runners

I would Climb the north face of his chair To reach summit lap

At North Hawkins Park I sat on my sled Vertical back and horizontal legs A capital L

At the edge He joined me

Double letters
Repeated down the clean white page of the hill

Ninety words a minute

Faster than I ever went alone All that white Rushing To my feet To my eyes

Able to speak but one word at the end:

[&]quot;Again."

FAMILY TREE

Long thin Pods of Catalpa Ripen In Southern Air

Free of Smooth Wood box They are Seasoned Cigars

They fall Smokeless In the Indiana Sunlight FAMILY TIE

We are two and three of a filial four

My brother walks ahead I am three years behind

He is Eric, Racker, Goober, or Six I am the sister that follows his apostrophe s

Eric is a magnet Waiting for metal

I am a bur Waiting for fabric

Eric's electric mind makes mathematical connections My neurons hold a cease-fire

Eric charts a course and runs with size 13s To finish first

I go my own way, but he draws me back All my paths circle back to his

I follow his cold tracks
Our ends meet and he is off again

So am I

ERIE

We walk the shore In clean white sweatshirts

Fish breathe in waste water and Expire
On the beach
They are left to dry

Wind carries the scent of the dead Off the lake Off the land

We stop And dig in the sand 'till we hit oil It soils our sweatshirts--front and sleeves

We walk the shore

And leave the dead unburied

STONE'S THROW

Land is paved with cobblestone leaves Wet by sheets of mica rain

River grouting connects Slick tile banks

I see through prescription glass And skip a rock Going, going, gone

AT LAKE MICHIGAN

On shore
Gary raises factory plants
In air tinted grey like sun-sensing lenses

In waves A boy chooses rocks with tweezer fingers He drops seeds to pull-top can

Stone and steel to grow again

EVEN IN THE SHADE

Their wool tight next to their skin, Curls cut, but uncontrolled, The sheep breathe heavily in the barn

Though there is shade and breeze,
They sigh as if giving in to the old saying,
"It's not the heat, its the humidity."

Outside, a man wearing white on white Shirt and pants, hoses down the barn With a steady blast of high-pressured white water

Preparing for summer painting, To reflect rays back to the sun, He washes the narrow eaves and panels

And I sit catching a western breeze, And the prevailing mist

WISH YOU WERE HERE

On the way to Long Island Saw cemetery So many tombstones So close together People buried standing up Dead on their feet FREE READING

Asterisk stars footnote night text
And set in the underworld to make the notation

SPARKS

Orange wedge coals spit seeds To Root in evening sky And Grow to ripened stars

SUN SIGN

The sun passes through the twelve Each in turn takes possession

The orb of power nests in cupped hand A month of reign begins

Edicts spring forth
They are carried by light messengers

Scribes print daily The cryptic words Of dead and dying stars

BY-PRODUCTS

Leaves Rendered red by Falling sun

And Tallow smooth by Falling rain

Light On wicks of grass Bent by both

INTERIOR DECORATING

In my room

Mother
Painted moon, stars, and planets
In black ceiling sky and
Papered with road maps to point out the way

Dendrite roads branch thin red and link Altair to Akron and Salem to Saturn

In my bed

I Survey by night light's glow and Follow a route with unaided eyes To orbit in darkness and Fly to the sun

BECAUSE WE MOVED

Billy Sock Wears hand-me-down socks on too small feet And Sits with crossed legs across a circle from me

Susan Roach
Walks with me to her house for lunch
Matching in our navy school uniforms
And
We
Walk back to school for a Halloween party
A plump bumble bee and a whisker-thin cat

Michael Laden
Wears
Freckles, glasses, and green on St. Patrick's Day
And
Stands atop a bank of the frozen moat of the ice rink
And speaks a bridge of words for me to skate under

Forever

They are six
And
If they remember
So am I

GOING, BUT NOT GONE

Waves of light and sound

Ding ding ding ding ding ding ding The music plays 'till he enters the Treasure House and Puts his keys on the hook

Captain Kangaroo wears a navy uniform with Roomy pocket pouches

Waves of light and sound travel

Then he changed He came in to a snappy sweet song

Captain Kangaroo wears a crimson jacket Like your grandfather on Sunday

And children no longer know How he got his name

Waves of light and sound travel from earth

Now he is off the air Replaced by a morning anchorman In a down-to-business suit

Waves of light and sound travel from earth to space

And there
The music plays
'Till the keys are on the hook

EQUILIBRIUM

Hunter has a lot of foot The farrier says Grasping the horse's hind leg He lifts and cocks it to a bony wing Guiding the shank Taut between His two-by-four arms He flexes to expose rotting meat Packed in shell hollow Gently he prys and picks it Clean like a dentist To reach the white tongue of frog Quick against the hoof He takes a file to the wall And rasp rasp rasps To bring it back to the rest

SCENIC TURNOUT

Elephants half-moon The water hole

Black mud splatters Their grey canvas Like a two-tone Pollock painting

Their ears are great
Maps of India
And their feet
Steel-belted radials
Flat against the earth

Together they rest and Move along unpaved Highways

OVERHEAD

The
Line of grey
Sky moves
Like an
Aerial
Ticker tape

Paper flakes Are released

They drop Like 1929 Businessmen To honor The end Of the Fall

IN THE AIR

Papers in the fireplace burn to black Cinders edged with spots of orange ember Flutter like monarch butterflies

Migrating up the flue, they travel Out and over monotone snowfields

And seek a north wind to take them To light on the branches of South-bound trees

