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EFFECT OF POLYBROMINATED BIPHENYL TREATMENT
ON TARGET ORGAN ANDROGEN METABOLISM
AND BRAIN SEXUAL DIFFERENTIATION

presented by

Donald Leroy Wilke

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of the requirements for

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EFFECT OF POLYBROMINATED BIPHENYL TREATMENT
ON TARGET ORGAN ANDROGEN METABOLISM
AND BRAIN SEXUAL DIFFERENTIATION

By

Donald Leroy Wilke

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ABSTRACT

EFFECT OF POLYBROMINATED BIPHENYL TREATMENT
ON TARGET ORGAN ANDROGEN METABOLISM
AND BRAIN SEXUAL DIFFERENTIATION

By

Donald L. Wilke

Hypothalamic androgen aromatization is an important intermediate step regulating steroid feedback and sexual behavior. Initial studies determined that hypothalamic aromatase (HA) activity is regulated by adult testosterone titer, and is unaffected by perinatal hormone treatments which interfere with brain sexual differentiation.

Treatment of adult rats with 150 mg/kg of the PBB mixture fireMaster BP-6 decreased hypothalamic aromatase activity, and reduced circulating testosterone titers 14 days after treatment. Both HA and plasma testosterone titers returned to control values by 90 days after treatment.

Adult administration of 150 mg/kg PBB decreased ventral prostate weights but did not affect 5 α -reductase activity in vitro. Perinatal PBB treatment (100 ppm in food from day 8 of gestation until 28 days postnatal), failed to affect adult testosterone titer, or testicular testosterone synthesis.

Perinatal PBB treatment resulted in transplacental induction of testosterone hydroxylation beginning just before birth on day 22 of gestation. PBB treated neonates

Donald L. Wilke

had decreased blood testosterone titers beginning on day 3 postnatally.

Perinatal PBB treatment demasculinized male copulatory behavior, but did not increase feminine lordosis behaviors in castrated, estrogen primed adult males. Rats treated with PBB perinatally also showed feminization of the plasma LH response to gonadectomy.

These results show that PBB treatment of adult rats lowers blood testosterone and affects neuroendocrine androgen metabolism. Perinatal treatment of rats increases testosterone metabolism and decreases blood testosterone titer during brain differentiation. This effect was associated with impaired male sexual behavior, and feminized adult LH dynamics.

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GENERAL INTRODUCTION TO THESIS

GENERAL INTRODUCTION

The accidental contamination of cattle feed with a flame retardant mixture during 1973 resulted in the exposure of over 90% of the population of Michigan to the mixture of polybrominated biphenyls known as "fireMaster". Since the discovery of the contamination by a Michigan dairy farmer, the "Poisoning of Michigan" has become the subject of intense scientific investigation, as well as the inspiration for a television "docudrama", the impetus for the reorganization and sale of a chemical company, and has resulted in increased public awareness of the far-reaching consequences of environmental contamination.

During the twelve years following the accident, hundreds of abstracts and papers covering various aspects of the toxicologic and environmental properties of polybrominated biphenyls (PBB) have been presented. Soon after the discovery of PBB contamination of Michigan farms questionnaire type surveys of exposed farm families revealed dozens of health complaints associated with PBB exposure. Follow-up studies in affected individuals have confirmed a variety of problems, but have failed to establish a

definite causal link to PBB exposure. One certain result of the accident has been the staggering economic loss suffered by those involved, and estimates of from \$25,000,000 to \$45,000,000 have been suggested (Dunkel, 1975) for the losses of the farmers alone, without including funds expended in the study, clean-up and litigation which followed the disaster.

One of the first toxic effects of PBB noted was shrinking udders and increased numbers of abortions in contaminated cattle (Jackson and Halbert, 1974). Early work on the contamination problem established that PBBs were potent inducers of the mixed-function oxidase enzymes which normally metabolize xenobiotics and steroid hormones. Animals fed PBB had a variety of reproductive effects associated with treatment, including regression of seminal vesicles and prostates in males and irregular estrus cycling in females (Johnston et.al., 1980). In general, the reproductive effects of PBBs have been blamed on increased MFO activity in treated animals. The primary objective of the work presented here has been to discover additional ways in which PBB may interact with mammalian reproductive systems.

History, Chemistry, and Ecology of the Accident

The contamination of Michigan cattle feed with PBB occurred during the summer of 1973 when the Michigan Chemical Corporation (St. Louis, MI), was unable to obtain the red bags in which the flame retardant mixture fireMaster FF-1 was normally distributed. For a period of time, fireMaster was bagged in brown bags similar to those used for the distribution of nutriMaster MgO, a magnesium oxide feed supplement also manufactured by Michigan Chemical. NutriMaster was used as a feed additive by the Michigan Farm Bureau for the purpose of sweetening acidic feeds (Carter, 1976) and as part of a mineral pre-mix to buffer rumen contents, allow the use of high protein feeds to increase milk production, and prevent the development of hypomagnesic tetany (Bekesi et.al., 1979). Because of a warehousing error, Michigan Chemical accidentally shipped at least one pallet of between ten and twenty 50 pound bags of fireMaster to the Michigan Farm Bureau in place of nutriMaster, and the PBB mixture was subsequently incorporated into several lots of feed.

During September of 1973, the Halbert farm began feeding PBB contaminated feed to milk cattle. Within two weeks, Halbert noted decreased appetite and a 40% decrease in milk production among cattle receiving the magnesium supplemented feed. Because of these symptoms the suspect feed was withdrawn 16 days after supplementation was

started. Among the affected cattle Halbert noted symptoms such as increased lacrimation, skin and hoof abnormalities, increased numbers of abortions, and shrinking udders among recently freshened cattle (Jackson and Halbert, 1974). Halbert suspected chemical contamination of his feed, and confirmed his suspicions by feeding some of the suspect feed to previously unaffected calves. Halbert also noted that the pelleted feed "eradicated rodents", and placed some feed in a neighbor's barn, where the normal population of barn rodents also disappeared. When the suspected chemical contaminants in Halbert's feed could not be identified locally, samples were sent to several laboratories across the country in an effort to determine the cause of the symptoms seen in exposed cattle. The USDA laboratories at Ames Iowa tested the feed and failed to find mycotoxins, heavy metals, lindane, or DDT, but did locate some unidentified late-eluting peaks by gas chromatography. In April of 1974, a feed sample was sent to George Fries at the USDA laboratory in Beltsville Maryland, and he identified the contaminants by gas chromatography/mass spectroscopy as polybrominated biphenyls. In May of 1974, the FDA established action levels for PBB of 1 ppm in milk and meat, and 0.3 ppm in feed. The initial action levels were established by comparison with the toxicity of polychlorinated biphenyls (PCB), and 30 herds of cattle were quarantined in May 1974

(Cordle and Kolbye, 1979). Contaminated farms were identified by sampling milk from collection centers. If PBBs were detected in milk from collection centers, then individual farms were tested, and quarantined if necessary. Many farms were probably missed in this initial screening due to dilution of contaminated milk by good milk in collection centers. In November of 1974 as more toxicity data became available and analytical methods improved, the FDA lowered action levels to 0.3 ppm for milk and meat, and 0.05 ppm for feed. Ultimately, 29,800 cattle, 5920 hogs, 1,500,000 chickens and 1470 sheep were destroyed along with 865 tons of feed, 17,990 lb. cheese, 2630 lb. butter, 34,000 lb. milk and 5,000,000 eggs (Kay, 1977).

Although initially at least three lots of feed produced by the Michigan Farm Bureau were contaminated by the direct addition of PBBs to the mix, the long delay between contamination and identification of the problem lead to significant indirect contamination also. Kay (1977) has identified at least three routes of indirect contamination including the use of dead animals as food, contaminated mixing and storage facilities and feed swapping between farms. Contamination of feed mills persisted even following steam and high pressure cleaning of mixing and storage areas. Contaminated feed ingested during the incident contained PBB concentrations ranging from 4000 to 13,500 ppm (Kay, 1977; DiCarlo et. al.,

1978). Cattle and poultry had tissue PBB levels as high as 2700 and 4600 ppm respectively, and milk and eggs contained as much as 595 and 59.7 ppm respectively.

The chemical complexity of the fireMaster mixture has made toxicological study of the contamination difficult. The fireMaster FF-1 originally mixed into cattle feed was compounded from a mixture of PBBs called fireMaster BP-6 to which 2% of calcium trisilicate had been added as an anti-caking agent. FireMaster contains at least 60 distinct compounds, most of which are PBB congeners of different structures and degrees of bromination. The mixture as a whole contains 75% bromine by weight, and is composed of approximately 2% tetra, 4% penta, 63% hexa, and 30% hepta-bromo biphenyls (Kay, 1977; DiCarlo, 1978), along with small amounts of heavier congeners. FireMaster contains twelve distinct peaks which can be resolved by conventional gas chromatography as well as at least 50 other peaks which can be resolved only by capillary gas chromatography (Orti et. al., 1983). The major constituents of fireMaster are 2,4,5,2',4',5-hexabromobiphenyl (HBB) (55%) and 2,3,4,5,2',4',5'-heptabromobiphenyl (23.5%). Nineteen other PBB congeners have been identified, and are listed in Table 1 (Orti et.al., 1983; Moore and Aust, 1978; Robertson et.al., 1984; Kay, 1977; DiCarlo et.al., 1978; Moore et.al., 1980; Dannan et.al. 1983).

Table 1 Structure, concentration and activity of identified polybromobiphenyl congeners in fireMaster FF-1.

congener #	configuration	percent composition	enzyme induction
B	2,3,6,2',5'	.02	
1	2,4,5,2',5'	1.54	PB
1b	2,4,5,2',4'	~.06	
1c	3,4,3',4'	~.01	MC
2	2,4,5,3',4'	.80	PB + MC
3	2,3,6,2',4',5'	.78	
4	2,4,5,2',4',5'	55.2	PB
4a	3,4,5,3',4'	<.01	MC
5	2,3,4,2',4',5'	5.23	PB + MC
6	2,4,5,3',4',5'	3.37	PB + MC
7	2,3,4,5,3',4'	.37	PB + MC
7a	2,3,4,3',4',5'	.05	
7b	2,3,4,5,2',3',6'	.24	
7h	2,3,4,5,2',3',5'	<.30	
7i	3,4,5,3',4',5'	<.30	MC
8	2,3,4,5,2',4',5'	23.5	PB
9	2,3,4,5,2',3',4'	1.66	PB + MC
9b	2,3,4,5,3',4',5'	.51	
10	octa-Br	.30	
11	octa-Br	.31	
12	2,3,4,5,2',3',4',5'	1.65	PB

In addition to the polybrominated biphenyls present in fireMaster, the mixture has been shown to contain between 70 - 150 ppm hexabromonaphthalene (Birnbaum et.al., 1983; Huss et.al., 1978). Hexabromonaphthalene is a potent inducer of mixed-function oxidase enzymes (MFO) and produces toxic symptoms similar to those seen with PBBs, PCBs, and dioxins. Although present in fireMaster, bromonaphthalenes are probably not a major factor in the chronic toxicity, since the most toxic bromonaphthalene congeners are readily metabolized and excreted (Birnbaum et.al., 1983). The fireMaster mixture has not been found to contain the highly toxic polybromodibenzofurans (PBDF) or polybromodibenzodioxins (PBDD) (detection limit 0.5 ppm; Huss et.al., 1978; O'Keefe, 1979), although O'Keefe (1978) has reported that PBDD's may be formed from PBB during high temperature pyrolysis. Other compounds present in the fireMaster mixture include: biphenyl ether, naphthalene, fatty acids, substituted anthracenes and phenols, biphenyl ketone, tris(2,3-dibromopropyl)phosphate, lead, arsenic, and mercury (Huss et. al., 1978; Wallach, 1978). The absence of PBDF and PBDD from the fireMaster mixture is important since the corresponding chlorodibenzofurans and chlorodibenzodioxins have greatly complicated the understanding of the Yusho PCB contamination incident.

Physically, fireMaster is a solid material, light grey to light pink in color, which has a tendency to form lumps

unless anti-caking compounds are added. PBBs begin melting at 72°C, and decompose between 300°C-400°C (Dunkel, 1975). FireMaster is virtually insoluble in pure water (11 ppb), but its solubility is increased as the organic content of water increases (Simmons and Kotz, 1982). Since PBBs are highly soluble in non-polar organic solvents (up to 75% in benzene), they are also highly fat soluble and tend to bioaccumulate (Kay, 1977).

PBBs are subject to photodecomposition, and this is the primary degradative pathway in soil. Environmental PBB tends to stay in top soil with minimal leaching and little microbial degradation. Plants grown in contaminated soil do not absorb PBB, and PBBs should not be spread through vegetation grown in contaminated soil (DiCarlo et.al., 1978; Damstra et.al., 1982). Incident ultraviolet light forms photodecomposition products only when PBB is present at high levels in soil. In highly contaminated soils photodecomposition of the 2,4,5,2',4',5'-hexabromo congener forms measurable quantities of highly toxic pentabromo congeners which are present only in small quantities in the original fireMaster mixture (Hill et.al., 1982; Damstra et.al., 1982).

Michigan, New Jersey, and Texas all have measurable quantities of polybromobiphenyls present in the environment. Michigan Chemical Corp. alone produced over 10,000,000 lbs of PBB between 1970 and 1974 when production

was halted. Although the majority of PBB produced in the U.S. found its way into polyurethane foams and ABS (acrylonitrile/butadiene/styrene) plastics, thousands of pounds are present in environmental sinks. Because of their low water solubility and tight binding to soils, PBBs move very slowly in the environment, and with few exceptions should not pose a significant threat to ground water. PBB contaminated carcasses and feed were buried in clay lined pits in Kalkaska County, Michigan, and there is little chance of PBB entering the environment from that source. Gratiot County, Michigan contains a landfill which currently holds at least 160,000 lbs of PBB in a chemically concentrated form. Hydrogeologic surveys have shown the presence of a saturated leachate-groundwater mound in the Gratiot County landfill, and the entry of measurable amounts (up to 2.5 ppb) of PBB into groundwater in the area. Unfortunately, large amounts of PBB are buried in a "hydrogeologically delicate" region of the landfill (i.e. the clay lining of the pit was removed down to the level of the water table; Shah, 1978), and the potential exists for measurable contamination of local drinking water. The Pine River which flows past the site of Michigan Chemical's St. Louis plant contains 0.01 to 0.07 ppb PBB in the water, and up to 6200 ppb in the sediment as far as twelve miles downstream from the plant. Fish and ducks collected from the Pine River had levels of PBB as high as 2.7 ppm

(Damstra et.al., 1982; Hess and Powers, 1978). At this time the Gratiot County landfill and old Michigan Chemical plant in St. Louis Michigan are the major sites of PBB entry into the environment.

Although low level PBB contamination is fairly widespread, especially in Michigan, there is currently little potential for further major environmental insult. PBB production was halted in the United States in 1974, and the majority of the 13,000,000 lbs of PBB produced in the U.S. to date are physically immobilized within ABS and polyurethane plastic products. The Gratiot county landfill is probably the most significant source of further entry of PBB into the environment at this time, and the low water solubility and low leachability of PBB should prevent all but local problems with groundwater contamination.

Exposure, Persistence and Toxic Effects of PBB

Although PBB containing materials are fairly widespread, there is probably little human exposure except through direct consumption of PBB contaminated foodstuff. The feed implicated in the poisoning of cattle on the Halbert farm was found to have PBB levels of up to 13,500 ppm. Halbert and Jackson (1974) estimated that the most severely exposed cattle may have consumed as much as 0.5 lb of fireMaster, even though the contaminated feed was

withdrawn after only 16 days because of anorexia. Other lots of contaminated feed had PBB levels as high as 3500-4000 ppm (Kay, 1977), but may have been fed to cattle for longer periods of time. Exposure of cattle may also depend on additional feeds presented at the time of contamination, since the presence of high fat content in other supplemental feeds may modify the absorption of PBB (Wallach, 1978).

Kay (1977) estimated that probably at least 8000 Michigan residents were directly exposed to PBB during the later part of 1973 by eating products from contaminated farms. By 1976, when the epidemiological studies of the PBB disaster began in earnest, up to 95% of the population of Michigan had measurable blood levels of PBB (Brilliant et.al., 1978; Selikoff and Anderson, 1979). Studies of lactating Michigan women revealed that 96% of lower peninsula women had detectable PBB in their breast milk, with levels up to 1.2 ppm (Brilliant et.al., 1978). Women living in other states had no detectable PBB in breast milk. In 3683 Michigan individuals tested as part of the Michigan Department of Public Health survey the highest level of PBB found in serum was 3.15 ppm, although median PBB titer was only 4 ppb (Kreiss et.al., 1982). Health surveys of Michigan Chemical Corporation workers involved in the manufacture of PBB showed mean PBB serum levels of 603.9 ppb, with the highest individual tested having 1.73

ppm. Chemical workers had high levels of PBB in body fat, with an average fat level of 196 ppm and a fat:serum ratio of 287:1 (Wolff et.al., 1979). In general, chemical workers and individuals living on quarantined farms had higher levels of PBB in serum and fat than did individuals from non-quarantined farms.

Animal studies have indicated that fireMaster is well absorbed from the gut. Over 90% of an oral dose of 2,4,5,2',4',5'-hexabromobiphenyl is absorbed in rats, and PBBs may be detected in serum from cattle as soon as 4 hours following an oral dose (Matthews et.al., 1977; Matthews et.al., 1978). It has been shown that the more highly brominated congeners of PBB are less well absorbed from the GI tract than is 2,4,5,2',4',5'-HBB (Damstra et.al., 1982; Matthews et.al., 1978), but highly brominated biphenyls are more slowly metabolized and excreted than are lighter congeners. Structure/metabolism studies have shown that para bromination slows metabolic degradation in mammals, although some congeners may be slowly hydroxylated and excreted (Hill et.al., 1982; Damstra et.al., 1982). In general, metabolic degradation of PBB requires 2 adjacent unsubstituted carbons, and proceeds more rapidly in the absence of para substitution (Damstra et.al., 1982).

Once in the body the distribution and deposition of PBBs depends at least in part on the nutritional status of the animal. In normal animals, PBBs tend to rapidly move

into adipose tissue, and establish a fat:serum equilibrium ratio of approximately 170:1 (Poland and Cohen, 1980). Distribution depends partly on the route of exposure, and chemical workers had average fat:serum ratios of over 280:1 (Wolff et.al., 1979). In addition, 2,4,5,2',4',5'-HBB distributed itself differently depending on the amount of body fat, with obese animals retaining a greater proportion of PBB than did other animals (Domino et.al., 1982).

Removal of PBB from the body occurs very slowly in most mammalian species. Excretion of PBB in male animals occurs mainly through the bile-fecal route, and only very slowly. It has been estimated that a rat will excrete less than 10% of its body burden by this route over its entire life-time (Matthews et.al., 1977). Female animals may excrete PBBs more quickly through lactation or egg production. Lactation is the major route of PBB elimination in healthy mammals (Damstra et.al., 1982). Fat mobilization due to lactation or food restriction results in increased mobilization and excretion of PBBs. Food restriction and the administration of cholestipol increased PBB elimination in poultry (Polin and Leavitt, 1984). Rozman and coworkers (1982) found that administration of cholestyramine and mineral oil increased fecal excretion of PBB almost two fold in monkeys.

Both animal and human studies have established that PBBs cross the placenta into the fetus. In humans, the ratio of maternal:fetal serum PBB is approximately 7:1 (Jacobsen et.al., 1981; Eyster et.al., 1983), i.e. the placenta slows the passage of PBB to the fetus, but does not stop it. PBBs cross the placenta in rats and cattle also (Rickert et.al., 1978). Although PBBs are transferred transplacentally, the major route of transmission from mother to offspring is through the milk. In humans the milkfat:serum ratio is between 61:1 (Jacobsen et.al., 1984) and 80:1 (Brilliant et.al., 1978). Eyster et.al. (1983) have found human milk levels as high as 92 ppm PBB on a fat basis, although mean human milkfat levels were only 0.3 ppm. In experiments conducted in rats, McCormack and coworkers (1981) studied the transmission of PBB through three generations. The exposed generation (F1) was fed a PBB containing diet until 28 days old. Offspring of the exposed generation (F2) had measurable levels of PBB in serum and fat as well as symptoms of PBB toxicity such as hepatomegaly and MFO induction. Offspring of the F2 generation (F3) had measurable levels of PBB in tissue, although they had never been directly exposed. These studies also established that lactational exposure may not be the same as direct ingestion of fireMaster. McCormack et.al., (1981) discovered that in rats, the F1 generation retained more of the relatively non-toxic

2,4,5,2',4',5'-HBB congener while transmitting the more toxic 2,4,5,2',5'-penta, 2,4,5,3'4'-penta, and 2,3,4,2',4',5'-hexabromo congeners on to offspring. From the above, it can be seen that PBBs may represent a danger to growth and development of offspring from exposed individuals, since both fetuses and neonates can acquire significant body burdens of PBB from the mother.

Once exposed, an organism will retain PBBs throughout the remainder of its life. Non-nursing or non-egg-laying animals will never clear their bodies of PBB (Damstra et.al., 1982). Tvey and Matthews (1980) have estimated that the half-life of PBB in humans is at least 6.5 years, and it has been shown that less than 10% of an oral dose of PBB will be excreted over the lifetime of a rat (Matthews et.al., 1977). In lactating cattle the half-life of PBB in milk is 58 days (Kay, 1977). Many cattle were destroyed because it was not economically feasible to keep the contaminated animals until PBB levels dropped below FDA action levels. In rats, animals fed PBBs until day 28 still had measurable levels in kidney, liver and fat at 328 days of age. These animals exhibited MFO induction in liver and kidney, as well as decreased pentobarbital anesthesia time (McCormack et.al., 1980). Fasting may increase the rate of PBB elimination, but does not completely clear it from the body. Food restriction in rats virtually eliminated PBB stores in fat, and up to 65%

of the body burden was excreted, however the remaining PBB (35%) was redistributed, primarily into skin (Johndorf et.al., 1983). Domino et.al. (1982) have estimated that the half-life of 2,4,5,2',4',5'-hexabromobiphenyl is 60 days in an emaciated rat, 145 days in a "normal" rat, and 311 days in an obese rat. While food restriction can increase the rate of PBB excretion, elimination kinetics dictate that measurable contamination in animals or humans will persist throughout a normal lifetime.

The PBB contamination of the Halbert cattle farm was discovered as weight gain, feed efficiency and milk production dropped off in the herd. Jackson and Halbert (1974) have identified the primary symptoms of PBB toxicosis in cattle, and described two phases of the toxic response. Phase I includes anorexia, decreased milk production, excessive lacrimation, shrinking of just freshened udders and fetal resorption. After PBB contaminated feed was withdrawn, the cattle continued to have decreased milk production and weight gain. Phase II of PBB toxicosis includes the development of hematomas and abscesses on the legs, abnormal hoof growth, alopecia, and thickening of the skin (hyperkeratosis). Necropsy of dead cattle from Halbert's herd showed liver and kidney pathology as well as atrophied testes and non-motile sperm in some bulls. In addition to the above symptoms, experimental feeding of PBBs to cattle has caused diarrhea,

dehydration, excess salivation and proteinuria (Durst et.al., 1977; Mercer et.al., 1978). Dietary supplementation with vitamin A was able to reverse some signs of PBB toxicosis, but feeding PBB at levels of 25 g/day resulted in significant morbidity within 60 days (Jackson and Halbert, 1974; Durst et.al., 1977). Blood chemistry testing of PBB exposed cattle showed elevated serum glutamate-pyruvate transaminase (SGPT), elevated lactate dehydrogenase (LDH) and blood urea nitrogen (BUN), and hyperbilirubinemia (Durst et.al., 1978). Other bovine symptoms included decreased hematocrit, increased abortion and fetal death, and difficulty in birthing (Jackson and Halbert, 1974; Willett et.al., 1980).

PBB toxicity has been extensively evaluated in laboratory rodents, as well as in non-human primates. Although the acute LD₅₀ of PBB in the rat is only 21.5 g/kg, PBB is more toxic in smaller repeated doses. The 90 day LD₅₀ in male rats is 149 mg/kg/day, and in female rats it is 65 mg/kg/day (Gupta and Moore, 1979). Feeding of 100 ppm PBB to rats for 30 days resulted in decreased weight gain with decreased feed efficiency, even though feed consumption remained constant. Necropsy of animals fed 100 ppm for 90 days revealed hepatomegaly, thymic and splenic atrophy, bile duct hyperplasia and hepatic necrosis (Gupta and Moore, 1979). Microscopic tissue examination of rats fed 100 ppm for 30 days revealed swelling and

vacuolation of liver cells, proliferation of smooth endoplasmic reticulum, centrilobular fatty change and intracellular myelin inclusion bodies (Sleight and Sanger, 1976)

Administration of 10 mg/kg/day PBB to rats resulted in appearance of pathologic changes within six months; these included hepatomegaly, decreased thymus weight and body weight, and decreased hemoglobin and hematocrit with no change in red blood cell number. In addition, animals exposed for six months showed decreased serum thyroxine and triiodothyronine as well as decreases in serum triglycerides coupled with increased serum cholesterol and SGPT. Necropsy of animals treated for six months found hepatic porphyria, hepatic necrosis coupled with fatty infiltration, bile duct hyperplasia, and increased numbers of hepatic altered foci (Gupta and Moore, 1979; Gupta et.al., 1983). Lifetime treatment of rats with 10 mg/kg/day decreased longevity by 150 days in male, but not in female rats, and necropsy of the animals revealed the presence of hepatocellular carcinomas and cholangic carcinomas (Gupta et.al. 1983b). Other investigators have found that PBB is histotoxic to the thyroid gland, and PBB treatment results in significant follicular dysgenesis with cellular distention, vacuolated mitochondria, and the presence of intracellular colloid (Kasza et.al., 1978).

Despite the well described pathology of PBBs in cattle

and experimental animals, the presence of toxic effects in humans has been controversial. Although humans exposed to PBB display a variety of symptoms, it has been difficult to establish a causal link to PBB exposure. The primary reason for the difficulty has been the absence of a good dose-response relationship for symptoms among exposed individuals. This difficulty has led one observer to remark that "there exists no relationship between PBB levels and physical or laboratory findings...[exposed individuals have]...few objective findings, and reactive depression may be responsible for the high incidence of constitutional symptoms." (Stross et.al., 1981).

The problem with establishing the human health effects of PBB has been compounded by the fact that there is an overall lack of association between blood PBB levels and most symptoms. In fact, those who believed they were suffering PBB related symptoms had overall lower PBB values (Anderson et.al., 1979). In addition, the most highly exposed individuals were those who were employed by Michigan Chemical, and they reported fewer subjective complaints than did any other non-control group. Arthralgia, myalgia and elevated SGPT and SGOT were the only consistent findings in both farm and chemical workers (Selikoff, 1979; Stross et.al., 1981). In addition, individuals from quarantined farms did not show increased numbers of complaints when compared with non-quarantined

farms, in spite of much higher average blood PBB levels (Kay, 1977). Symptoms occurring in exposed farmers which were not correlated with blood PBB levels included: tiredness, weakness, memory loss, abdominal pain, frequent infections, rashes, alopecia, GI disturbances, altered cognitive function, hypersomnolence, nausea, headache, dizziness, nervousness and back or leg pain (Kay, 1977; Stross et.al., 1981; Anderson et.al., 1979). Perhaps unsurprisingly, the self-referred group had a higher incidence of symptoms than did any other group (Anderson et.al., 1979). Because the occurrence of symptoms appeared to be unrelated to the extent of PBB exposure, several investigators have suggested that the majority of symptoms seen have been the result of reactive depression (Selikoff et.al., 1979; Stross et.al., 1981). Other researchers have pointed out that depression could not be the sole cause of the symptoms since some non-farm consumers of contaminated dairy products had symptoms similar to those seen in farm families (Anderson et.al., 1979).

Confirmed findings in exposed individuals have been in four basic areas: gastrointestinal and hepatic, dermal, immunological and neurobehavioral. The most consistent clinical finding in exposed humans has been altered hepatic physiology. Stross et.al., (1979) found hepatomegaly in 72% of Michigan farmers from quarantined farms, and elevated SGPT, LDH, and alkaline phosphatase activities in 80% of

exposed individuals. It must be pointed out however, that even though many individuals showed elevated SGPT titers, only those individuals who were also heavy drinkers had SGPT levels as high as twice normal. (Stross et.al., 1979; Valciukas et.al., 1979; Selikoff, 1979; Anderson et.al., 1979) Elevated serum triglycerides and serum iron were also discovered in approximately 30% of exposed individuals. Even though there are increased numbers of Michigan farmers with elevated serum enzymes, these effects seem to point to only mild hepatic toxicity. Studies in laboratory animals have confirmed the hepatic toxicity of PBBs, and biochemical studies in PBB treated rats have found decreases in serum retinal and microsomal α -tocopherol in treated animals. In addition to the hepatic necrosis and neoplasias seen at high dose levels in rats, short term biochemical studies have found increased levels of hepatic malon dialdehyde, a possible sign of increased lipid peroxidation in exposed animals (Bernert et.al., 1983; Bernert and Grace, 1984; Kimbrough et.al., 1977).

Dermal symptoms have been noted in both humans and animals exposed to PBB. Jackson and Halbert noted the occurrence of skin and hoof abnormalities among exposed cattle (Jackson and Halbert, 1974). Some type of skin abnormality was noted in approximately 28% of individuals from quarantined farms (Stross et.al., 1979), although these were largely common skin problems such as

uncomplicated acne. Exposed farm families also reported increased hair loss, itching and erythema, although halogen acne was not reported among farmers (Chanda et.al., 1982). Thirteen percent of Michigan Chemical workers had halogen acne or hyperkeratotic symptoms. This is not surprising since fireMaster contains PBB congeners which have been found to be hypoerkeratotic on rabbit ears (Hill et.al., 1982; Orti et.al., 1983), and MCC workers were directly dermally exposed.

The immune system is also a target for the toxic action of PBBs. Although the reports have not been clinically verified, PBB exposed families reported increased illness among young children, and an especially high incidence of respiratory infections (Weil et.al., 1981; Selikoff, 1979). It is well established that in laboratory animals PBB administration results in thymic atrophy (Gupta et.al., 1983; Kay, 1977), although the thymic toxicity of PBBs may be partially reversed by the administration of dietary vitamin A (Darjono et.al., 1983). Fraker (1980) has reported that mice exposed to PBB experience a variety of immunologic effects even before overt toxicity is manifest. In laboratory rodents, PBB administration results in B-cell and helper-T-cell impairment, as well as dramatic effects on humoral immune responses (Fraker, 1980). Loose et.al. (1981) have reported decreased antibody production with decreases in

IgM and IgG, and dogs treated with PBB have been found to have thymic involution and altered plasma cell function (Farben, 1978). Allen and Lambrecht (1978) have found decreased numbers of B and T cells in rhesus monkeys treated with PBB. Conflicting reports of PBB immunotoxicity in humans have been made. Bekesi and coworkers (Bekesi et.al., 1978; Bekesi et.al., 1979) found decreased T-cell function and number, as well as small but measurable alterations in B-cell function in exposed humans. In addition, Bekesi has also reported increased numbers of null cells in exposed humans, but has been unable to demonstrate any effects on the delayed hypersensitivity response. Other human studies have failed to duplicate the findings of Bekesi. Silva et.al. (1979) and Stross et.al. (1981) have been unable to find alterations in either lymphocyte number or function in PBB exposed humans. Landrigan et.al. (1979) have suggested that the findings of Bekesi may be artifacts related to different timing of collection of control and exposed blood samples, and have noted that although PBB exposed men had lowered indices of immune function, even within the PBB exposed group, all values were still within the normal range.

The majority of human subjective symptoms can be classed as neurological (i.e. headaches, tiredness, weakness, fatigue, memory loss, etc.). When Michigan

farmers were compared to Wisconsin farmers, the Michigan groups were found to have a variety of neurological symptoms which developed in a progressive fashion. Within three months of the PBB disaster, Michigan farmers began to experience depression, nervousness, tiredness, and excessive sleepiness. Between three and six months, nausea, headaches and dizziness began to occur. From six months to one year, exposed farmers began to develop blurred vision, loss of balance, muscle weakness, difficulty walking and increased perspiration (Valciukas et.al., 1979). Although most of the symptoms listed above are subjective complaints, and therefore could have been caused by reactive depression, some of the exposed non-farm groups (who should not have been affected by reactive depression) had similar symptoms. Some symptoms such as tiredness, headaches, loss of balance, and muscle weakness were more prevalent in individuals with lower serum PBB levels however, and there appeared to be no relationship between PBB level and the appearance of symptoms (Stross et.al., 1981). Neurobehavioral testing using the Minnesota Multiphasic Personality Inventory (MMPI) showed that the most common measurable findings were reactive depression, anxiety, irritability, "somatic preoccupation" and "somatic delusions" (Stross et.al., 1981; Brown and Nixon, 1979). The studies by Brown and Nixon (1979) found that cognitive deficits reported by others were eliminated after the

results were adjusted for education. Although measurable neurological changes have been reported in PBB exposed individuals, these have been primarily peripheral neuropathies such as abnormal electromyograms and slowed sensory nerve latency (Stross et.al., 1979). In 1983 Seagull reported that testing two to four year old children with the McCarthy Scale of Children's Abilities revealed a decrease in test score associated with increased body burdens of PBBs. Others have since criticized her study based on the absence of control subjects and the small number (18) of children tested (Nebert et.al., 1983). Follow-up studies in the same children have revealed the PBB exposed children were in the "normal range" in all areas tested, and have suggested that the results of Seagull's testing may have been skewed as a result of additional physical and psychological testing performed on the children at the same time (Schwartz and Rae, 1983; Nebert et.al., 1983).

In summary, the existance of human symptoms which can be related unequivocally to PBB exposure is still controversial. It seems clear that there is an association of PBB exposure with hepatic effects such as increased serum enzyme levels and hepatomegaly. Serious dermal complaints were seen only in highly exposed workers from Michigan Chemical, and the presence of immunologic dysfunction is somewhat questionable. Neurobehavioral

symptoms, although present in exposed individuals, may be psychological in origin, and related either to reactive depression or conscious knowledge of PBB exposure, rather than to neurotoxic effects of fireMaster.

Mixed Function Oxidase Induction and Reproductive Effects of PBB

PBBs are known potent inducers of hepatic and extrahepatic mixed-function oxidase (MFO) enzymes (McCormack et.al., 1978; Dent, 1978; Kluwe et.al., 1978; Goldstein et.al., 1979; Dent et.al., 1978; Robertson et.al., 1981; Dent et.al., 1976; Babish and Stowesand, 1977). The PBB mixture fireMaster FF-1 has been established as a "mixed" inducer of MFOs, with effects similar to those seen with the simultaneous administration of both phenobarbital (PB) and 3-methylcholanthrene (3MC). Phenobarbital treatment results in increased quantities of hepatic cytochrome P-450, increased cytochrome c reductase, and increased bile flow and biliary excretion. Treatment with 3MC results in increased hepatic content of cytochrome P-448, without the effects of phenobarbital on bile flow or cytochrome c reductase (Damstra et.al., 1982). PBB or PCB treatment results in a pattern of MFO induction similar but not identical to that seen with simultaneous administration of PB and 3MC (Dent, 1978). It has been estimated that

PBBs are three to five times more potent as MFO inducers than are equimolar quantities of PCBs (Damstra et.al., 1982)

PBBs induce MFOs in liver, lung, kidney and mammary gland, but not in testes (Damstra et.al., 1982; Kluwe and Hook, 1978; Dent et.al., 1977; McCormack et.al., 1982; Kluwe and Hook, 1981). In mice, P-450 induction occurs within 24 hours, and P-448 induction within 96 hours (Damstra et.al., 1982). In rats, maximal P-450 induction occurs by 48 hours after PBB administration, while maximal P-448 induction requires up to 28 days (Dent et.al., 1976). Hepatic enzyme induction has been shown to occur with PBB doses as small as 0.3mg/kg/day (Damstra et.al., 1982). In liver, PBB induces a wide variety of MFO-type enzymes including: ethoxycoumarin O deethylase (ECOD), aminopyrine N demethylase, ethoxyresorufin O deethylase (EROD), arylhydrocarbon hydroxylase (AHH), epoxide hydrase (EH), glutathione S transferase (GST), UDP glucuronyl transferase (UDPGT), and various steroid hydroxylases (McCormack et.al., 1982; McCormack et.al., 1979; Dent et.al., 1978; Sleight and Sanger, 1976). PBB treatment increased EROD and AHH activity in kidney microsomes, but not EH or GST activity (McCormack et.al., 1979). In lung, PBB not only induced AHH and EROD activity, but also decreased clearance of 5-HT, probably by decreasing 5-HT uptake (McCormack et.al., 1982).

Although MFO induction is usually measured in microsomes in vitro, PBB exerts effects on biotransformation which are also measurable in vivo. PBB treatment decreases pentobarbital sleep time and the duration of progesterone anesthesia in rats (McCormack et.al., 1981; McCormack et.al., 1980). PBB pretreatment increases the sensitivity of liver and kidney to chloroform toxicity, an effect due to increased metabolism of chloroform (Kluwe and Hook, 1978; Kluwe et.al., 1979). PBB induction of mammary mixed function oxidases (Dent et.al., 1977) protects female rats against 2-fluoroacetamide induced mammary carcinogenicity (Schwartz et.al., 1980). Both indocyanine green and ouabain are more rapidly cleared from plasma in PBB treated animals (Cagen et.al., 1977) and PBB treatment decreases the time to death following bromobenzene administration (Roes et.al., 1977).

The study of MFO induction with PBBs is complicated by the fact that fireMaster is a complex mixture of compounds, each with different specificities for enzyme induction. Of the congeners present in the fireMaster mixture, some induce only PB type enzymes, some are pure 3MC inducers, and some induce both P-450 and P-448 (Robertson et.al., 1982; Dannan et.al., 1983; Orti et.al., 1983). Table 1 (p. 7) lists the relative abundance and MFO inducing properties of the PBB congeners which have been identified to date (Orti et.al., 1983; Dannan et.al., 1983). The study of MFO

induction by various PBB congeners has been complicated by the fact that pure congeners are difficult to obtain since some PBB congeners are not well separated even by capillary GC. The structure activity rules for MFO induction by PBBs are similar, but not identical to those already established for PCBs. In general, PBBs are at least three times more potent in inducing enzyme activity than are PCBs (Robertson et.al., 1982). Studies of MFO inducing activity using polyhalobiphenyls substituted at the same sites with either chlorine or bromine have revealed that increasing the Br/Cl ratio increases the degree of AHH induction (Robertson et.al., 1982; Andres et.al., 1983). The same studies have established that increasing bromination also increases toxicity, the extent of thymic atrophy, and binding to the Ah receptor. Study of induction patterns of PBB congeners reveal the following structure/activity rules:

1. P-448 type induction requires at least two para and one meta bromine, or the presence of 2,3,4 substitution on one side.
2. P-450 type induction occurs with ortho substituted congeners.
3. ortho substitution diminishes but does not always eliminate P-448 type induction (Robertson et.al., 1982; Dannan et.al., 1982; Dannan et.al., 1983; Parkinson et.al., 1983).

Several studies have attempted to relate MFO induction

and toxicity. All PBB congeners with known cytotoxic effects are 3MC inducers. Compounds which are most toxic are approximate isostereomers of 2,3,7,8-tetrachloro dibenzodioxin, and these same compounds are the most potent of the 3MC type inducers (Andres et.al., 1983). In the PBB congeners studied, toxicity has paralleled AHH induction and Ah receptor binding. Structure/activity studies have established that ortho- bromination decreases both cytotoxicity and AHH induction (Tsushimoto et.al., 1982). Comparison of 3,4,5,3',4',5'-HBB with 2,4,5,2',4',5'-HBB has shown that 3,4,5,3',4',5'-HBB causes anorexia and emaciation as well as decreased thymus weight and overt liver pathology. Tumor promotion by 3,4,5,3',4',5'-HBB occurs only at doses which produce toxic effects. Treatment with 2,4,5,2',4',5'-HBB results in proliferation of smooth endoplasmic reticulum, and causes tumor promotion at doses far below those required to produce overt cytotoxicity (Render et.al., 1982; Jensen et.al., 1983). 3,4,5,3',4',5'-HBB is a potent 3MC type inducer and 2,4,5,2',4',5'-HBB is a PB type inducer. Similar results have been found when comparing 3,4,3',4'-TBB and 2,5,2',5'-TBB; 3,4,3',4'-TBB is an overtly toxic 3MC type inducer, whereas 2,5,2',5'-TBB is a nontoxic PB type inducer (Robertson et.al., 1983). Research done to date shows that PB type inducers are tumor promoters, but are not frankly cytotoxic at doses which result in tumor

promotion. All known cytotoxic congeners are 3MC type inducers and induce cell and organ toxicity at doses below those required for tumor promotion. It has been pointed out that although all toxic PBB congeners are 3MC type inducers, not all 3MC type inducers are toxic; this indicates that toxicity and induction may occur through different mechanisms (Parkinson et.al., 1983).

Treatment of animals with other proven inducers of MFOs such as phenobarbital or PCBs has lead to increased microsomal metabolism of steroid hormones (Nowicki and Normal, 1972; Orberg and Kihlstrom, 1973; Orberg and Lundberg, 1974; Derr, 1978; Sanders et.al., 1974). Administration of phenobarbital during development results in permanent reproductive deficits in rats including lifelong reductions in circulating testosterone titer (Gupta et.al., 1980; Gupta et.al., 1982). In rodent systems, PCBs have produced uterine atrophy, reductions in plasma progesterone concentration, and lengthened estrous cycles (Jonsson et.al., 1976; Kimbrough et.al., 1978). Increased microsomal steroid metabolism may be responsible for the alterations in reproductive function seen in PCB treated animals.

The MFO inducing properties of PB and PCBs are shared by PBBs. Several endocrine-related alterations observed in animals treated with PBBs suggest that these compounds modify steroid metabolism to the extent that reproductive

function is diminished. Bulls exposed to PBB had testicular atrophy with aspermia or azoospermia (Jackson and Halbert, 1974; Cook et.al., 1978). Roosters treated with PBBs had decreased testicular and comb weight (Damstra et.al., 1982). PBB treatment of hens caused decreased laying and hatchability, although treatment with 2,4,5,2',4',5'-HBB alone did not result in altered egg production (Cecil and Bitman, 1977; Polin and Ringer, 1978; Polin et.al., 1979; Bursian et.al., 1983). Rhesus monkeys fed as little as 0.3 ppm PBB in their diet had prolonged menstrual cycles, increased post-implantation bleeding, and flattened serum progesterone peaks. Male rhesus monkeys treated with PBBs had hypoactive seminiferous tubules (Allen et.al., 1978; Allen et.al., 1979; Damstra et.al., 1982).

Neonatal treatment of female rats with PBB resulted in delayed vaginal opening, and increased numbers of five and six day estrus cycles relative to control rats (Johnston et.al., 1980; McCormack et.al., 1981). Male rats treated with PBB had decreased seminal vesicle and prostate weights as well as attenuated seminal vesicle response to injections of exogenous testosterone (McCormack et.al., 1979; Johnston et.al., 1980). Both progesterone and testosterone were more rapidly cleared from plasma in PBB treated rats and PBB treatment decreased the duration of progesterone anesthesia (McCormack et.al., 1981; Harris

et.al., 1981; McCormack et.al., 1979). The uterotrophic action of exogenously administered estradiol was decreased by PBB treatment, and estradiol binding to cytosolic receptors was blunted (Bonhaus et.al., 1981).

In vitro metabolism of estradiol, progesterone and testosterone is increased by PBB pretreatment (Bonhaus et.al., 1981; Newton et.al., 1982; Arneric et.al., 1980). PBB treatment increased 7 α -, 6 β - and 16 α -hydroxy testosterone production in hepatic microsomes. The PBB induced increase in testosterone hydroxylation was also associated with decreased formation of 5 α -dihydrotestosterone (Newton et.al., 1982). Although PBBs increase metabolism of steroid hormones and attenuate responsiveness to exogenous steroids, previous research has failed to produce evidence that PBB treatment alters levels of endogenous steroid hormones in rats or cattle (Castracane et.al., 1982; Johnston et.al., 1980; Willet et.al., 1983). Semen testing of men exposed to PBBs as adults has not found any PBB-related effects on sperm count, motility or morphology (Rosenman et.al., 1979).

Administration of PBBs to pregnant animals has demonstrated that the fireMaster mixture is only weakly teratogenic. Administration of 100 mg/kg/day of fireMaster has resulted in increased fetal death, but failed to produce terata in rats (Kay, 1977; Damstra et.al., 1982). PBB doses of 400 mg/kg/day or higher have produced cleft

palate and diaphragmatic hernia in rats, and mice show cleft palate and exencephaly when exposed to dietary PBB levels of 1000 ppm (Damstra et.al., 1982; Corbett et.al., 1975). Cattle fed 5000 ppm fireMaster in food showed increases in fetal death and abortions, but there was no evidence of fetal malformation (Kay, 1977).

Although PBBs are not potent teratogens, their MFO inducing properties may engender more subtle developmental effects. MFO induction and concomitant increases in steroid metabolism during the critical period of brain differentiation could result in lifelong effects on reproductive performance.

Reproductive Physiology and Sexual Differentiation

Steroids such as testosterone may affect reproduction in two different ways: by direct effects on reproduction in adult animals, and by "organizational" effects resulting from sexual differentiation of target tissues during fetal or neonatal life.

Many steroid target tissues undergo differentiation or "imprinting" as a result of perinatal androgen or estrogen exposure. Both imprinting and adult effects of androgens may require metabolic activation of testosterone to one of two active forms: 5 α -dihydrotestosterone (DHT) or 17 β -estradiol (Figure 1). Reduction of testosterone to

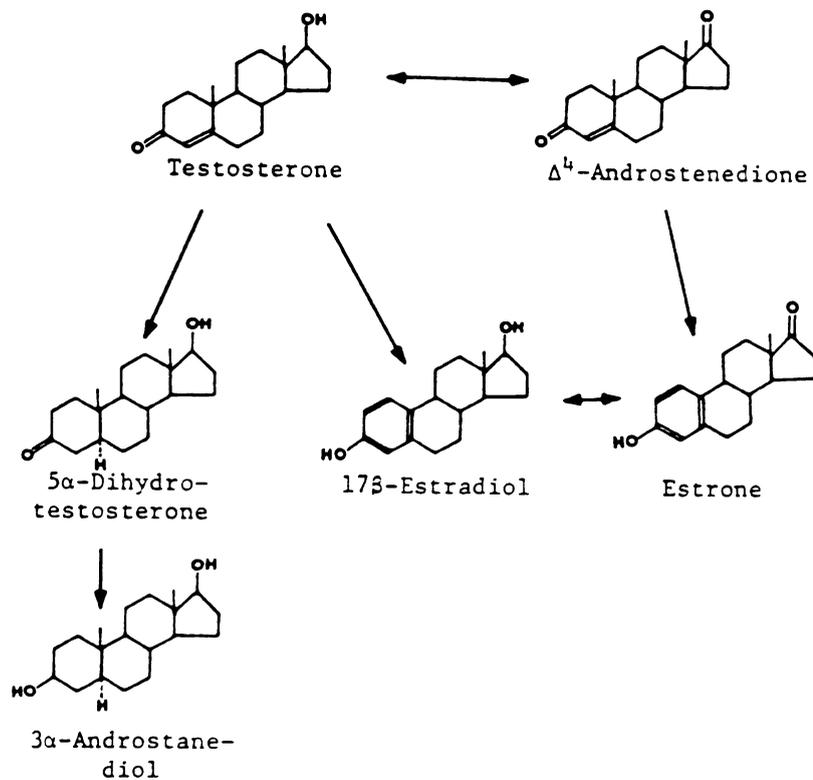


FIGURE 1 Formation of active metabolites of testosterone

5 α -DHT is an essential step in masculinization of peripheral structures such as external genitalia. Even in tissues directly affected by testosterone, such as Wolffian ducts, DHT exhibits greater potency (Bardin and Catterall, 1981). Aromatization of testosterone to estradiol is required for the male differentiation of the brain, the establishment of male sexual behavior patterns and masculinization of hypothalamic neuroendocrine control mechanisms (MacLusky and Naftolin, 1981).

Although 5 α -reduction of testosterone to DHT may play a role in central neuroendocrine events, 5 α -reduced metabolites are of greatest importance in peripheral tissues such as prostate and seminal vesicle. In androgen sensitive tissues such as prostate DHT has greater affinity for the cytoplasmic androgen receptor than does testosterone, and serves as the "active androgen" (Liang et.al., 1984). In prostate, testosterone is first reduced to 5 α -DHT, and then metabolized by 3 α or 3 β hydroxysteroid dehydrogenase to either 5 α -androstane-3 α ,17 β -diol (3 α -Diol) or 5 α -androstane- 3 β ,17 β -diol (3 β -Diol). 3 α -Diol serves as a "storage" form of 5 α -reduced androgen, and may be rapidly back-converted to DHT (Ofner et.al., 1982). 3 β -Diol acts as an intermediate form only, and is not converted back to DHT, but rather is rapidly hydroxylated and eliminated as a 6 α , 6 β , or 7 α -triol (Ofner et.al., 1979). In prostate, 5 α -reduction is regulated by plasma androgens, with

castration decreasing and testosterone treatment increasing 5 α -reductase activity (Celotti et.al., 1979; Tenniswood et.al., 1982). Formation of 3 α -Diol from DHT is unrelated to endocrine status (Shimazaki et.al., 1972). The polyhydroxylation of 3 β -Diol occurs through an inducible P-450 type mixed function oxidase. The formation of 5 α , 3 β -reduced triols may be increased by treatment with mixed-function oxidase inducers such as phenobarbital, β -naphthoflavone (β NF), or TCDD (Haaparanta et.al., 1984; Lee et.al., 1981; Soderkvist et.al., 1982). 5 α -Reduction of testosterone in prostate is an important activation step, and increased formation of DHT from testosterone may be partially responsible for the increased tissue growth associated with benign prostatic hyperplasia (Hudson et.al., 1983).

Conversion of testosterone to DHT is of great importance in the development of a male phenotype in fetal and neonatal mammals. Fetal testes are needed for male morphological differentiation and either the absence of testes or gonadal dysgenesis results in the development of a female habitus. Fetal testes are under the control of the placenta and fetal pituitary, and begin to secrete two hormones needed for male differentiation about the time the spermatid cords and Leydig cells develop (day 13 to 16 of gestation in the rat). The first hormone secreted by fetal testis is known as Mullerian Regression Factor (MRF), a

poorly characterized peptide hormone of approximately 70,000 daltons. MRF causes the atrophy and disappearance of the Mullerian ducts which would develop into uterus and fallopian tubes in female animals. Mullerian regression is an active process, as demonstrated by the existence of a "persistent Mullerian duct syndrome" an X-linked recessive genetic disorder characterized by the absence of MRF, and persistence of Mullerian structures in male animals (Wilson et.al., 1981).

Virilization of male fetuses begins to occur immediately following the secretion of testosterone. Testosterone secretion begins around day 16 with the appearance of 20,22 desmolase activity in fetal testis. In Wolffian ducts (internal male structures which develop into the epididymus, vas deferentia and spermatic cord), testosterone alone is required for development, whereas the differentiation of external structures such as the penis and scrotum require the metabolic activation of testosterone to DHT. Julienne Imperato-McGinley and co-workers have identified several cohorts of individuals deficient in 5 α -reductase activity. In one village in the Dominican Republic congenital 5 α -reductase deficiency is common. Affected individuals are born with female external genitalia and raised as girls, but at puberty undergo virilization, with the growth of the clitoris into a penis, testicular descent, and elongation and rugation of the

scrotum. Of 18 individuals affected with this syndrome, 15 were living with women, although none had fathered children because of the severe hypospadias resulting from incomplete fetal masculinization (Rubin et.al., 1981; Imperato-McGinley et.al., 1985). Wolffian ducts differentiate normally in affected individuals, as shown by the fact that they may have sperm bearing ejaculations from the perineal urethra. Treatment of rats with 4-aza steroids which act as 5 α -reductase inhibitors has verified that testosterone alone is necessary for masculinization of internal Wolffian ducts, but conversion to DHT is required for virilization of external genitalia (Imperato-McGinley et.al., 1985). The reason testosterone virilizes internal structures in fetuses, but is ineffective in masculinizing external genitalia prior to puberty is unknown (Wilson, et.al., 1981).

Although DHT is more active than testosterone in mediating morphological sexual differentiation and in maintaining peripheral structures, it is much less important in the differentiation and control of central neuroendocrine structures. 5 α -Reductase activity has been found in a variety of CNS structures including hypothalamus, midbrain, amygdala, hippocampus, cerebellum and cerebral cortex (Martini et.al., 1979), and has been identified in the brain of rat, mouse, dog, monkey, cattle, guinea pig, humans and birds (Martini et.al., 1982).

Despite its wide distribution, 5 α -reductase is of major physiological importance only in the pituitary gland. The 5 α -reductase activity in pituitary gland is secondary only to activity in the prostate. In pituitary, 5 α -reduction occurs mainly in gonadotroph cells (Denef, 1983; Celotti et.al., 1979) and is regulated by circulating steroids. Castration of adult males results in proliferation of pituitary gonadotrophs and increased 5 α -reductase activity, while treatment with androgens or estrogens causes decreased conversion of testosterone to DHT. Manipulation of the endocrine environment does not affect 5 α -reductase activity in the hypothalamus, although it has been reported that treatment with melatonin, reserpine, or methamphetamine may increase hypothalamic testosterone reduction (Martini, 1982). As in prostate, both pituitary and hypothalamus form 3 α -Diol and 3 β -Diol from DHT, and 3 α -Diol may be back-converted to DHT (Samperez and Jouan, 1979; Kubli-Gorfias, 1984).

In pituitary, DHT is six-fold more effective than testosterone in suppressing LH release, although testosterone administered in conjunction with a 5 α -reductase inhibitor can also decrease LH secretion. 3 α -Diol is also effective in suppressing pituitary LH secretion, although neither DHT nor 3 α -Diol are particularly effective in modulating FSH release (Liang et.al., 1984; Martini 1982). DHT does not appear to affect LHRH release

from the hypothalamus. Neither DHT nor 3 α -diol are effective in reversing the castration induced depletion of hypothalamic LHRH (Martini, 1982).

The role of 5 α -reduction in brain differentiation and control of sexual behavior is controversial. Although most authors agree that aromatizable androgens are more potent masculinizing agents, there may be some effects of 5 α -reduced androgens on sexual differentiation and behavior (Yahr, 1979; Whalen and DeBold, 1974; Parrott, 1974). Although DHT is much less potent in maintaining male sexual behavior in castrated rats than is testosterone, DHT will maintain sexual behavior if given in high doses for long periods of time, or when implanted directly into the pre-optic area of the hypothalamus (Martini, 1982). It has been reported that flutamide, an androgen receptor antagonist, blocks mounting behavior when administered to male or female rats (Gladue and Clemens, 1980), and that it can increase lordosis in female rats (Erskine, 1983). Studies using androgen antagonists must be interpreted with care, however, since the peripheral effects of DHT may contribute to masculine sexual behavior by a non-central action. DHT has a potent effect on the growth of penile spines (papillae), and long-term treatment with androgen antagonists may impair copulatory behavior as a result of impaired sensation (Parrott, 1974). Beyer has postulated the existence of an "arousal mechanism" and a "copulatory

mechanism", and it has been suggested that aromatizable androgens affect arousal, and reduced androgens insure copulatory ability (Sodersten et.al., 1980; Parrott, 1974; Beyer 1976). Therefore, although DHT is clearly less potent than testosterone in maintaining sexual behavior in male rats, it appears that both aromatized and reduced androgens are required to maintain the full spectrum of male sexual behavior (Yahr, 1979; Parrott, 1974).

Evaluation of steroid actions by assessing sexual behavior is complicated somewhat by the two different but related modes of brain behavioral differentiation; masculinization and defeminization. Masculinization of the brain may be assessed by measuring male copulatory behavior patterns. Defeminization of rat sexual behavior is measured by noting the occurrence (or absence) of typically feminine behaviors such as lordosis. The role reduced androgens play in mediating brain differentiation may also be different in different species. McEwen (1980) reports that rats and hamsters are demasculinized and feminized by aromatizable androgens, guinea pigs are masculinized by androgens and defeminized by estrogens, and that primates do not undergo defeminization, but are masculinized by androgens. Other reports concerning androgenic control of brain differentiation suggest that the picture is even less simple than McEwen proposes. Although several reports have shown that DHT administration in neonatal rats does not

masculinize or defeminize behavior in rats (Stewart et.al., 1979; Sodersten and Hansen 1978; Whalen and Rezek, 1974; Olsen, 1983) it has been shown that administration of R-1881, a non-aromatizable androgen completely defeminizes adult behavior (Olsen, 1983). In addition, neonatal administration of cyproterone acetate, a potent androgen antagonist, does feminize sexual behavior in male rats (Ward and Renz, 1972) and flutamide treatment of neonates demasculinized male behaviors (Clemens et.al., 1978). Studies with cyproterone acetate must be interpreted with caution, since cyproterone functions both as an aromatase inhibitor (Schwartzel et.al., 1973) and as a potent synthetic progestogen (Goodman et.al., 1980). Studies with other progestins have shown that progesterone can attenuate the defeminizing effects of testosterone or estradiol (McEwen et.al., 1979; Meyer-Bahlber and Ehrhardt, 1980) and block the effects of estradiol on LH feedback when administered to adults (Brown-Grant, 1976). Cyproterone, then, may function as an anti-estrogen as well as an anti-androgen, and studies using cyproterone must be interpreted cautiously.

Although 5 α -reduced metabolites of testosterone play the major role in morphological development, brain sexual differentiation depends on the production of estrogens (17 β -estradiol and estrone) from circulating androgens (testosterone and androstenedione). In addition,

aromatization of androgens to estrogens in the brain is requisite for many effects of testosterone in adults, including control of gonadotropin secretion and regulation of sexual behavior.

The chemistry of aromatization has been studied primarily in human placental microsomes, since the enzyme is present in large quantities. The aromatization of testosterone to estradiol requires 3 moles of NADPH and 3 moles of molecular oxygen for each mole converted (Thompson and Siiteri, 1974), and proceeds through three successive hydroxylation reactions (Figure 2). The first hydroxylation occurs at C-19, resulting in the formation of 19-hydroxy-testosterone. The second hydroxylation at C-19 forms the gem-diol in equilibrium with the 19-oxo- compound (Thompson and Siiteri, 1974; Braselton et.al., 1974). The site of the third oxidation step has been in question, with 4,5-epoxidation, 1 β - or 2 β -hydroxylation, and C-19 peroxidation suggested as possible sites. Recently, Hahn and Fishman (1985) have presented compelling evidence that 2 β -hydroxylation of the A ring is the final step in aromatization of testosterone (Miyari and Fishman 1985; Goto and Fishman, 1977). Following 2 β -hydroxylation of the androgen, a rapid, non-enzymatic rearrangement results in the loss of the C-19 carbon, aromatization of the A ring, and reduction of the 3-keto group to an alcohol. Since the

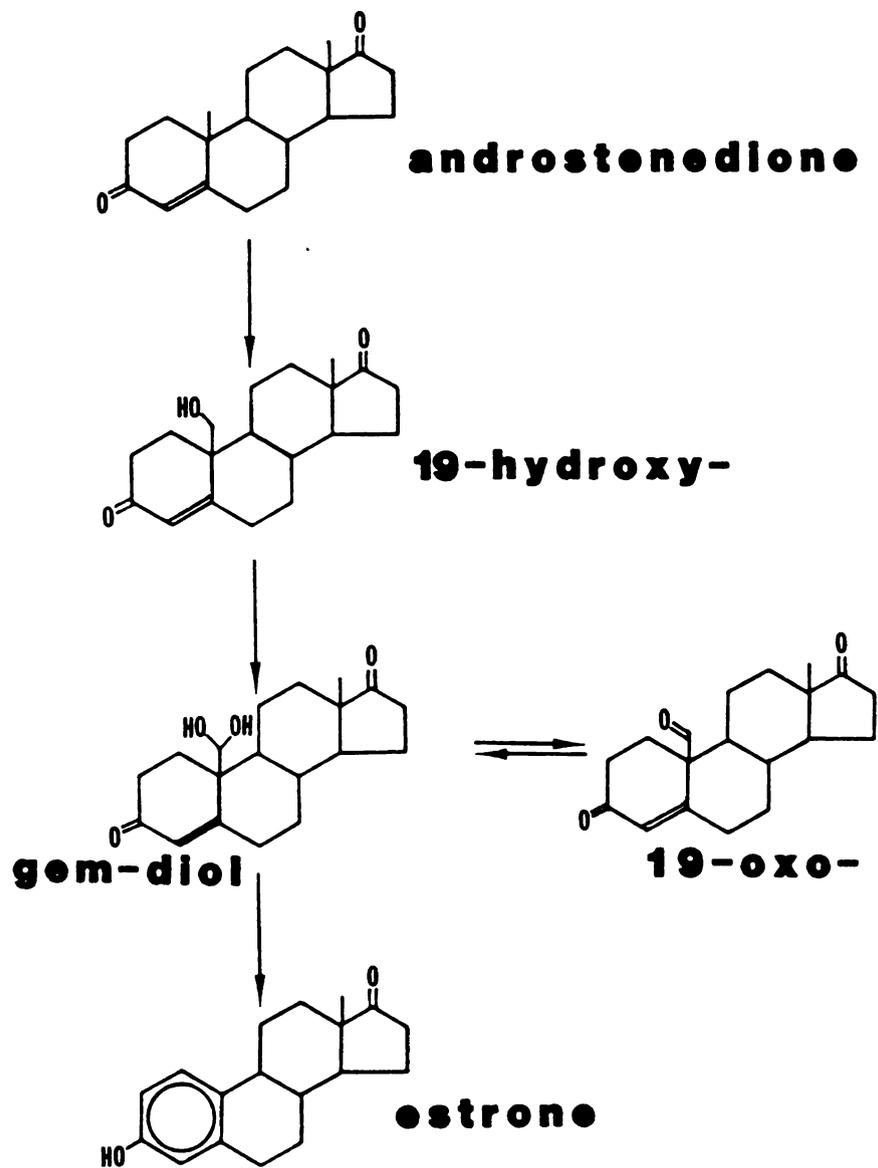
AROMATIZATION

FIGURE 2 Intermediates formed during the aromatization of androstenedione.

final step in the aromatization pathway is non-enzymatic, estrogens do not act as aromatase inhibitors (Schwartzel et.al., 1973), and the reaction is non-reversible.

Aromatization of androgens to estrogens occurs in the brain of many species including: man, rat, rabbit, bat, cow, horse, pig, monkey, snake, sea turtle, mudpuppy, sculpin, shark, skate, dove, quail, wallaby, dog and hamster (Reddy et.al., 1973; Naftolin et.al., 1971; Callard et.al., 1983; Callard et.al., 1979; Callard et.al., 1982; vanKrieg et.al., 1983; Steimer and Hutchison, 1980; Flores et.al., 1973; Worgul et.al., 1981; Callard et.al., 1978). In adult rats, aromatization is a necessary intermediate step in the regulation of LH secretion and the control of sexual behavior. The role of aromatization in androgenic control of reproductive processes is generally demonstrated in one of several ways:

1. if testosterone is active, and DHT or another non-aromatizable androgen is not,
2. if 19-hydroxy testosterone (an intermediate in aromatization) is more effective than testosterone, and estrogen is more effective than 19-hydroxy testosterone,
3. if the action is blocked by the administration of an anti-estrogen such as MER-25 or tamoxifen, or
4. if the action is blocked by the administration of an aromatase inhibitor such as androsta-1,4,6- triene-3,17-dione (ATD) or 4-hydroxy androstenedione.

The presence of the aromatase enzyme and estrogen receptors in the hypothalamic nuclei involved in the regulation of reproduction is additional evidence that aromatization may play a role in reproductive control.

There is evidence that aromatization plays a role in regulation of LH secretion from several species. Clinically, the estrogen antagonist clomiphene citrate is used to increase LH and testosterone titers in infertile men. Administration of the aromatase inhibitor aminoglutethimide to dogs results in increased plasma LH and testosterone titers (Worgul et.al., 1981). ATD treatment of male rhesus monkeys results in increased plasma LH and testosterone, while the simultaneous administration of estradiol and ATD does not affect plasma LH titer (Ellinwood et.al., 1984). In addition, the administration of testosterone or estradiol (but not DHT) reverses the castration induced rise in plasma LH in rats, while simultaneously increasing the content of LHRH in medial basal hypothalamus (Kalra and Kalra, 1983).

Aromatization also plays a role in adult regulation of male and female copulatory behavior in the rat and other rodent species. Although both estradiol and DHT must be administered to maintain a full spectrum of copulatory behavior in castrated male rats, it is believed that DHT acts mainly in the maintenance of peripheral mechanisms, while estradiol plays the major role in arousal and

motivation (Whalen and DeBold, 1974; Parrott, 1974). Estrogens are clearly more effective than androgens in maintaining copulatory behavior in castrated male rats (Whalen and DeBold, 1974) and administration of ATD blocks testosterone induced mounting behavior in male rats (Christensen and Clemens, 1975). Lesioning and deafferentation studies have established that the medial pre-optic area of the brain is important in male copulatory behavior, and autoradiography studies have confirmed that estrogen binding occurs in the pre-optic hypothalamus (McEwen, 1981). In addition, studies on the distribution of aromatase activity in brain have established that the medial pre-optic hypothalamus (MPON) has the highest levels of aromatase activity in brain (Table 2) (Selmanoff et.al., 1977; Kobayashi and Reed, 1977).

Many experiments have established that aromatization plays an important role in brain sexual differentiation. Naftolin et.al. (1971) established the existence of aromatase activity in the diencephalon of human fetal brain, and other labs showed that aromatase was present in the brain of rodents as well (Weisz and Gibbs, 1974). Since the mid-70's, the role of aromatase in brain differentiation has been studied in several species. Ruppert and Clemens (1981) established that ATD inhibited testosterone but not estradiol induction of behavioral

Table 2

Aromatase activity in various brain regions

<u>region</u>	<u>aromatase activity</u> <u>pmol/100mg/hr</u>
medial pre-optic + anterior hypothalamic	30
arcuate + ventro-medial	5
lateral preoptic	3
medial amygdaliod	2
lateral hypothalamic	1
<u>cortex</u>	<u>low</u>

adapted from Selmanoff et.al., 1977

masculinization in the hamster. Administration of ATD to male rats in utero feminized their behavior as adults, but estradiol administration mimicked the masculinizing effects of testosterone (Stewart et.al., 1979; Clemens and Gladue, 1978). Estrogens are more potent masculinizing agents than testosterone (Gorski and Jacobson, 1981; Sodersten and Hansen, 1978), and the administration of either ATD or estrogen antagonists such as MER-25 will block the masculinizing effects of testosterone (Gladue and Clemens, 1980).

Aromatase activity in both male and female fetal brain peaks during the critical period of brain differentiation which begins on day 17 of gestation (George and Ojeda, 1982; Weisz et.al., 1982). Fetal testosterone titers also peak on day 18 of gestation, and brain estrogen receptors begin to appear on day 17 of gestation (Orth et.al., 1981; Weisz and Ward, 1980; Vito and Fox, 1982; Ward and Weisz, 1980). Since aromatase activity, blood testosterone and brain estrogen receptors are all necessary for estrogenic differentiation of fetal brain to take place it is important for all three to be in place during the critical period of brain differentiation (Figure 3).

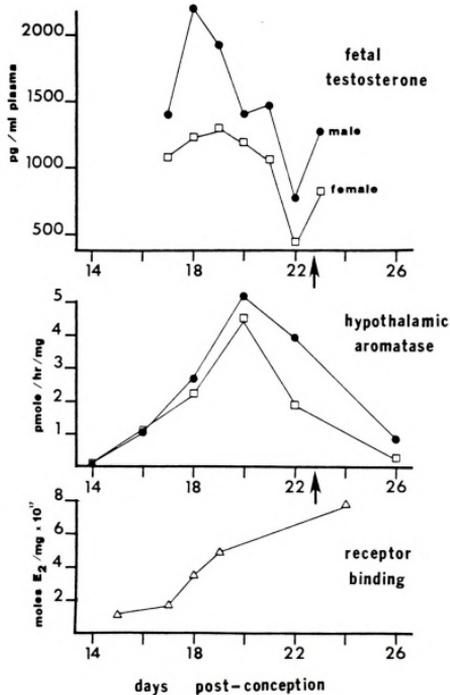


FIGURE 3 Simultaneous occurrence of fetal testosterone surge, hypothalamic aromatase, and estrogen receptor binding in fetal rat hypothalamus (from Orth et.al., 1981, George and Ojeda, 1982 and Vito and Fox 1982)

Aromatase mediated masculinization of perinatal rat brain can be detected in adulthood by testing four different parameters:

1. masculinization of hypothalamic/pituitary control of LH secretion,
2. masculinization and defeminization of copulatory behavior,
3. morphological differentiation of the sexually dimorphic nucleus of the pre-optic area and
4. differentiation of hepatic drug and steroid metabolic patterns.

Each of the four parameters above are masculinized or defeminized by perinatal aromatization of testosterone in the rat. It must be pointed out that although aromatization occurs in a variety of species, the same control mechanisms that operate in rats do not necessarily operate in other species. Primates in particular do not seem to undergo perinatal masculinization of the hypothalamic control of LH secretion in the same way as rodents do (Karsch et.al., 1973), and direct extrapolation of data from rodent experiments to human behavior and physiology is unwarranted.

Perinatal aromatization of testosterone to estrogen results in the defeminization of the hypothalamic/pituitary control of LH secretion. Normal female rats respond to estrogen administration in a biphasic fashion;

i.e. low doses of estradiol result in negative feedback to the hypothalamic/ pituitary system and low levels of plasma LH, while high doses of estradiol given after negative feedback is established can induce an LH surge, which is normally associated with ovulation. Normal male rats do not produce an LH surge when exposed to high doses of estradiol, although castration and very high doses of estradiol may occasionally result in a small female-like LH surge (Dorner et.al., 1975). The LH "surge mechanism" can be defeminized in female rats by the perinatal administration of as little as 10 μ g of TP, (DaMassa et.al., 1983) and results in delayed anovulatory sterility (DAS). Testosterone induction of DAS in female rats can be blocked by the administration of the estrogen antagonist MER-25 (Hayashi, 1979). More recent studies have demonstrated that administration of estradiol, catechol estrogens or the synthetic estrogen DES will all result in the development of DAS in female rats (Nass et.al., 1984; MacLusky et.al., 1983).

Other studies have shown that male rats castrated at birth can respond with an LH surge following estradiol priming in adulthood. Either castration or the administration of testosterone antibodies to perinatal male rats will prevent the defeminization of the LH surge mechanism (Gogan et.al., 1981). Recently, it has been shown that the hour of castration on the day of birth has a

potent influence on the ultimate development of the LH surge mechanism in castrated male rats. Castration 6, 12, or 24 hours after birth resulted in the development of the LH surge mechanism in only a few animals, and the LH surge produced in adulthood was small in magnitude (Gogan et.al., 1980; Corbier, 1985). Normal male neonates produce a marked surge of testosterone within 2 hours following birth, and this perinatal testosterone peak is associated with high levels of hypothalamic estrogen (Corbier, 1985; Rhoda et.al., 1984). Castration within 2 hours of birth not only abolishes the hypothalamic testosterone and estradiol surge, but also prevents the defeminization of the LH surge mechanism (Corbier, 1985; Gogan et.al., 1980). If the perinatal testosterone surge is allowed to occur, adult LH response to estradiol priming is masculinized.

In addition to the presence or absence of the LH surge mechanism, perinatal androgen exposure is also associated with differences in the rate of rise of plasma LH following gonadectomy. Male rats, when castrated as adults have a rapid increase (within 12 hours) in plasma LH titer, whereas female rats require 48 hours or longer to increase plasma LH levels after ovariectomy (Johnson and Gay, 1983; Blackwell and Ames, 1971; Gay and Hauger, 1977). Recent work has shown that administration of 10 μ g of TP to 3,4, or 5 day old female rats results in a rapid increase of plasma LH when these animals are ovariectomized as adults (DaMassa



et.al., 1983). Similarly, neonatal castration of male rats slows the rise of plasma LH following removal of testosterone capsules implanted in adults (Johnson and Gay, 1983). These results suggest that the LH response to castration is affected by neonatal androgens, although it must be noted that long-term treatment of adult males with estradiol may slow the LH response to castration in a few animals (Justo and NegroVilar, 1979).

In rats and other rodents, sexually dimorphic behaviors may be imprinted by the presence or absence of circulating androgens during the critical period of brain differentiation. As discussed above, the aromatization of androgens to estrogens is necessary for the masculinization of adult copulatory behavior. Administration of testosterone or estradiol to neonatal female rats masculinizes and defeminizes adult copulatory behavior (Gorski and Jacobson, 1981; Naftolin et.al., 1975; Whalen and Olson, 1981). In both rats and mice, female fetuses may experience behavioral masculinization in utero.

Clemens et.al. (1978) showed that female rats located between males in utero had increased mounting behavior when adult, and increased ano-genital distances when born. Female mice located between two male littermates in utero have lengthened ano-genital distances when born and show masculinized aviodance responding, prolonged estrus cycles, and increased aggressive behavior as adults (vomSaal et.al.,



1980; Hauser and Gondelman, 1983). Masculinization of female mice located near male littermates was associated with elevated levels of serum testosterone in utero (vomSaal, et.al., 1980). As suggested above, perinatal masculinization affects non-copulatory behaviors such as openfield activity, avoidance responding, aggression, rough and tumble play, scent marking, feeding patterns, and learning (Beatty, 1979; Meyer-Bahlburg, 1982).

In addition to masculinization of adult behavior and neuroendocrine physiology, perinatal aromatization also mediates the morphological differentiation of the "sexually dimorphic nucleus of the pre-optic area" (SDN) first reported by Gorski et.al. (1978). The SDN is a region of the pre-optic hypothalamus which stains darker in male rats than in female rats. Measurements of the SDN have verified that the volume of this area is three times greater in males than in females. The volume of the SDN is unaffected by adult hormone manipulation, but perinatal castration of males feminizes the SDN and administration of DES or androgens to females masculinizes the volume of the SDN (Gorski et.al., 1978; Gorski et.al., 1980; Jacobson et.al., 1980; Dohler et.al., 1982). Further evidence that the volume of the SDN is related to estrogen and not androgen action is the observation that the SDN develops normally in mice with the tfm mutation (testicular feminization; absence of androgen receptors) (Gorski and Jacobson, 1981).

Further work with the SDN has shown that neonatal endocrine treatments such as tamoxifen which feminize male sexual behavior also result in decreased volume of the SDN (Gorski and Jacobson, 1981; Dohler et.al., 1984). The volume of the SDN has also been found to correspond to the vigor of male sexual behavior, but is unrelated to parameters of female sexual behavior (Gorski and Jacobson, 1981). A sexual dimorphism also exists in the size of the ventro-medial nucleus of the brain which is larger in males, smaller in females, and sensitive to neonatal testosterone administration (Matsumoto and Arai, 1983).

Regulation of hepatic drug and steroid metabolism lies within the sexually dimorphic pre-optic area of the hypothalamus (Gustafsson et.al., 1981). Parameters of drug metabolism which differ between male and female rats include:

1. male rats have increased amounts of cytochrome P-450 relative to female rats (Kato, 1974),
2. blue-shifted spectral maximum in female P-450 relative to P-450 from male rats (Kahl et.al., 1976),
3. more rapid turnover of P-450 in female rats (Levin and Ryan, 1975),
4. more rapid metabolism of substrates with type I binding in male rats (Kitada et.al., 1980) and
5. sex differences in the response of the P-450 system to MFO inducers such as phenobarbital or β NF (Theron

et.al., 1981).

The role of the hypothalamus and pituitary in sex differences in hepatic metabolism was discovered in 1974 by Deneff (Deneff, 1974). Previously, Einarsson et.al. (1973) had proposed that liver steroid hydroxylases could be divided into three classes: Class I hydroxylases are androgen dependant (e.g. 6 β -hydroxylase), class II hydroxylases are more active in males and are not androgen inducible in females (e.g. 16 α -hydroxylase), and class III hydroxylases are not distributed differently between male and female rats (e.g. 7 α -hydroxylase). The discovery in 1974 that hypophysectomy abolished the sex difference in class II hydroxylations suggested the role that brain sexual differentiation was later found to play. Studies using perinatal testosterone and estradiol showed that the control of hepatic drug metabolism is masculinized by aromatizable androgen during late pre-natal and early post-natal life. Lesioning and deafferentation studies demonstrated that the pre-optic region of the hypothalamus was involved in the regulation of hepatic metabolism (Gustaffson et.al., 1981). Recently it has been established that sex differences in the hypothalamic/pituitary release of growth hormone are responsible for the sex differences in hepatic drug metabolism (Gustaffson et.al., 1983; Mode et.al., 1983). The hypothalamic- pituitary axis, therefore, not only

regulates reproductive physiology directly, but may further mediate reproductive events through control of hepatic steroid metabolism (Figure 4).

Central effects which rely upon the aromatization of androgens to estrogens include: control of gonadotropin secretion (Worgul et.al., 1981; Hayashi, 1979), prolactin secretion, learning, circadian rhythms (MacLusky and Naftolin, 1981), reproductive behaviors (Clemens and Pomerantz, 1982; Whalen and Olson, 1978), aggression and play, morphological differentiation of the hypothalamus (Gorski et.al., 1980), and regulation of hepatic drug and steroid metabolism (Gustaffson et.al., 1981).

Aromatization of testosterone to estradiol, therefore, is extremely important not only in the differentiation of the brain, but also in mediation of neuroendocrine events in adult animals. It has been established that endocrine manipulation can alter the hypothalamic aromatase activity in rabbits (Reddy et.al., 1973) and in rats (Roselli et.al., 1984), but the role of brain differentiation in regulating adult aromatase activities has not been fully investigated.

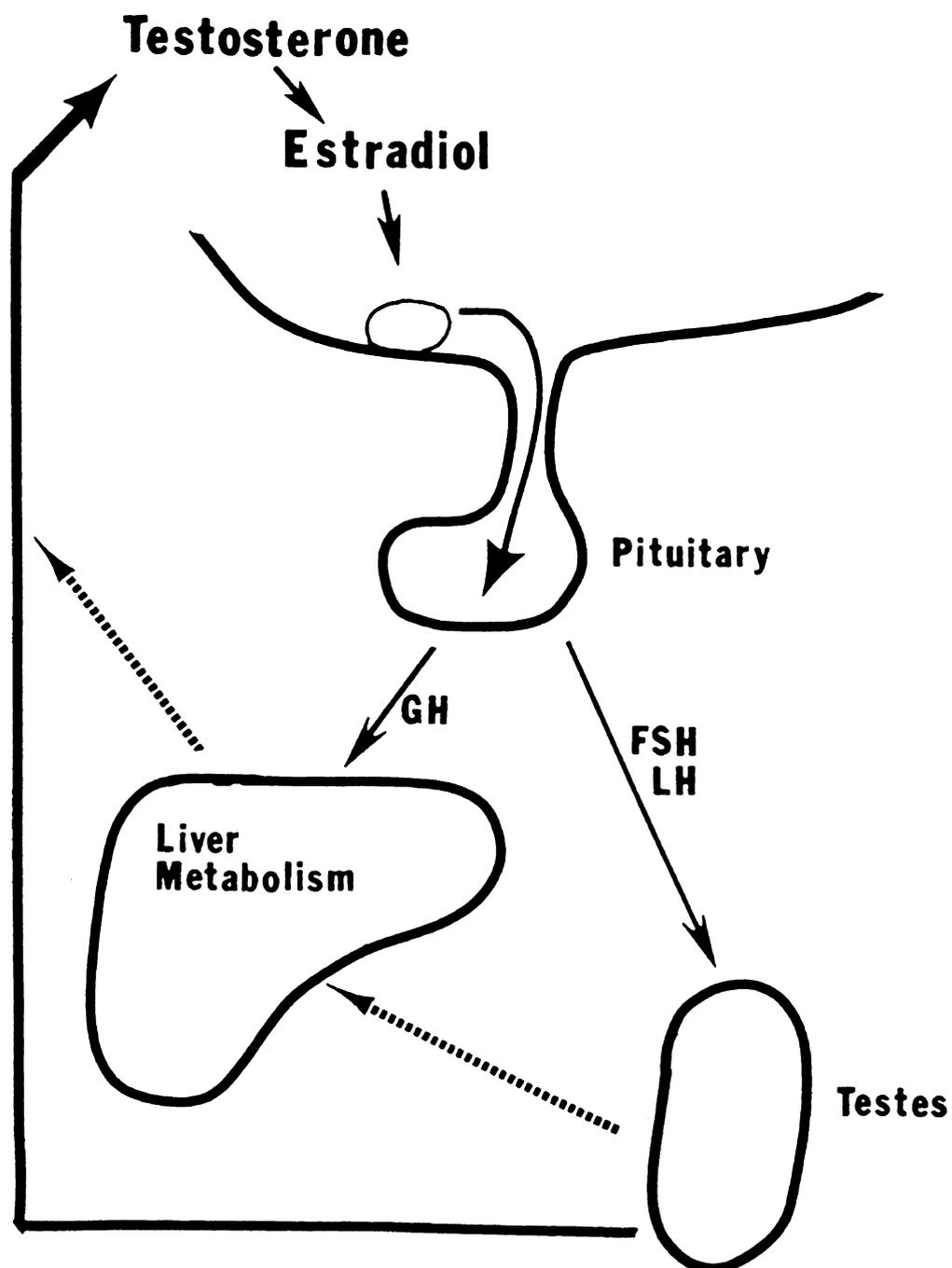


FIGURE 4 Interactions of the hypothalamic-pituitary system, gonadal steroid synthesis, and hepatic androgen metabolism (Gustafsson et.al., 1981)

Experimental Aims and Objectives

Mixed-function oxidase inducers such as PCBs, phenobarbital and PBBs have been shown to adversely affect reproductive capability in experimental animals. Induction of MFOs by PBBs results in decreased efficacy of exogenously administered steroids, and reduces the effects of endogenous compounds as well. Successful reproduction requires the coordination of a complex array of neuroendocrine and metabolic processes. Interruptions of control pathways in brain, alterations in hypothalamic or pituitary secretory processes or altered peripheral metabolic patterns could all adversely affect reproduction.

The nuclei of the anterior hypothalamus regulate reproductive physiology and behavior, and are potential targets for the toxic effects of PBBs on reproduction. Endocrine insults during brain development have already been shown to alter central sexual differentiation, and adult patterns of sexual behavior and physiology. The hypothalamus is very sensitive to the presence of aromatizable androgens during development. Even short-lived changes in testosterone availability can result in permanent effects on reproduction (Ward and Weisz, 1980; Weisz and Ward, 1980). PBB induced alterations in perinatal steroid dynamics, therefore, may affect reproduction throughout the life of the animal. Because of

the important role hypothalamic aromatization plays in control of reproductive processes, it is also important to determine whether perinatal or adult PBB treatment is capable of altering hypothalamic aromatase (HA) activity.

The objectives of the research described herein are the following:

1. Develop a simple and accurate technique for the determination of hypothalamic aromatase activity.
2. Determine how hypothalamic aromatase activity is controlled in the rat, and the extent to which perinatal effects may alter adult HA activity.
3. Discover the effects of perinatal or adult PBB treatment on hypothalamic aromatization of androgens.
4. Determine whether PBB treatment can alter plasma testosterone titer.
5. Discover the extent to which alterations in synthetic or target organ metabolic pathways may alter the reproductive capacity of PBB treated animals.
6. Determine whether perinatal PBB treatment alters steroid metabolism or testosterone titer during the critical period of brain sexual differentiation.
7. Test adult sexual behavior and neuroendocrine physiology to assess alterations in brain differentiation.

CHAPTER 1
ASSAY DEVELOPMENT

CHAPTER 1
INTRODUCTION

In order to accurately determine the activity of the aromatase enzyme system in the hypothalamus, it was necessary to develop an improved assay. Although aromatizing activity is central to the normal control of reproduction, hypothalamic aromatase is active at very low levels, and radioactive tracer methods are necessary for its detection. In general, other published assays have relied on one of three methods: production of $^3\text{H}_2\text{O}$ from the aromatization of $1\beta,2\beta\text{-}^3\text{H}$ -androstenedione (Thompson and Siiteri, 1974), production of $^3\text{HCOOH}$ from $19\text{-}^3\text{H}_3$ -androstenedione (Miyari and Fishman, 1985), or isolation and purification of ^3H -estrogens by solvent partition, thin layer chromatography, derivatization, and reverse isotope dilution followed by recrystallization to constant specific activity (Dessi-Fulgheri and Lupo, 1982; Selmanoff et.al., 1977; Naftolin et.al., 1972).

Aromatase assays relying on the production of $^3\text{H}_2\text{O}$ do not always agree quantitatively with assays which directly detect the production of tritiated estrogens

(George and Ojeda, 1982). Assays which measure the release of tritiated water during aromatization can yield spurious results due to reactions at C1 and C2 which are unrelated to aromatization (Hersey et.al., 1981; Miyari and Fishman, 1985). Recently, Miyari and Fishman (1985) have proposed measuring the formation of tritiated formic acid from $^3\text{H}_3$ -C19 androgens to determine aromatase activity. Although this method does not have the potential for inaccuracy that the tritiated water method does, isotope effects connected with the tritiation of the C-19 methyl render this technique 3.2 times less sensitive than either of the other two methods (Miyari and Fishman, 1985).

Although methods which rely on the direct detection of tritiated estrogens are more accurate and potentially more sensitive than the other two methods, heretofore these methods have been extremely time consuming. Previously, methods for the direct detection of estrogens have involved solvent partition, derivatization, thin layer chromatography and multiple recrystallization, and recovery calculations have relied on dual isotope techniques. High Performance Liquid Chromatography (HPLC) offers the advantage of direct product isolation of estrogens, while offering the potential for much more rapid separation of the estrogenic products of aromatization than previous methods. In addition, recovery can be determined by U.V. absorbance during HPLC, eliminating the need for dual

isotope techniques.

A valid enzyme assay using HPLC isolation of estrogens requires incubation conditions which produce time and protein dependant aromatization of androgens to estrogens, HPLC conditions which allow the rapid separation of estrogens from other steroids and proof of the radiochemical purity of the estrogens isolated by HPLC. Incubation conditions for placental and hypothalamic aromatase have been well described in the literature (Naftolin et.al., 1975; Selmanoff et.al., 1977; Ryan, 1959) but existing methods for determination of the reaction products are not suitable for detailed studies of the enzyme. The initial objective was therefore the development of a suitable HPLC system and demonstration of its suitability for measurements of hypothalamic aromatase activity.

METHODS

Substrate Purification

Reference steroids for method development were purchased from Steraloids Inc. (Wilton, N.H.), and tritiated androstenedione (1,2,6,7-³H-androst-4-ene-3,17-dione, 90 Ci/mmole) was obtained from New England Nuclear (Boston, MA). Two successive HPLC procedures were necessary to insure substrate purity and to remove all traces of androsta-1,4,6,-triene-3,17-dione, a potent inhibitor of the aromatase enzyme system, and a contaminant of some lots of tritiated androstenedione. Radioactive androstenedione was purified by reverse phase HPLC using acetonitrile/water (40:60) on an Altex 5 μ Ultrasphere ODS column, then rechromatographed on the same column using THF/water (35:65) as the eluent.

Hypothalamic Incubation and Sample Preparation

Adult Sprague-Dawley rats were killed by decapitation, and the entire brain rapidly removed. Anterior hypothalamus containing the medial pre-optic and anterior hypothalamic nuclei was removed using a dissection similar to that reported by Naftolin et.al. (1972) (Figure 5).

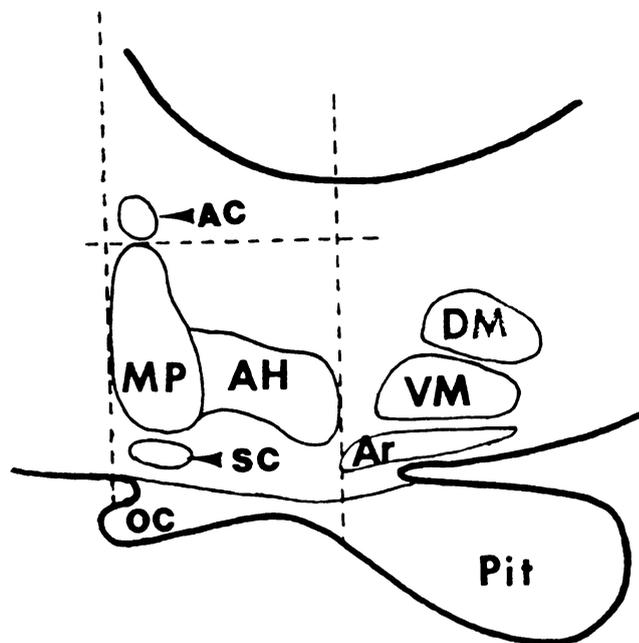


FIGURE 5. Sagittal view of the hypothalamus. Dotted lines show location of razor cuts used to remove the anterior hypothalamic nuclei. AC=anterior commissure, MP=medial preoptic, AH=anterior hypothalamic, SC=suprachiasmatic, Ar=arcuate, VM=ventral medial, DM=dorso-medial, OC=optic chiasm

The hypothalamus was homogenized in 0.05 M phosphate buffer (pH=7.0), and 10 µg of estrone was added as a product trap, and for recovery calculations at the end of the assay. An NADPH regenerating system was added, and the reaction was started by the addition of 10 µCi of 1,2,6,7-³H-androstenedione, purified as described. Each assay tube contained between 2 and 10 hypothalami, 110 pmole ³H-androstenedione, 2.4 µmole NADPH, 12 µmole glucose-6-phosphate and 0.4 U glucose-6-phosphate dehydrogenase in a final volume of 0.5ml. Assay tubes were incubated with agitation for between one and three hours at 37°C. Reactions were terminated by the addition of 5ml ether/chloroform (3:1). Incubation blanks were prepared by the addition of ether/chloroform at zero time. Positive control incubations of human placental microsomes (prepared as described by Ryan, 1959), were carried out simultaneously with the incubation of hypothalamic homogenates.

Each incubation tube was extracted twice with 5ml of ether/chloroform and the combined extracts were dried over anhydrous Na₂SO₄ and evaporated to dryness under N₂. Each sample was dissolved in 1N NaOH and extracted with toluene to remove non-polar lipids and unreacted androgens. The NaOH layer was then neutralized with HCl, re-extracted with ether/chloroform, and the extract evaporated to dryness and redissolved in 50µl of methanol prior to chromatography.

High Performance Liquid Chromotography

Two HPLC systems were developed for the assay (system A & B), and two additional systems used to confirm the purity of the peaks collected during the assay (system C & D)(Figure 6):

System A: acetonitrile water (70:30), 1.0ml/min,
Waters 10 μ radial-PAK (C-18) cartridge;

System B: THF/water (35:65), Waters 10 μ
radial-PAK C-18 cartridge;

System C: Acetonitrile/THF/water (55:5:40),
1.0ml/min, Altex 5 μ Ultrasphere
ODS column (15cm length);

System D: cyclohexane/n-octanol (95:5),
2.0ml/min, Waters 10 μ radial-PAK
normal phase cartridge.

The HPLC system consisted of a Waters model M6000A pump (Milford MA) with a Model 440 U.V. detector at 254nm (system A & B) or 280 nm (system C & D). Steroids were quantified, and recovery calculated using a Waters 760 Data Module recording integrator.

Following sample preparation as described above, the samples were chromatographed on system A, and the estrone peak collected and rechromatographed on system B. The estrone peak was collected during chromatography on system B, and the ³H-estrone present was quantified by liquid

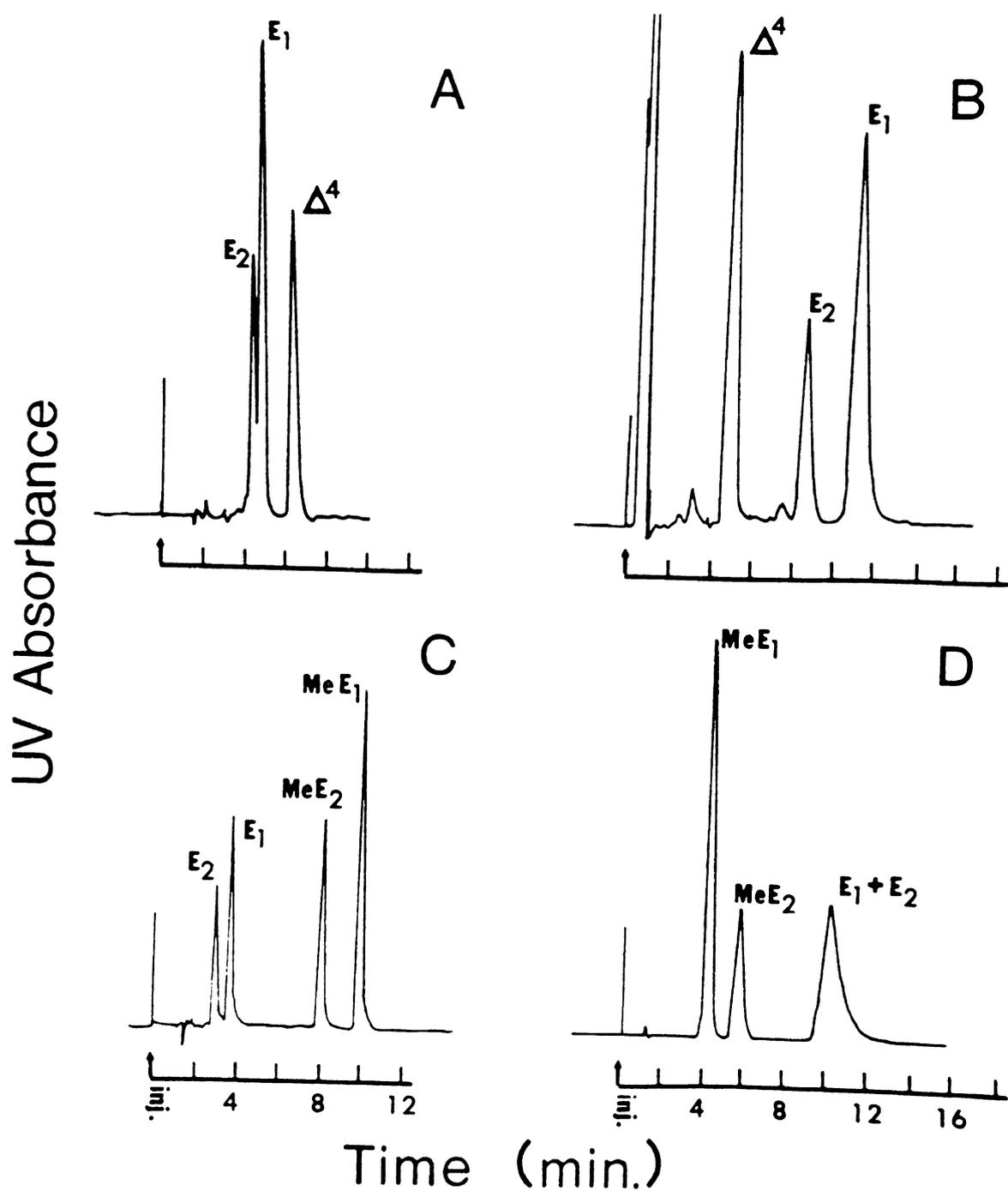


FIGURE 6. Chromatograms of reference steroids.
 A) acetonitrile/water (70:30), C-18 column
 B) THF/water (35:65), C-18 column
 C) acetonitrile/THF/water (55:5:40), C-18, 5 μ
 D) cyclohexane/n-octanol (95:5), silica

scintillation in a Packard Tri-Carb (Model 460C). Recovery of estrone was calculated from U.V. absorbance during chromatography on system B.

Method Validation

To verify the purity of the estrone peaks collected following chromatography on system B, a series of test incubations were performed. Placental microsomes and hypothalamic homogenates (10 brains per tube) were incubated as described above. After incubation the estrogenic products were separated by chromatography on system A and B, then split into three aliquots. The first aliquot was counted, and the other two aliquots were derivatized to produce estrone 3-methyl ether as described by Brown (1955). Following methylation, the two remaining aliquots were chromatographed on either system C or D, and specific activity was compared with that obtained after chromatography on system A and B alone. In addition, time and protein dependency of the hypothalamic incubations was verified using pooled hypothalamic homogenate equivalent to two to eight hypothalami, and for times up to three hours.

RESULTS AND DISCUSSION

Chromatography with system A was useful in separating the estrone produced from the highly radioactive ^3H -androstenedione substrate. Since the estrogens eluted first on system A, the chance of the androstenedione "tailing into" the estrogen peaks was eliminated. The second chromatographic step with system B then separated the estrogens from each other, and from any residual androstenedione which might remain. Calculation of estrone recovery following chromatography on system B showed recoveries which averaged 70 - 80% of the estrone added to the incubation tubes. Figure 7 shows a radiochromatogram (HPLC system B) of the estrone produced by incubation of ^3H -androstenedione with hypothalamic tissue in comparison with that seen in a blank incubation. Since hypothalamic tissue has been shown to contain little 17β -dehydrogenase (George and Ojeda, 1982), and since only trace amounts of estradiol were observed following incubation of hypothalamic homogenates (Figure 7), the estradiol peak was not further characterized, and was not used in the calculation of hypothalamic aromatase activity.

An average purity of 95% or greater (Table 3) was

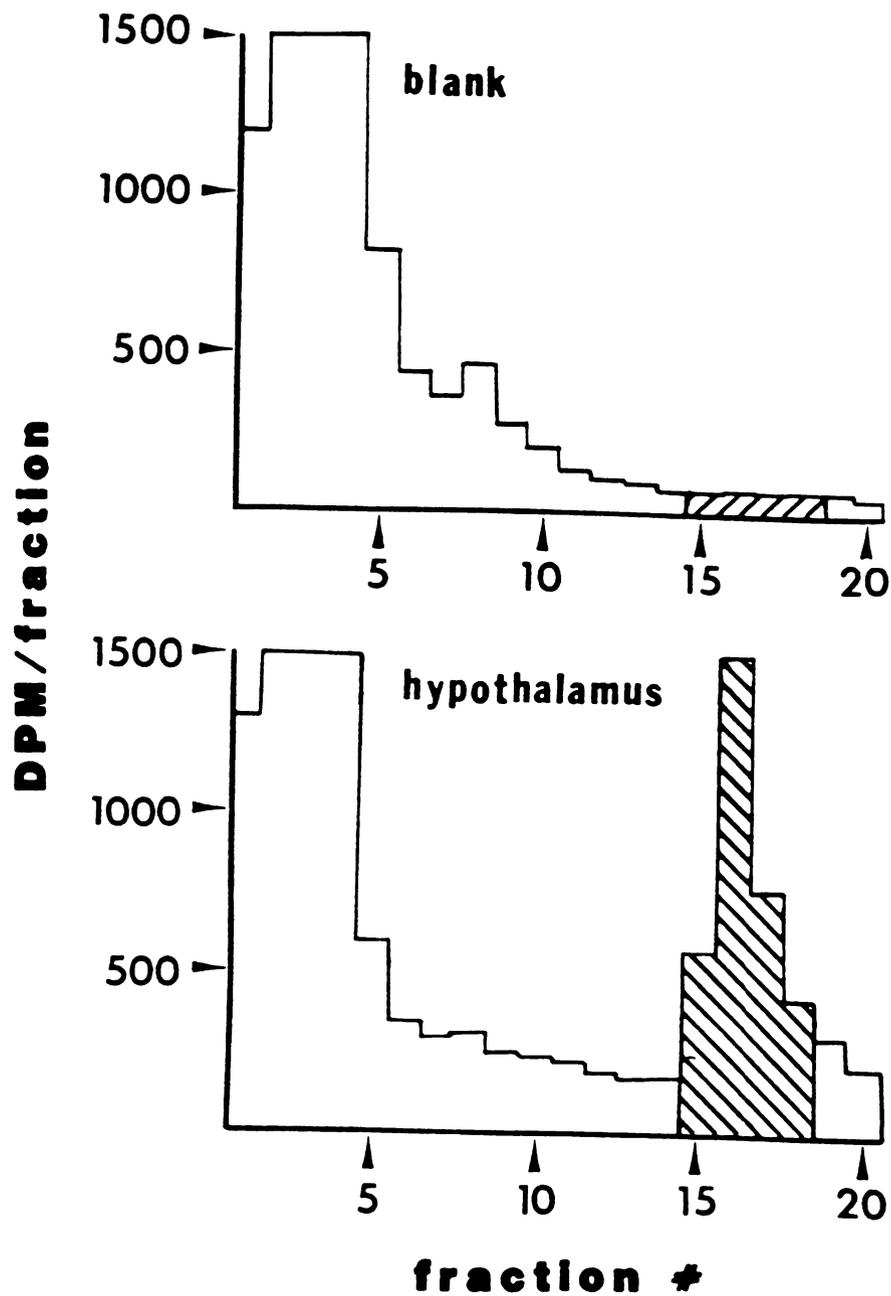


FIGURE 7 Radiochromatogram of fractions collected from system B chromatography of zero-time blank and hypothalamic incubation. Cross-hatch pattern corresponds to estrone peak by U.V.

TABLE 3.
Purity of Estrone Produced by Aromatization Following Reverse
Phase Chromatography with 35% THF.

sample #	spec. activity after THF dpm/ μ g estrone	spec. activity reverse phase dpm/ μ g* %THF	spec. activity following methylation normal phase dpm/ μ g* %THF
<u>Hypothalamic homogenate</u>			
1	213	224	105.8
2	452	411	95.68
3	266	242	95.68
			<u>98.7+3.1</u>
<u>Placental microsomes</u>			
1	119	118	99.28
2	1050	1090	104.8
3	793	752	94.88
4	191	174	91.18
5	686	684	99.78
6	402	363	90.38
			<u>96.5+2.4</u>

* calculated on the basis of μ g of original estrone added.

shown by collection of estrone following chromatography on system A, chromatography on system B, methylation, and rechromatography on system C or D. Since the criterion for purity using recrystallization is normally a 5% or smaller change in isotope ratio, the purity of estrone produced by dual HPLC separation is at least as good as that produced by repeated recrystallization.

Both time and protein dependency were determined using placental microsomes (data not shown), and confirmed using hypothalamic incubations. This incubation technique showed linear time dependency to 3 hours and was protein dependant with hypothalamic protein equivalent to 2 to 10 hypothalami (Figure 8).

These results indicate that hypothalamic aromatase may be measured following separation of estrogens on HPLC system A and isolation and quantification of ^3H -estrone on HPLC system B. The method offers good recoveries of 70 - 80%, is rapid and easily performed, produces products with a high degree of purity, and is sensitive, allowing the detection of less than 10 femtomoles of tritiated estrogen produced by aromatization. This method has the advantage of being more accurate than methods employing the measurement of tritiated water, and more sensitive than those measuring tritiated formic acid. In addition, it is

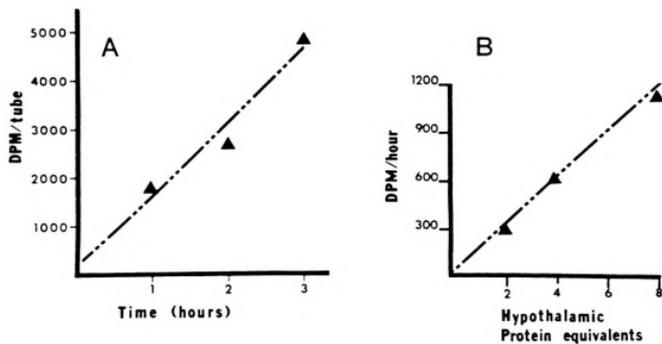


FIGURE 8 Time (A) and protein (B) dependence of incubation of hypothalamic homogenates.



more rapid, and at least as sensitive and accurate as previous techniques which directly measured the production of estrogenic products of hypothalamic androgen aromatization.



CHAPTER 2

CONTROL OF HYPOTHALAMIC AROMATASE ACTIVITY



CHAPTER 2

INTRODUCTION

The hypothalamic aromatizing (HA) enzyme system is important for the control of reproductive behavior and physiology in a wide variety of mammalian and non-mammalian species. Aromatization of circulating testosterone to estradiol during fetal and neonatal development results in the differentiation of critical brain regions which regulate sexual behavior, feedback control of steroid synthesis and hepatic drug metabolism in the adult. In adult rats, hypothalamic androgen aromatization mediates CNS control of reproductive behavior and physiology.

In mammalian species male animals have higher levels of hypothalamic aromatase activity than do female animals (Weisz and Gibbs, 1974; Naftolin et.al., 1975; Roselli et.al., 1984; Selmanoff et.al., 1977 Reddy et.al., 1973). Initial studies on the endocrine control of hypothalamic aromatization were performed in rabbits. Reddy et.al. (1973) showed that castration, testosterone treatment or estradiol treatment of adult rabbits resulted in increased levels of hypothalamic aromatase. These results are somewhat difficult to interpret, both since rabbits are

reflex ovulators and since one would normally expect castration and testosterone treatment to have opposite effects on steroid sensitive pathways.

Conflicting reports of the effects of castration on HA activity in rats have appeared. In 1977 an abstract appeared which reported that castration of male rats decreased the activity of HA in the pre-optic hypothalamus (Kobayashi and Reed, 1977), but no followup report has appeared in the primary literature. Dessi-Fulgheri and coworkers found that aromatase activity in the hypothalamus could be affected by olfactory stimuli, but failed to find any effects of castration or hormone treatment (Dessi-Fulgheri, personal communication; Larsson et.al., 1982; Dessi-Fulgheri and Lupo, 1982).

Shortly after the work described here was completed, Roselli et.al. (1984) reported that adult castration of male rats reduced the activity of hypothalamic aromatase to levels normally seen in female rats. Further, they showed that adult testosterone treatment increased HA activity in female rats to levels normally seen only in male animals. The results reported here extend and strengthen the report of Roselli et.al., by confirming the effects of adult hormone manipulation on HA activity, and demonstrating the absence of an effect of perinatal hormone treatment on adult hypothalamic androgen aromatization.

MATERIALS AND METHODS

Animals and Treatment

Experiment 1. Adult (60 day old) male and female Sprague-Dawley rats were obtained from Spartan Farms (Haslett, MI), and housed under 12:12 inphase light:dark conditions. Food and water were available ad lib. Male rats were castrated or assigned to a control group. Two weeks following castration, hypothalamic aromatase activity was determined in males, castrate males and females as previously described (chapt 1; Wilke and Braselton, 1983). Hypothalami were pooled within groups, three per assay tube.

Experiment 2. Adult female Sprague-Dawley rats were obtained and housed as described above. Daily vaginal smears were taken from each rat for two weeks to establish the presence of a 4 day estrus cycle. Only rats having a four day cycle were used in the HA assay. Female rats were killed by decapitation, and hypothalami were pooled (3 per tube) according to stage of estrus cycle on day of sacrifice. HA activity was determined as previously described.

Experiment 3. Timed-pregnant females were obtained

as above, and treated so pups could be assigned to one of the following groups:

1. male, no treatment
2. female, no treatment
3. male, castrated on day of birth
4. male, castrated on day of birth, testosterone replaced with silastic implant (30 cm x 0.132 id x 0.183 od) when 60 days old
5. female, treated with 100 μ g testosterone propionate on day 3 postnatal
6. female, treated with silastic testosterone implant when 60 days old
7. male, treated with the aromatase inhibitor androsta-1,4,6-triene-3,17-dione from day 15 of gestation until day 5 postnatal (5mg/day to mothers, 0.5mg/day to pups)

Each pup from the above litters was kept until 90 days old, then sacrificed by decapitation. Hypothalamic aromatase activity was determined as previously described.

Statistical Analysis

Differences in hypothalamic aromatase activity between groups were assessed by analysis of variance followed by Duncan's New Multiple Range Test (significant if $p < 0.05$).



RESULTS

Castration of adult male rats reduced hypothalamic aromatase activity to levels normally seen in female rats (Figure 9). Female rats killed at different stages of the estrus cycle (proestrus, estrus, diestrus day 1 and diestrus day 2) did not show differences in HA activity which were related to stage of the estrus cycle (Figure 10).

Male rats castrated on the day of birth had levels of HA equivalent to those present in normal females. Implantation of a 3cm silastic testosterone capsule in adult rats increased HA activity to normal male levels in both castrate males and in implanted females. Administration of 100 μ g testosterone propionate on day 3 of life had no effect on adult HA activity in female rats. A feminizing dose of the aromatase inhibitor androsta-1,4,6-triene-3,17-dione administered to perinatal male rats had no effect on adult HA activity (Figure 11).

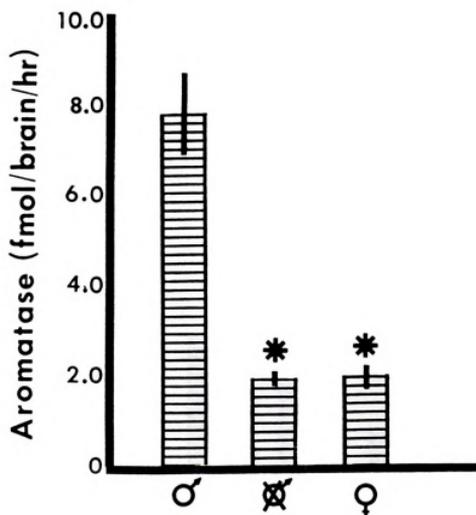


FIGURE 9. Effect of adult castration on hypothalamic aromatase activity. ♂=control male, ♂=castrate male, ♀=control female
*Statistically different from control male by Duncan's Mew Multiple Range Test ($p < 0.05$). Graph shows mean \pm standard error ($n=8$).

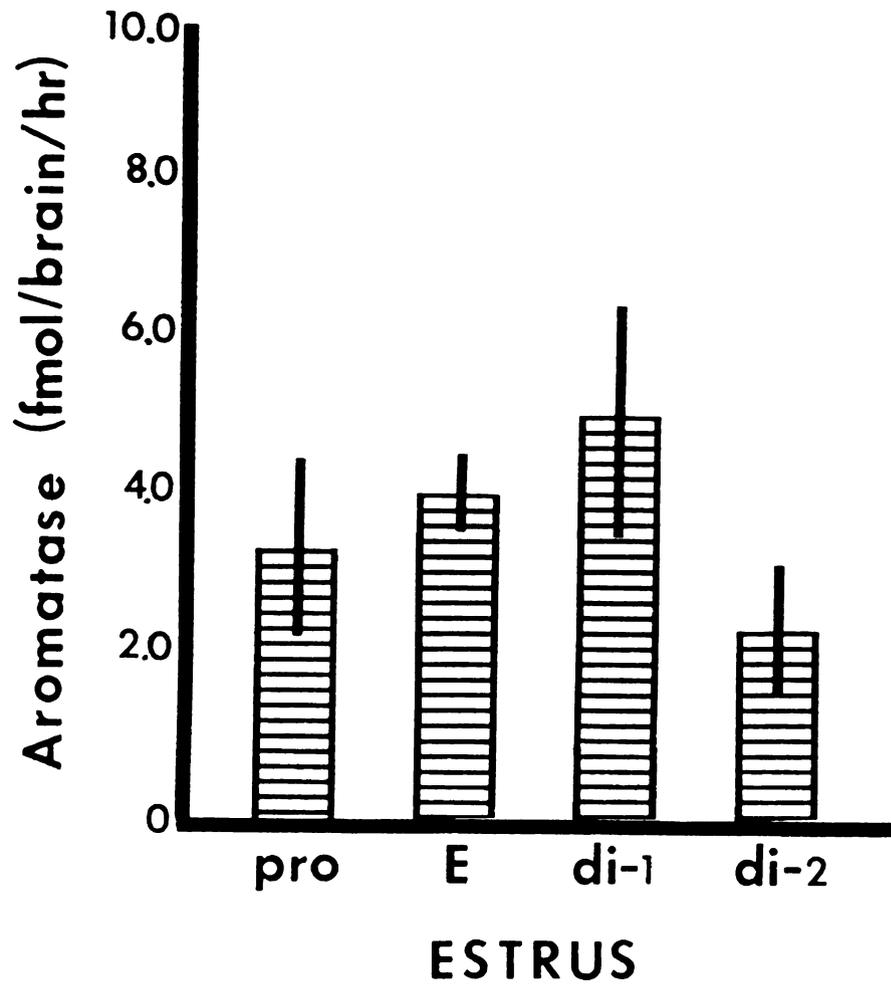


FIGURE 10. Hypothalamic aromatase activity throughout the estrus cycle in normal female rats. pro=proestrus, E=estrus, di-1=diestrus day 1, di-2=diestrus day 2. No significant differences between groups. Measures are mean \pm standard error (N>6 for each group).

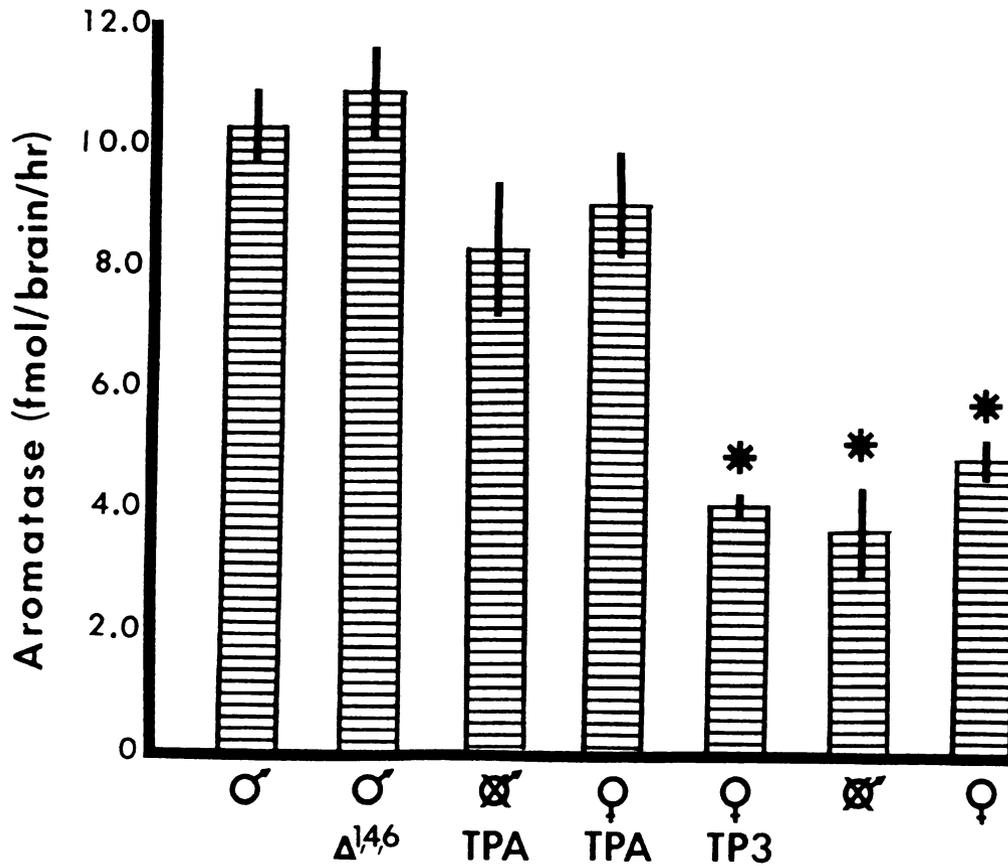


FIGURE 11. Effect of neonatal and adult endocrine treatments on hypothalamic aromatase activity in the rat.

♂ = male
 ♂ = castrate male
 ♀ = female
 Δ146 = androsta-1,4,6-triene-3,17-dione administered perinatally
 TPA = testosterone capsule implanted in adult
 TP3 = 100μg testosterone propionate as neonate
 *Statistically different from control male by Duncan's New Multiple Range Test ($p < 0.05$)
 Measures are mean \pm standard error ($n > 6$).

DISCUSSION

These experiments were designed to determine how hypothalamic aromatase activity is controlled in the rat. Although conflicting reports exist (Dessi-Fulgheri, 1982), these results confirm other studies which also found that adult castration decreases male hypothalamic aromatase activity to levels normally found in females (Kobayashi and Reed, 1977; Roselli et.al., 1984). Although hypothalamic aromatase activity is sensitive to circulating androgens, aromatase activity in amygdala and other brain regions does not change in response to endocrine manipulation (Roselli et.al., 1984; Kobayashi and Reed, 1977). In hypothalamus, aromatase activity is highest in pre-optic and anterior hypothalamic nuclei (Roselli et.al., 1984; Selmanoff et.al., 1977), sexually dimorphic brain areas involved in the regulation of reproductive behavior and physiology (Gorski et.al., 1978; Nordeen and Yahr, 1982).

Implantation of 3 cm testosterone capsules was chosen to test the ability of the HA system to respond to androgens since this dosage has already been shown to be effective in suppressing plasma LH in castrated male rats (DaMassa et.al., 1976). Testosterone treatment of females

or castrated males resulted in elevation of HA activity to levels normally seen in male rats. The ability of adult castration or testosterone treatment to affect hypothalamic aromatase activity suggests that it is under direct androgenic control.

Other evidence that rat HA activity is controlled through an androgen-receptor mediated mechanism is the report by Roselli and Resko (1984) that testosterone or DHT, but not estradiol will increase HA activity in the rat. Further, male tfm (testicular feminization mutation) mice, which lack functional androgen receptors, have hypothalamic aromatase activity no higher than female animals (Rosenfeld et.al., 1977). Blockade of the androgen receptor by the androgen antagonist flutamide reverses the testosterone and DHT induced increases in HA activity (Roselli and Resko, 1984). These reports suggest that hypothalamic aromatase is under the control of either testosterone, or its androgenic metabolite DHT.

Hypothalamic aromatase activity may also be influenced by stimuli other than circulating androgens. Brain catecholamines may be involved in regulation of HA activity. Catecholaminergic β -agonists have been shown to decrease estrogen receptor occupancy following testosterone administration (Raum et.al., 1984), and both α - and β -agonists reportedly decrease HA activity in fetal rats (Roselli et.al., 1984). The administration of

p-chlorophenylalanine (pCPA), an inhibitor of catecholamine and serotonin synthesis increases brain aromatase activity (Farabollini et.al., 1981). Olfactory stimuli also modulate aromatase activity. Male rats reared in the presence of female rats or bedding from female cages had elevated aromatase activity when compared with animals raised in the presence of males only (Dessi-Fulgheri and Lupo, 1982). This effect of female odors was abolished by olfactory ablation (Larsson et.al., 1982).

Although testosterone titer varies slightly throughout the estrus cycle in female rats (Rush and Blake, 1982), either the magnitude or the duration of the variation is insufficient to alter HA activity. Although female rats are responsive to alterations in plasma testosterone this study showed no change in HA activity throughout the estrus cycle. Identical results are also reported by Roselli et.al. (1984).

Perinatal hormone manipulation had no effect on the activity of hypothalamic aromatase in adult rats. Treatment of female neonates with testosterone propionate on day 3 has been shown to induce anovulatory sterility in adult females (DaMassa et.al., 1983). This treatment also defeminizes and masculinizes sexual behavior in rats (Gorski and Jacobsen, 1981; Stewart et.al., 1979). Although as little as 10 μ g of testosterone propionate may cause behavioral and physiologic masculinization of



perinatal females, 100 μ g of TP failed to affect adult aromatase activity. In addition, perinatal treatment with doses of androsta-1,4,6-triene-3,17-dione (ATD) similar to those employed here can demasculinize and feminize the behavior of male rats and hamsters (Ruppert and Clemens, 1981; Gladue and Clemens, 1980; Stewart et.al., 1979; Clemens and Gladue, 1978). ATD treatment failed to alter HA activity in adults, even though similar dosages demasculinize behavior in male rats.

The results discussed above suggest the following:

1. hypothalamic aromatase activity is regulated by adult androgen titer,
2. although HA exists in a sexually dimorphic region of the brain, it is unaffected by perinatal endocrine treatments which alter adult sexual behavior and physiology,
3. HA activity is inducible in both male and female rats by androgen treatment and
4. HA activity does not change throughout the estrus cycle in female rats.

CHAPTER 3

EFFECT OF PBB TREATMENT ON BLOOD TESTOSTERONE
AND HYPOTHALAMIC AROMATASE

CHAPTER 3

INTRODUCTION

PBBs are potent inducers of the mixed function oxidase enzymes which metabolize steroid hormones. Previous research has already established that PBB treatment results in more rapid plasma clearance of testosterone and progesterone (McCormack et.al., 1981; Harris et.al., 1981; McCormack et.al., 1979). PBB treatment results in several effects which may be related to increased metabolism of endogenous steroids, including: decreased seminal vesicle and prostate weights, prolonged estrus cycles (Johnston et.al., 1980), infertility in cattle (Jackson and Halbert, 1974), and hypoactive seminiferous tubules (Allen et.al., 1978). Despite the evidence of impaired reproductive capability following PBB treatment, previous research has so far failed to find alterations in circulating steroid titers associated with PBB consumption (Castracane et.al., 1982; Johnston et.al., 1980).

The activity of the hypothalamic aromatase (HA) enzyme system is sensitive to the presence of circulating testosterone (chapt 2; Roselli et.al., 1984). The aromatization of androgens to estrogens is important in

brain sexual differentiation and the adult control of sexual behavior and reproductive physiology (Clemens and Gladue, 1978; Naftolin et.al., 1975; Worgul et.al., 1980; Christensen and Clemens, 1975). Preliminary studies with PBB showed that pre-pubertal PBB treatment caused a trend toward decreased HA activity in rats (Wilke and Braselton, 1983), a possible indication of PBB effects on testosterone titer. Because of the important role of hypothalamic aromatase in the control of reproduction, PBB effects on HA activity could have far-reaching reproductive consequences. It was therefore of interest to determine whether PBB treatment results in effects on HA activity, and whether those effects are associated with alterations in serum testosterone titer.

METHODS

Experiment 1

Weaned, 21 day old male Sprague-Dawley rats were obtained from Harlan (Haslett, MI) and assigned to PBB treated, control or castrate groups. PBB animals were given 150mg/kg fireMaster BP-6 (lot #6244-A, Michigan Chemical Corp. St.Louis MI) in peanut oil by i.p. injection when 22 days old. Castrate animals were orchidectomized trans-scrotally under light ether anesthesia when 22 days old. Control animals received 1ml/100g peanut oil by i.p. injection. Animals were maintained on a 12:12 inphase light:dark cycle with food and water available ad lib.. Animals were sacrificed when 75 days old, and hypothalamic aromatase activity was determined as previously described (Wilke and Braselton, 1982).

Experiment 2

Timed-pregnant Sprague-Dawley rats were obtained from Harlan (Madison, WI) and assigned to either the PBB or control group. On day 8 of gestation, dams in the PBB group began receiving ground Wayne Lab-Blox containing 100ppm fireMaster BP-6 in place of regular food. At birth, male pups were assigned to one of the following groups, and

treated as described:

1. control male;
2. male, castrated on day of birth;
3. male, castrated on day of birth, given 3.0cm testosterone implant when 60 days old;
4. PBB male, mother or pups fed 100 ppm of PBB in food from day 8 of gestation until sacrificed;
5. PBB male, PBBs as above, given testosterone supplementation; 50µg alternate days until 21 days old, 1.5 cm testosterone implant from 21 to 60 days, 3.0cm testosterone implant when 60 days old.

These rats were maintained as described above until 90 days old, then sacrificed by decapitation. Hypothalamic aromatase activity was determined, and prostate, seminal vesicle, and testicular weights were recorded. Blood testosterone was measured in control and PBB treated animals.

Experiment 3

Adult male Sprague-Dawley rats were obtained from Harlan (Indianapolis, IN) when 60 days old. Animals were castrated or assigned to a PBB or control group. PBB animals received 150mg/kg fireMaster BP-6 in peanut oil by i.p. injection. Control animals were given 2ml/kg peanut oil. Control and PBB treated animals were killed 14 or 90

days following PBB treatment. Castrate animals were killed 14 days after castration. On the day of sacrifice, hypothalamic aromatase activity was measured as previously described. Blood samples were taken for testosterone RIA.

Measurement of Blood Testosterone

Serum testosterone titer was determined as follows. Blood collected after decapitation was allowed to clot for 2 hours at room temperature. After clot removal, the serum was frozen at -20°C until RIA. Serum testosterone was determined using a direct solid-phase radio-immuno assay (Coat-A Count, Diagnostic Products, Los Angeles, CA). Sensitivity of the standard curve was 0.3ng/ml of testosterone using 25 μl serum samples. The standard curve was transformed by a logit/log regression technique (correlation coefficient of the standard curve = .987), and the intra-assay coefficient of variation was 4.7%.

Statistical Analysis

Statistical comparisons were made using analysis of variance, followed by Duncan's New Multiple Range Test ($p < 0.05$).

RESULTS

Experiment 1

Castration of male rats at time of weaning resulted in decreased hypothalamic aromatase activity at 75 days of age. PBB treatment on day 22 resulted in a non-significant decrease in mean HA activity at 75 days of age (Table 4).

Experiment 2

Neonatal castration of male rats resulted in a marked decrease in HA activity at 90 days of age. Implantation of a testosterone capsule in castrated rats restored HA activity to levels seen in control males. Animals fed 100 ppm PBB throughout life showed a trend toward decreased aromatase activity when tested at 90 days old, but neither PBB rats nor PBB rats given testosterone had HA activity significantly different from control animals (Figure 12).

Neonatal castration resulted in non-detectable levels of serum testosterone in 90 day old animals. Animals treated with PBB showed a trend toward decreased serum testosterone relative to control males. Serum testosterone titers obtained from animals implanted with silastic capsules were unreliable, since decapitation often severed

TABLE 4
Effect of orchidectomy or PBB treatment
at 21 days on the hypothalamic
aromatase activity in adult male rats.

<u>group</u>	<u>brain aromatase fmole/brain/hour</u>
control male	6.8 ± 0.5 (3)
PBB male	5.2 ± 0.5 (3)
castrate male	4.0 ± 0.7 (3)*

expressed as mean ± s.e.m.(n)

* less than control activity by Duncan's
New Multiple Range Test (p<0.05)



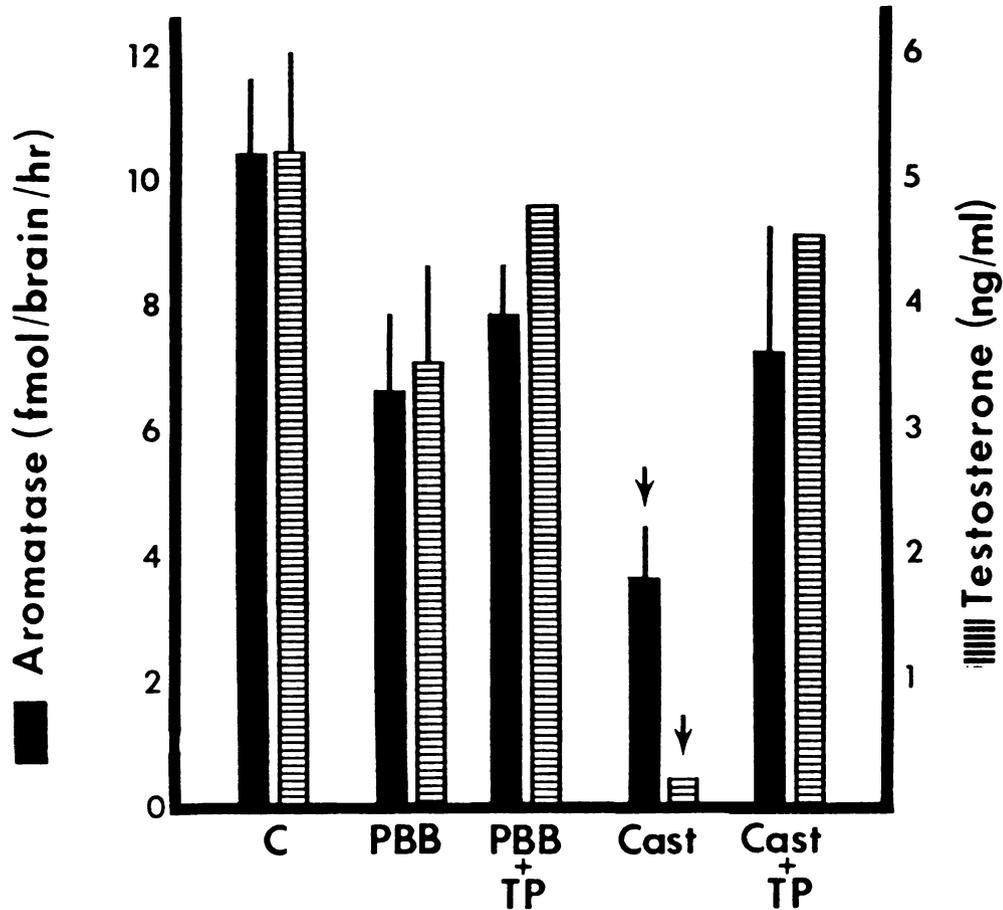


FIGURE 12. Effect of neonatal castration or lifelong PBB treatment on adult testosterone titer and hypothalamic aromatase activity; reversal of castration effects by adult testosterone treatment.
 †Statistically smaller than control male by Duncan's New Multiple Range Test ($p < 0.05$). Measures are mean \pm standard error ($n > 6$, except testosterone values for TP; $n = 2$).

the silastic casule, contaminating the blood sample. Average serum testosterone titers of three animals from each implanted group known to have intact silastic capsules are shown, and suggest that testosterone implantation resulted in near normal plasma testosterone in both PBB treated and castrate rats (Figure 12).

PBB treatment resulted in decreased body weight relative to control and castrate animals (Table 5). PBB animals given testosterone were heavier than PBB treated males, but smaller than castrates. Neonatal castration resulted in decreased body weight in 90 day old animals. Both PBB treatment and castration resulted in marked decreases in seminal vesicle and ventral prostate weight. Adult treatment of castrates with testosterone partially restored seminal vesicle and prostate weights. Testosterone supplementation of PBB rats resulted in increases in prostate and seminal vesicle weight to control levels or above (Table 5). PBB treated rats had testicular to body weight ratios greater than those in control rats. Testosterone treatment of PBB rats decreased testicular weights to below those seen in control animals.

TABLE 5
Effect of PBB treatment or orchidectomy on body weight and reproductive organs

group	body weight (g)	ventral prostate (mg/100gbw)	seminal vesicle (mg/100gbw)	testes (mg/100gbw)
control male	414+40(14)	136+26(14)	275+33(14)	916+82(14)
PBB male	243+56(12)*	33+16(12)*	177+66(12)*	1216+201(12)#
PBB male + T	276+34(8)*	134+57(8)	405+105(8)#	425+121(8)*
castrate male	344+37(14)*	4+1(14)*	6+5(14)*	-----
castrate + T	351+17(9)*	85+31(9)*	85+31(9)*	-----

all measures are mean + standard deviation (n)

* smaller than control male by Duncan's New Multiple Range Test (p<0.05)

larger than control male by Duncan's New Multiple Range Test (p<0.05)

Experiment 3

Acute dosing with 150 mg/kg PBB resulted in decreased hypothalamic aromatase activity and testosterone titer in male rats killed 14 days after dosing. Both hypothalamic aromatase and serum testosterone had returned to control levels by 90 days after PBB treatment. Castration decreased hypothalamic aromatase activity to below levels seen in PBB treated rats. Testosterone was not detectable in serum from castrate rats (Figure 13).

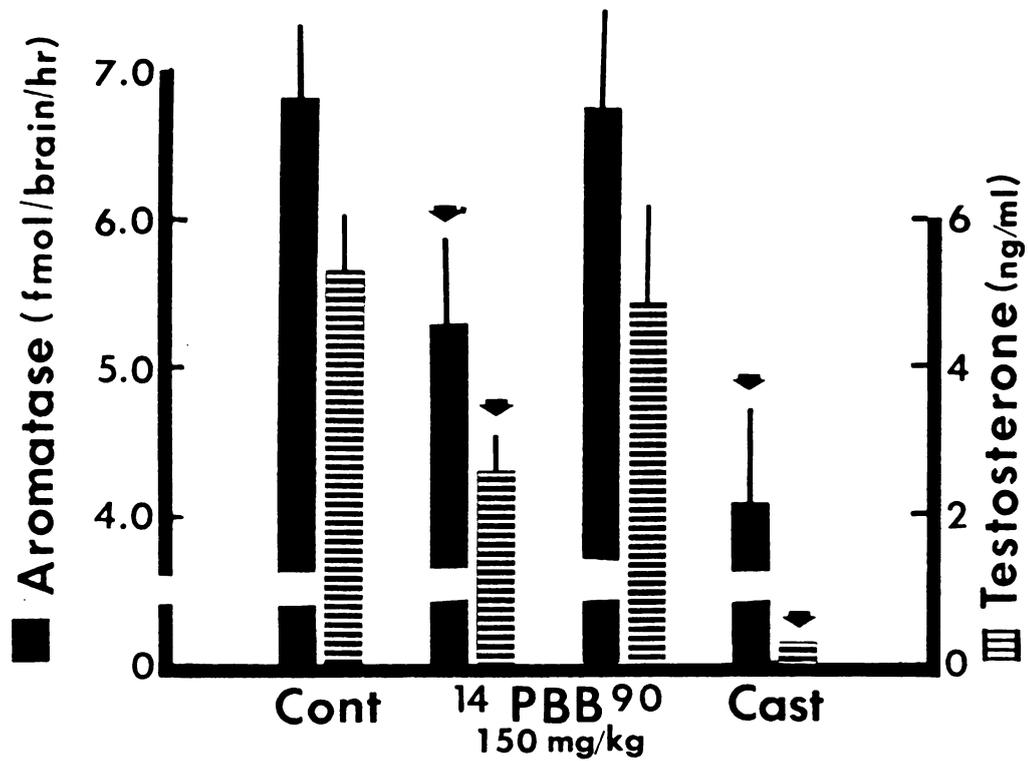


FIGURE 13. Effect of adult castration or PBB treatment on serum testosterone and hypothalamic aromatase activity. PBB treated rats were tested 14 or 90 days after treatment.
 ↓ Statistically smaller than control male by Duncan's New Multiple Range Test ($p < 0.05$). Measures are mean \pm standard error ($n=15$).



DISCUSSION

Because of the important role that hypothalamic aromatase plays in brain differentiation (McEwen et.al., 1980; Naftolin et.al., 1975; Whalen and Olson, 1978; Clemens and Pomerantz, 1982), regulation of adult sexual behavior (Popolow and Ward, 1976; Christensen and Clemens, 1975; Whalen and Rezek, 1977), and regulation of gonadotropin secretion (Selmanoff et.al., 1977; Kalra and Kalra, 1983; Worgul et.al., 1981) it is important to determine whether aromatase activity is affected by PBB treatment. In tissues where androgen derived estrogens are important, a PBB induced decrease in aromatase activity could worsen the effects of lowered serum androgens. PBB induced increases in tissue aromatase activity, however, could minimize the effects of PBB related reductions in testosterone titer.

Experiment 1 was a pilot study, designed to determine whether PBB treatment or castration could affect hypothalamic aromatase activity. PBB treated animals showed a trend toward decreased hypothalamic aromatase activity which was not statistically significant because of the small number of animals used. Pre-pubertal castration

decreased HA activity in adult rats. The small decrease in HA activity in PBB treated rats was suggestive of decreased testosterone titer, and further experiments were planned to study the PBB - HA interaction more carefully.

Using data derived from experiment one, statistical power analysis was performed to determine the number of animals needed for further studies on PBB - HA interactions. Experiment 2 was designed for a minimum of 15 replicate determinations of HA and plasma testosterone. Unfortunately, an outbreak of sendai virus in the rat colony killed 45% of the experimental animals, reducing the statistical power of our determinations. Data from experiment two (Figure 12) show that neonatal castration reduces HA activity in adult rats. The reduction of adult HA activity seen in neonatally castrated rats was reversed by adult administration of testosterone, confirming that adult androgen treatment is effective in regulating hypothalamic androgen aromatization. PBB treated animals showed a trend toward decreased HA activity that was associated with a trend toward decreased plasma testosterone titer. Neither trend achieved statistical significance (at $p < 0.05$) due to insufficient numbers of animals. Implantation of testosterone capsules slightly increased plasma testosterone titer and HA activity in PBB treated animals. Increased HA activity in testosterone implanted rats was expected since hypothalamic aromatase

activity is regulated by plasma androgens (chapt 2; Roselli et.al., 1984).

Although a decrease in HA activity was associated with lowered plasma testosterone in PBB treated rats, a causal relationship cannot be definitely established. Both acute and chronic PBB treatment resulted in decreased plasma testosterone titer which was associated with decreased HA activity (Figures 12 and 13), but this experimental paradigm could not establish the absence of a direct effect of PBB on HA activity. Phenobarbital treatment of mice results in decreased brain aromatase activity which might be associated with decreased plasma testosterone, but this effect is also seen in vitro when phenobarbital is added directly to the incubation mixture (Weidenfeld et.al., 1983). Unlike PBBs, phenobarbital is metabolized by mixed-function oxidases, and therefore could be expected to compete for cofactors or P-450 binding with steroid substrates. Since PBB is not readily metabolized, it is unlikely that PBB would act directly to interfere with P-450 activity in the brain, but this hypothesis was not tested.

The decreased testosterone titer seen in PBB treated animals is believed to be due to increased metabolism of testosterone by mixed-function oxidases. Other studies (Castracane et.al., 1982) have failed to find decreases in serum testosterone titer after PBB treatment, but smaller

doses of PBB and longer post-treatment intervals may have obscured PBB related effects. Figure 13 shows that the decreased testosterone titer associated with acute PBB treatment is reversed by a post-treatment interval of 90 days, and both plasma testosterone and hypothalamic aromatase activity return to control levels.

Treatment of rats with the MFO inducer TCDD also results in decreased blood testosterone titers (Moore and Petersen, 1983). TCDD treatment causes rapid reductions in body weight gain as a result of decreased food intake, and food restriction alone was found to cause modest decreases in blood testosterone titer (Moore and Petersen, 1983; Becher, 1983). Since PBB treatment results in decreased weight gain due to lowered feed efficiency, it is possible that the decreased feed utilization of PBB treated rats may play a role in lowering blood testosterone titers. Generally, lowered blood testosterone arising from protein calorie malnutrition is associated with three things:

1. Decreases in caloric intake of at least 30%
2. Decreased serum LH and
3. Decreased testicular testosterone synthesis and decreased testicular response to hCG which persists even after refeeding.

Although reduced feed utilization may play a role in altering plasma steroid titers in PBB treated animals, it is not the major reason for decreased testosterone for the

following reasons:

1. Acute PBB treatment reduces serum testosterone titer without affecting body weight (c.f. Figure 13 and Table 6, chapter 4).
2. PBB treatment is not associated with alterations in serum LH titer (Johnston et.al., 1980; Table 10, chapter 6).
3. Rats treated with PBB prepubertally do not show alterations in gonadal responsiveness to hCG (Figure 15, chapter 4).

Decreased body weight in PBB treated animals has been reported in several species including the rat, and is due to decreased feed efficiency rather than decreased food intake (Sleight and Sanger, 1976; Gupta et.al., 1983). It has been suggested that the decreased feed efficiency is related to the inflammation of gastro-intestinal mucosa seen in PBB and PCB treated animals (Allen et.al., 1978; Kay 1977). Decreased seminal vesicle and prostate weight in PBB treated animals has been reported before (Johnston et.al., 1980; McCormack et.al., 1981), and is believed to be due to rapid testosterone clearance in PBB treated animals (McCormack et.al., 1981).

PBB treatment resulted in increased testicle/body weight ratios. This effect could be a result of compensatory testicular hypertrophy. In PBB treated animals, more rapid testosterone clearance (McCormack,

et.al., 1979) would necessitate increased testicular androgen production to maintain near-normal levels of circulating androgens. In fact, PBB treated animals did not have increased titers of pituitary gonadotropins (Johnston et.al., 1980), and PBB treatment resulted in decreased titers of serum testosterone. Raw testicle weights in PBB treated rats are actually smaller than those of control males. ($3.03 \pm .71$ g in PBB rats, $3.77 \pm .33$ g in control rats; PBB testes smaller by Duncans's Multiple Range test ($p < 0.05$)). The increased testicle/body weight ratios in PBB treated rats are probably a result of the much smaller body weights seen in PBB treated animals. PBB treated rats treated with testosterone have testicle/body weight ratios much smaller than control animals, suggesting that the exogenous testosterone has suppressed endogenous androgen synthesis.

In summary, PBB treatment had several effects on reproduction including the following:

1. Chronic PBB treatment resulted in decreased weight gain, and decreased prostate and seminal vesicle weights.
2. Prostate and seminal vesicle weights in PBB treated rats were increased by the administration of exogenous testosterone.
3. Acute PBB treatment resulted in decreased serum testosterone and hypothalamic aromatase activity. The decreased testosterone and HA returned to normal levels by

90 days post-treatment.

4. Although decreased hypothalamic aromatase activity in PBB treated animals was associated with decreased serum testosterone, these experiments have not proved a cause and effect relationship.

CHAPTER 4

EFFECT OF PBB TREATMENT ON PROSTATIC ANDROGEN METABOLISM
AND TESTICULAR ANDROGEN SYNTHESIS

CHAPTER 4

INTRODUCTION

Treatment of rats with a mixture of polybrominated biphenyls results in increased hepatic testosterone metabolism, and decreased circulating testosterone titer (chapt 3, Newton et.al., 1982). Associated with the increased androgen metabolism is a marked decrease in the weight of the ventral prostate and seminal vesicles. Both prostate and seminal vesicle are tissues sensitive to circulating testosterone titer throughout life. Prepubertal castration or treatment with estrogens permanently impairs the ability of the prostate to respond to plasma androgens (Chung and MacFadden, 1980; Rajfer and Coffey, 1979), and adult castration results in the regression of prostatic tissue and alterations in prostatic androgen metabolism (Celotti et.al., 1979; Tenniswood et.al., 1982). Lifelong PBB treatment has caused marked regression of prostate and seminal vesicle (Chapt 3, Johnston et.al., 1980; McCormack et.al., 1979) which was believed to result from decreased plasma androgen levels.

Administration of PBBs to rats resulted in increased hepatic testosterone hydroxylation in vitro, and

decreased reductive formation of 5 α -DHT (Newton et.al., 1982). Other compounds possessing MFO inducing properties also decrease 5 α -reductase activity in the liver; the list includes phenobarbital, TCDD, PCBs, and hexchlorobenzene (Kappas et.al., 1983). The formation of 5 α -DHT from testosterone is an important activating step in prostate and seminal vesicle, and DHT may be as much as six-fold more active than testosterone in maintaining organ weight and secretory activity. Because of the importance of 5 α -reduction as an activating step in androgen sensitive tissues, decreases in DHT formation could have marked effects on reproductive structures. The prostate has already been shown to be sensitive to the MFO inducing properties of TCDD, β NF and phenobarbital. TCDD or β NF treatment increases AHH, EROD and benz(a)pyrene metabolism (Haaparanta et.al., 1983; Lee et.al., 1981; Soderkvist et.al., 1982), and both β NF and phenobarbital increase the polyhydroxylation of 5 α -androstane-3 β ,17 β - diol (Haaparanta et.al., 1984). Since PBB treatment has already been shown to decrease 5 α -reductase activity in the liver, it is of interest to determine whether PBB treatment can alter the formation of DHT in the prostate, and thus interfere with androgen action.

Another possible site of PBB action on reproduction is the synthesis of testosterone by the testes. A cytotoxic effect of PBB treatment on leydig cells could alter

testosterone synthetic pathways, decreasing testicular androgen production. Reproductive senescence in rats is accompanied by decreased testicular androgen synthesis, and lowered sensitivity to the trophic effects of hCG (Simpkins et.al., 1981; Miller and Riegler, 1978). If PBB altered testicular androgen synthesis, or the sensitivity of the testes to pituitary gonadotropins, lowered testosterone titers could result. Acute PBB treatment results in lowered testosterone titer, and it is therefore of interest to determine whether PBB treatment alters testicular ability of synthesize testosterone.

The objectives of these experiments were therefore to:

1. determine whether PBB decreases 5 α -reduction of testosterone in ventral prostate and
2. determine whether PBB treatment alters testicular testosterone synthesis.

METHODSEffects of PBB on prostatic testosterone metabolism

Male 65 day old Sprague-Dawley rats were obtained from Harlan (Indianapolis, IN) and housed under 12:12 inphase light:dark conditions with food and water available ad lib. Animals were assigned to a PBB treated, control, or castrate group. PBB animals were given 150mg/kg fireMaster BP-6 (lot#6244-A, Michigan Chemical Corp. St. Louis, MI) in peanut oil by i.p. injection. Castrate animals were orchidectomized trans-scrotally under light ether anesthesia. Control animals received 2ml/kg peanut oil i.p. Control and PBB animals were killed 14 or 90 days after treatment. Castrate animals were killed 14 days after castration. Prostate glands were removed from animals killed 14 days after treatment, and prostate and sub-mandibular glands removed from animals killed 90 days after treatment.

Prostate and submandibular glands were weighed and prepared for determination of 5 α -reductase activity. Prostate or sub-mandibular gland were homogenized by polytron in 3 ml of ice-cold 66mM Tris buffer (pH=7.4), then centrifuged at 10,000 x g for 20 minutes. The

post-mitochondrial supernatant was used for the determination of 5 α -reductase activity. Assay tubes were prepared containing 3ml of supernatant from prostatic homogenate to which was added an NADPH regenerating system and ^{14}C -testosterone (New England Nuclear, 52mCi/mmol). Each tube contained a final concentration of 4.5 μM glucose-6-phosphate, 0.3 μM NADP, 0.3 μM NADH, 0.1 μM NADPH, 1 U glucose-6-phosphate dehydrogenase per ml and 3.8 μM testosterone. Each assay tube was pre-incubated at 37 $^{\circ}$ C. for 5 minutes, and the reaction was started by the addition of ^{14}C -testosterone in 30 μl of methanol. The reaction mixture was incubated for 15 minutes, and the reaction stopped by the rapid addition of 5ml of ice-cold ether:chloroform (3:1). Each assay tube was extracted three times using the ether:chloroform mixture, and the combined extracts dried over anhydrous sodium sulphate. The extracts were evaporated to dryness under N_2 , re-suspended in 100 μl methanol and filtered prior to high performance liquid chromatography (HPLC).

HPLC with flow-through radioactivity detection was used to quantify the prostatic and submandibular 5 α -reductase activity. Each sample was chromatographed on an Altex 3 μ reverse phase HPLC column with a mixture of 18% THF, 22% methanol, 18% acetonitrile and 42% water as the eluent. Radioactivity of the column effluent was determined using a model Flow-One CU (Radiomatic Instruments

and Chemicals, Tampa, FL) equipped with a 0.5ml flow cell. ACS scintillation cocktail (Amersham, Chicago, IL) was used as the scintillant at a ratio of 2.5:1 of ACS:column effluent. Both 5a-DHT and 5a-androstane-3a,17 β -diol (Adiol) were well separated by the HPLC system (Figure 14). Total polar metabolites which eluted before testosterone were quantified as a group in prostatic homogenates 14 days post-treatment.

5a-Reductase activity was calculated based on the sum of 5a-DHT and 3a-Adiol produced during the incubation. Each sample was corrected for recovery based on total C14 eluting from the column compared against the amount added to the incubation. Sample results are expressed as pmole 5a-reduced metabolites formed per milligram of protein per hour. By expressing the results on a protein basis, enzyme activity is corrected for the different sizes of prostate in each treatment group.

Effect of perinatal PBB treatment on testosterone synthesis

Timed pregnant Sprague-Dawley rats were obtained from Harlan (Indianapolis, IN) and housed under 12:12 inphase light:dark conditions with food and water available ad lib. On day 8 of gestation, one-half the animals were assigned to the PBB group, and their food replaced with ground Wayne Lab-Blox containing 100 ppm fireMaster BP-6. Control rats received ground Lab-Blox. Dams were allowed

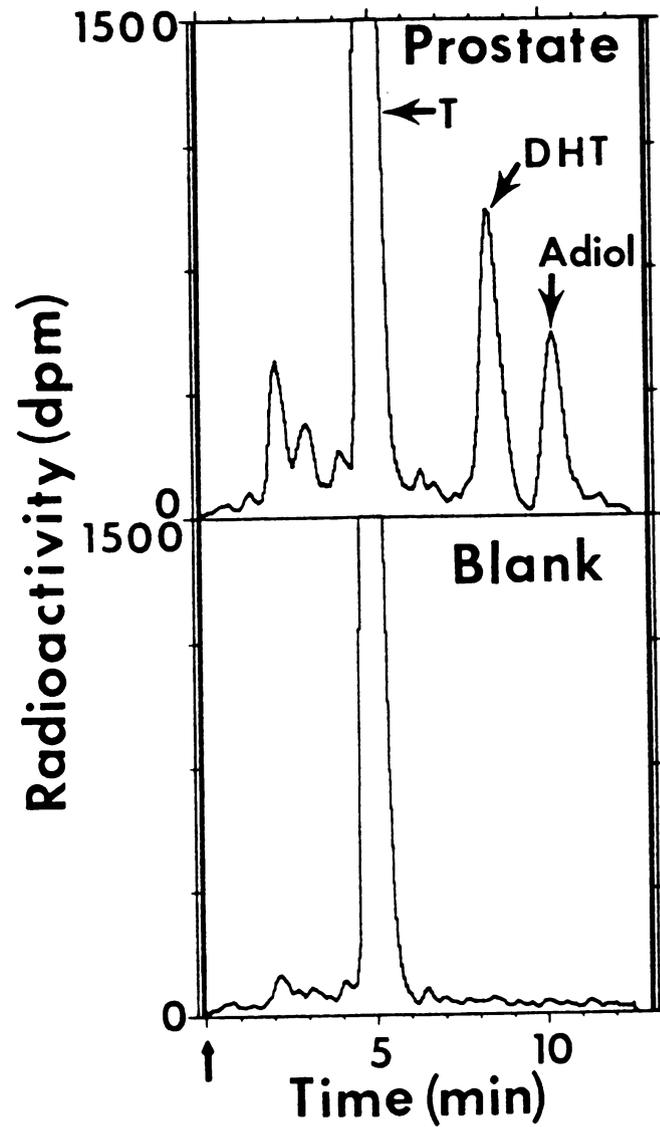


FIGURE 14 HPLC separation of ^{14}C -labelled testosterone metabolites. Conditions were 18% THF, 22% methanol, 18% acetonitrile, 42% water on and Altex 3μ C-18 column. HPLC flow rate was 1.0 ml/min., scintillant added at 2.5 ml/min.

to deliver normally, and maintained on PBB treated feed until pups were 28 days old. When pups were 28 days old, they were weaned onto the control diet, and maintained until 120 days old.

Testicular testosterone synthesis was evaluated in 120 day old adult males. Each rat was lightly anesthetized with ether, and a blood sample was taken by cardiac puncture. Still under ether anesthesia, each male received an injection of 2.5 IU of hCG (Sigma Chemical, St. Louis, MO) in 0.25 ml sterile saline in the dorsal penis vein. Repeat blood samples were taken from each male 45 and 90 minutes following hCG injection. Blood was allowed to clot at room temperature for 2 hours, and serum was collected and frozen at -20° C. until assayed for plasma testosterone. Blood testosterone values were determined by RIA as previously described (chapt 3).

Statistical Analysis

Statistical testing was done using Student's t-test ($p < 0.05$). Multiple comparisons were made using analysis of variance followed by Duncan's New Multiple Range Test ($p < 0.05$).

RESULTS

Prostatic 5 α -reductase activity

Treatment of adult male rats with 150 mg/kg PBB resulted in unchanged body weights, but decreased prostatic weights 14 and 90 days after treatment. Submandibular gland was smaller 90 days after PBB administration (Table 6). Castration decreased prostatic weight 14 days after orchidectomy.

PBB treatment did not alter 5 α -reductase activity in prostate or submandibular gland on any day tested. There was a small increase in the formation of polar testosterone metabolites 14 days after treatment in prostates from PBB treated animals (Table 7). Castration resulted in approximately a two-fold increase in the in vitro formation of 5 α -reduced testosterone metabolites compared with control males.

Perinatal PBB treatment and adult testosterone synthesis

Injection of 0.25 ml of normal saline into control rats resulted in no change in blood testosterone titer by 90 minutes post-injection. Perinatal PBB treatment did not result in any change in the ability of the testes to synthesize testosterone. Both basal and post-hCG testosterone titers were similar in control and PBB treated rats.

TABLE 6
Effect of adult administration of 150 mg/kg of
fireMaster BP-6 on body, prostate and submandibular gland
(SMG) weights.

group	body weight (g)	prostate (mg/100gbw)	SMG (mg/100gbw)
<u>14 days after treatment</u>			
control	363 \pm 5.5 (15)	141 \pm 8.3	-----
PBB	367 \pm 6.8 (15)	126 \pm 8.2*	-----
castrate	361 \pm 7.5 (5)	24 \pm 6.9*	-----
<u>90 days after treatment</u>			
control	418 \pm 5.4 (15)	132 \pm 4.0	159 \pm 4.9
PBB	412 \pm 6.5 (14)	111 \pm 2.7*	148 \pm 4.5*

all measures are mean \pm standard error (n)

*statistically different from control by Student's t-test
(control vs PBB) or Duncan's New Multiple Range Test
(control vs PBB vs castrate)(p<0.05)

TABLE 7
Effect of adult administration of 150mg/kg of fireMaster BP-6 on reductive testosterone metabolism in rat prostate and submandibular gland.

group	Polar (pmol/mg/hr)	5a-DHT (pmol/mg/hr)	Adiol (pmol/mg/hr)	Total reduced (pmol/mg/hr)
<u>Prostatic testosterone metabolism 14 days after treatment</u>				
control	.032±.006(15)	.78±.05	.46±.04	1.24±.09
PBB	.050±.007(14)*	.78±.05	.41±.03	1.19±.06
castrate	.025±.010 (5)	1.59±.37*	2.41±1.2*	4.00±1.6*
<u>Prostatic testosterone metabolism 90 days after treatment</u>				
control	-----	.37±.02(15)	.15±.02	.52±.03
PBB	-----	.41±.04(15)	.18±.03	.59±.07
<u>Submandibular gland 5a-reductase activity 90 days after treatment</u>				
control	-----	1.81±.23(15)	.10±.03	1.91±.24
PBB	-----	1.72±.11(14)	.06±.01	1.79±.11

all measures are mean + standard error (n)

*indicates statistically different from control by Student's t-test (p<0.05)

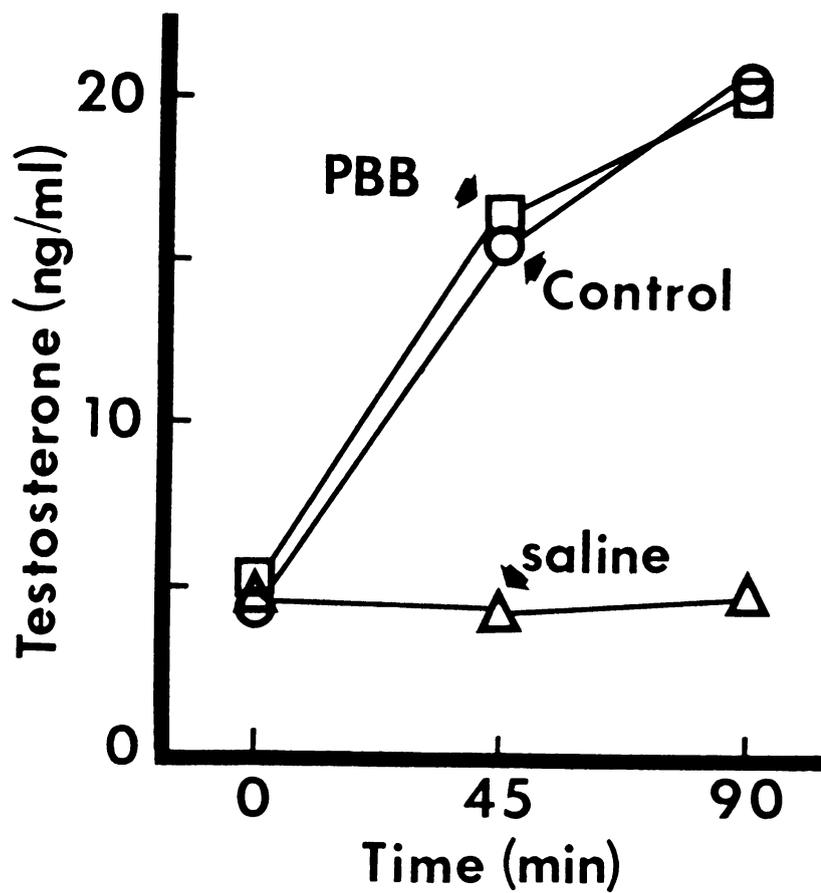


FIGURE 15 Effect of perinatal PBB treatment on testicular response to hCG in adults. Each rat received 2.5 IU of hCG at time 0. Each point represents at least 8 animals; error bars are within the symbol.

DISCUSSION

Reduction of testosterone to 5 α -dihydrotestosterone (DHT) is an important activational step in many androgen target tissues. DHT is a more potent androgen than is testosterone, and in some tissues has a six-fold greater binding affinity for the androgen receptor (Liang et.al.,1984). In prostate, testosterone is first converted to DHT by 5 α -reductase, then DHT may be further metabolized to either 5 α -androstane-3 α ,17 β -diol (Adiol) or 5 α -androstane-3 β ,17 β -diol (3 β -Diol). Adiol acts as a storage form of DHT and may be converted back to DHT by 3 α -hydroxysteroid dehydrogenase. 3 β -Diol, on the other hand is rapidly hydroxylated, and has little or no biological activity (Tenniswood et.al., 1982; Ofner et.al., 1982; Ofner et.al., 1979). Because Adiol may be converted to DHT, it has androgenic activity, and its formation should be included when total 5 α -reductase activity is assessed. Although both DHT and testosterone act as androgens by binding to the cytoplasmic androgen receptor and being translocated to the nucleus, DHT is a more potent androgen. Since DHT is more active than testosterone in promoting growth and maintaining secretory activity of

androgen target tissues, defects in the 5 α -reductase pathway may reduce the efficacy of circulating testosterone (Imperato-McGinley, et.al., 1985).

The 5 α -reductase activity of the ventral prostate is believed to be under the control of circulating androgens. Celotti et.al., (1979) have demonstrated that by 5 weeks following castration prostatic 5 α -reductase activity is reduced relative to control rats, and that treatment with either testosterone or DHT will restore the activity to control levels. Our results showed that castration actually increased 5 α -reductase activity in the prostate. Two explanations are possible for the difference in effects between our results, and those reported by Celotti and co-workers (1979); first, our 5 α -reductase determinations were carried out after only two weeks of castration, and second, we incubated with post-mitochondrial supernatants from tissue homogenates, while Celotti used fragments of whole tissue in his assay. It is possible that 5 α -reductase activity exhibits a biphasic response to castration, with final activity of the enzyme lower only after prostatic regression is complete. In addition, whole tissue may be expected to show a different response to castration than microsomes in an in vitro incubation. Our in vitro technique used only the post-mitochondrial supernatant in the determination of 5 α -reductase activity. Prostatic epithelial cells have the 5 α -reductase present

not only in microsomes, but in virtually every cell fraction examined, including nucleus, cell membrane and cytosol fractions (Ofner et.al., 1982; Shimazaki et.al., 1972). Castration may result in decreased amounts of microsomal and cytosolic proteins, resulting in apparent increases in enzyme activity which are due in fact to lower amounts of non-active protein in the cell. It is important also to note that with in vitro techniques such as we employed here enzyme co-factors such as NADPH are delivered in high concentrations (approximately 0.3mM in our system). Prostate fragments from castrate animals are unlikely to have high co-factor concentrations to support androgen metabolism, since cellular growth is androgen regulated.

Despite the effect of castration on prostatic 5 α -reductase activity, PBB treatment failed to alter the production of either DHT or Adiol at either time tested. Since PBB treatment decreases 5 α -reductase activity in liver (Newton et.al., 1982), it was felt that a corresponding change might be manifest in prostatic tissue. These results show, however, that acute treatment of adult rats does not alter DHT or Adiol production in in vitro prostatic assays. Since Newton and co-workers (1982) used rats treated throughout development with PBB before finding decreased hepatic 5 α -reductase activity, it is possible that more extensive PBB treatment may be required to alter prostatic testosterone reduction. It is apparent however,

that acute PBB treatment can interfere with prostatic growth (Table 6) even though it does not affect 5 α -reductase activity. Since adult treatment with PBB lowers blood testosterone titer (Figure 13), it is most likely that the lower prostate weights seen in PBB treated rats are due largely to effects on blood androgen titers, rather than to effects on prostatic testosterone metabolism. It is interesting that prostatic weights are still reduced 90 days after PBB treatment (Table 6), even though blood testosterone titer has returned to control values (Figure 13). At least two explanations may be offered for this apparent discrepancy:

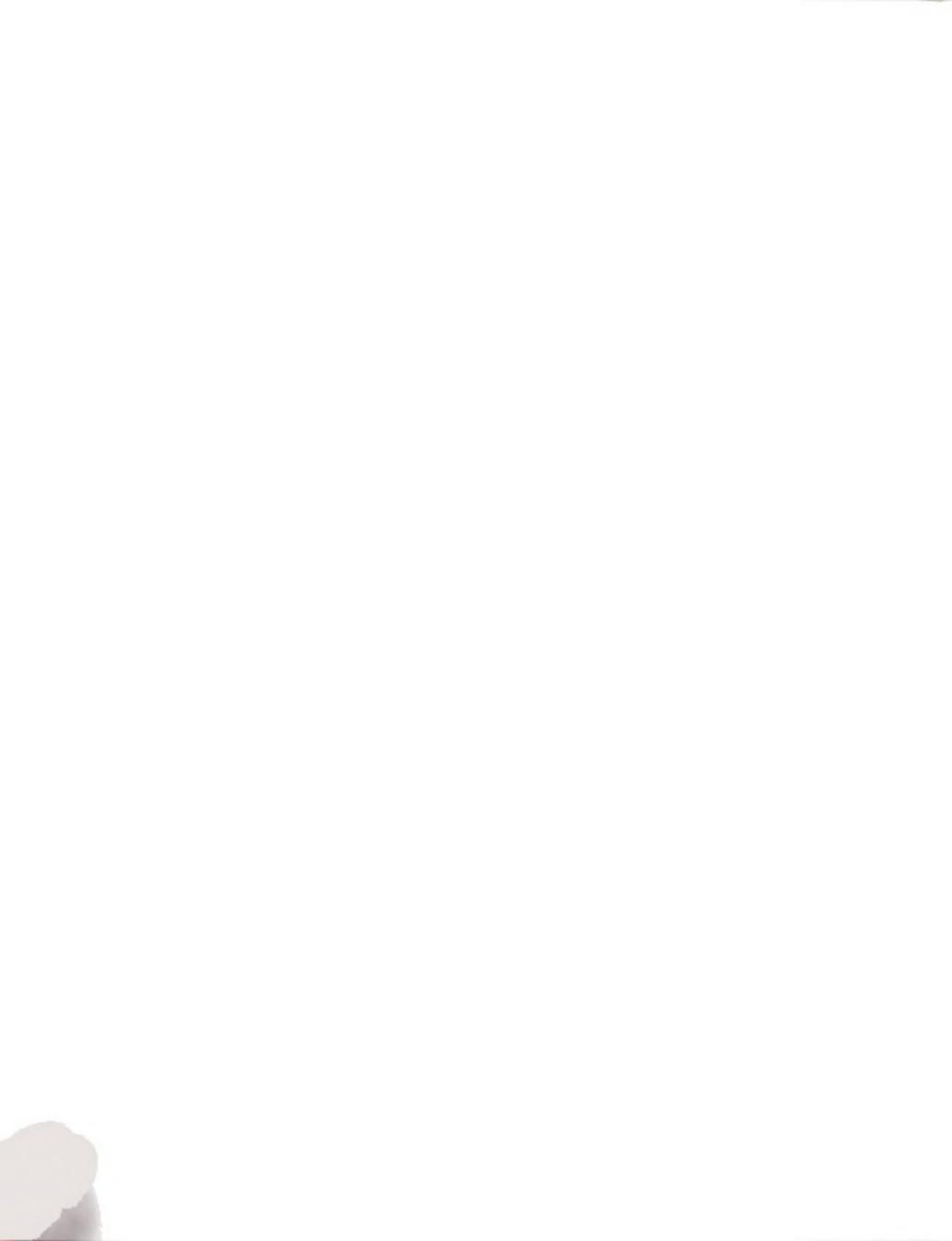
1. Prostatic weight values may recover more slowly than do blood testosterone titers from the effects of PBB treatment. This might be especially true if PBB exerts a direct cytotoxic effect on prostatic tissue, and the decreased prostatic weights are due to direct effects of PBB, rather than to the decreased testosterone titers seen in treated animals.

2. Our blood testosterone values were measured at 1100 hours, near the mid-morning circadian peak in testosterone titer (Simpkins et.al., 1981). Since instantaneous blood testosterone values cannot be used to tell what is happening throughout the circadian cycle, it is possible that peak values may be similar in PBB and control animals, yet PBB treated animals may have lower

average blood androgen titers due to more rapid metabolic clearance. If this is the case, prostate from PBB treated animals could be smaller due to lower average blood androgen activity, yet peak testosterone titers could be similar to those seen in control animals.

In order to determine which of the above explanations is likely to be correct, two additional experiments should be performed; first, blood testosterone titer should be assessed throughout the diurnal cycle in both PBB and control animals and second, controlled-release testosterone capsules might be implanted in control and PBB treated animals so that testosterone titer may be changed independantly of PBB treatment.

PBB treated animals did show a small increase in the prostatic production of polar testosterone metabolites. It is difficult to determine whether this effect is of physiological significance. Since the amount of polar metabolites we found was small relative to the amount of 5 α -reduced metabolites produced, it may be that this effect is of minimal importance. However, Tenniswood et.al.(1982) have pointed out that polyhydroxylated androgens are not well extracted into common organic solvents, and our extraction technique may not have extracted polar metabolites quantitatively. For many years, it was believed that rat prostate did not form 3 β -reduced androstanediols because they were not found in prostatic



tissue incubations. Later it became evident that the 3 β -Diol was rapidly metabolized to highly polar androstanetriols, which had not been detected in earlier assays because they were not extracted from the incubation mixture by the method used (Tenniswood et.al., 1982; Haaparanta et.al., 1984). Since our extraction technique was not optimized for the recovery of polar metabolites, there may have been quantities of androstane poly-ols which were not recovered. Our results suggest that PBB treatment increases the production of polar metabolites from testosterone in the ventral prostate. Haaparanta and co-workers (1984) have shown that both phenobarbital and β NF increase the production of androstanetriols in prostate when 3 β -Diol is used as the substrate. The increase in polar metabolites seen in PBB treated rats may represent increased hydroxylation of reduced androgens. The final resolution of this question must await experiments specifically designed to detect highly polar androgen metabolites.

Submandibular gland is an androgen sensitive target tissue which contains both 5 α -reductase activity and androgen receptors (Koshika et.al., 1984). Submandibular gland 5 α -reductase activity was studied in rats 90 days after PBB treatment because the gland is easily removed, and might provide another site for the determination of PBB effects on 5 α -reductase activity. Our results show that as

in prostate, submandibular gland 5 α -reductase activity is unaffected by PBB treatment.

These studies also showed that PBB treatment failed to alter the conversion of 5 α -DHT to Adiol. Castration and hormone treatment do not affect the production of 3 α -Adiol from DHT (Celotti et.al., 1979). PBBs could reduce the efficacy of DHT through rapid conversion to 3 α -Adiol in prostate, but this apparently does not occur.

Another possible target for PBB effects on reproduction is the testicular synthesis of testosterone. These studies showed that animals treated perinatally with PBB have normal basal levels of plasma testosterone as adults (Figure 15), and that there is no deficit in testicular response to trophic hormone stimulation. Aged rats normally show decreased basal testosterone titer coupled with decreased testicular androgen synthesis following an hCG challenge (Simpkins et.al., 1982, Miller and Riegle, 1978). Rats affected by protein-calorie malnutrition also show decreased plasma testosterone and impaired response to hCG stimulation both during fasting, and during re-feeding (Becher, 1983). Our results suggest that protein-calorie malnutrition does not play a major role in PBB induced reproductive effects, since rats from the PBB treated group had normal testosterone production following hCG stimulation.

In summary, acute PBB treatment of adult rats does not

alter reductive metabolism of testosterone in ventral prostate or submandibular gland. PBB treated rats may have slight increases in the amount of polar testosterone metabolites produced by the ventral prostate, but the physiological significance of this is uncertain. Finally, perinatal PBB treatment alters neither basal blood testosterone titer nor testosterone synthesis following an hCG challenge.

CHAPTER 5

EFFECT OF PERINATAL PBB TREATMENT ON NEONATAL TESTOSTERONE
HYDROXYLATION AND BLOOD TESTOSTERONE TITER

CHAPTER 5

INTRODUCTION

In rats, the critical period of brain sexual differentiation begins 7 days before birth (day 17 of gestation) and ends 5 days after birth (MacLusky and Naftolin, 1981). During the critical period the brain is exquisitely sensitive to even small alterations in circulating androgen titers. Influences such as prenatal stress which blunt the testosterone surge normally seen in male fetuses on day 18 of gestation, can have permanent effects on adult reproductive physiology and sexual behavior (Ward and Weisz, 1980; Ward, 1972; Rhee and Fleming, 1980; Orth et.al., 1981). In rats and mice, female fetuses located between two male fetuses in utero have masculinized morphology at birth, and masculinized behavior as adults when compared with littermates located between female fetuses in utero (Clemens et.al., 1978; vomSaal et.al., 1980). Doses of testosterone propionate as small as 10 μ g administered on day 5 postnatally can result in anovulatory sterility in female rats (DaMassa et.al., 1983). Because of the high sensitivity of fetal and neonatal brain to circulating androgens, alteration of the

endocrine environment during development has the potential to permanently alter adult reproductive behavior and physiology.

Treatment of animals with mixed-function oxidase inducers such as PCB and PBB results in increased microsomal metabolism of steroid hormones (McCormack et.al., 1981; Johnston et.al., 1980; McCormack et.al., 1979; Newton et.al., 1982). Increased steroid metabolism during the fetal and neonatal period has the potential to decrease circulating steroid titer, particularly since normal feedback mechanisms which regulate steroid synthesis may be poorly developed during this time. Other studies have established that prenatal treatment with PCB or TCDD increases hepatic drug metabolism in neonates (Lucier et.al., 1979; Dieringer et.al., 1979). These studies demonstrate that polyhalogenated hydrocarbons cross the placenta in sufficient quantities to induce hepatic MFO activity. It is known that PBB crosses the placenta in rat, as well as in other species (Rickert et.al., 1978), although PBB induction of fetal MFOs has not been previously demonstrated.

The purpose of these studies was to determine whether PBBs cross the placenta in sufficient quantities to induce fetal hepatic MFOs. In addition, we wished to investigate

the manner in which PBB treatment might alter fetal and neonatal steroid metabolism, and determine whether PBB treatment alters circulating testosterone titers during the critical period of brain sexual differentiation.

METHODSAnimals and Treatment

Timed pregnant Sprague-Dawley rats were obtained from Harlan (Haslett, MI) and housed under 12:12 inphase light:dark conditions with food and water available ad lib. On day 8 of gestation (Plug date= day 0) pregnant rats were assigned to either the control or PBB treated group. Dams in the PBB treated group received ground Wayne Lab-Blox containing 100ppm of the polybrominated biphenyl mixture fireMaster BP-6 (lot #6244-A, Michigan Chemical Corp. St.Louis MI). Control dams received ground Lab-Blox.

On days 21 and 22 (birth normally occurs on day 22) of gestation and on days 1 and 3 post-partum the fetal or neonatal rats were removed from the mother. Each pup was weighed and the crown-rump length and ano-genital distance were measured. Pups were then killed by decapitation and trunk blood was collected in heparinized capillary tubes. The pups were sexed by dissection, and livers and blood pooled according to sex. Each capillary tube containing blood was centrifuged, and tubes with hematocrit values of less than 35 were discarded to minimize dilution of pooled

blood samples by interstitial fluid.

Liver microsomes were prepared by the method of Dent et.al., (1976). Pooled livers were minced and homogenized in ice cold 20mM Tris-HCl buffer (pH=7.4) containing 1.15% KCl, and centrifuged at 10,000 x g for 20 minutes. The resulting supernatant was centrifuged at 105,000 x g for 60 minutes, and the microsomal pellet was resuspended in 66mM Tris-HCl buffer containing 250mM sucrose. The microsomes were frozen in 1ml aliquots at -70°C until needed (less than 14 days).

Assays

Plasma testosterone in male control and PBB treated pups was determined using a solid-phase RIA kit purchased from Diagnostic Products Corp. (Los Angeles, CA). The kit was validated for use in rats with testosterone spiked rat serum from castrated/adrenalectomized rats. Cross reactivity of the antibody was 8% for DHT and 3% for androstenedione. Intra-assay coefficient of variation in our hands was 4.5%.

Activity of ethoxyresorufin-O-deethylase (EROD) was determined (in vitro) by the method of Johnson et.al. (1979). Each incubation tube contained approximately 0.5 mg of microsomal protein (as determined by the Lowry method) and an NADPH regenerating system (4.5 μM glucose-6-phosphate, 0.3 μM NADP, 0.3 μM NADH, 0.1 μM NADPH, and 1U glucose-6-phosphate dehydrogenase) in a total volume

of 1.0ml. The reaction was started by the addition of 10 μ l of 0.125mM ethoxyresorufin (Pierce Chemical, Rockford, IL). The reaction mixture was incubated for 5 minutes at 37 $^{\circ}$ C, and the reaction was stopped by the addition of cold acetone. The resorufin present was quantified by spectrofluorimetry; excitation = 510nm, emission = 586nm.

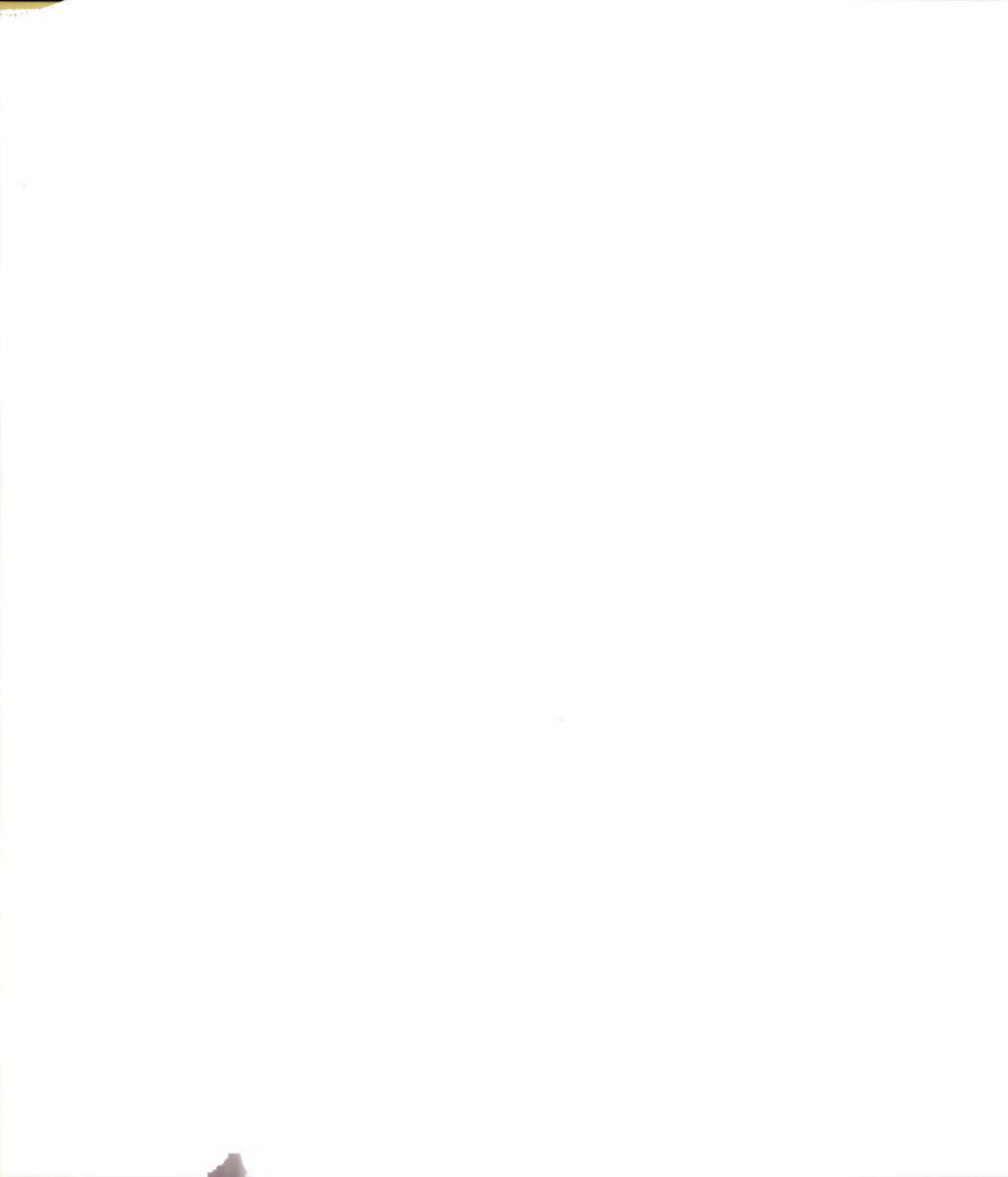
Benzphetamine-N-demethylase (BND) activity was determined by the method of Prough and Ziegler (1977). Hepatic microsomes were incubated with an NADPH regenerating system as described above, and the reaction was started by the addition of 1.5 μ mole benzphetamine (donated by the UpJohn Corp., Kalamzoo, MI). After incubation for 10 minutes at 37 $^{\circ}$ C, the reaction was stopped by the addition of 1.0ml of 10% TCA. The formaldehyde produced by benzphetamine demethylation was measured using the acetate/acetoacetone method of Nash (1953), and the chromophore was measured by U.V. absorption at 415nm.

Microsomal testosterone hydroxylation was determined using the HPLC method of Newton et.al. (1982). Each incubation tube contained 0.8mg of microsomal protein and and NADPH regenerating system in a total volume of 1.0ml as described above. The reaction was started by the addition of 115 μ mole of testosterone in 10 μ l of DMSO. After incubation for 30 minutes at 37 $^{\circ}$ C, the reaction was stopped by the addition of 5 volumes of chloroform/ether

(1/3), and the incubation mixture was extracted three times with 5 volumes of chloroform/ether mixture. The extract was evaporated to dryness, resuspended in 1.0ml ethanol, and filtered. The testosterone metabolites 7 α -hydroxytestosterone, 6 β -hydroxytestosterone, and 16 α -hydroxytestosterone were separated and quantified by HPLC using 24% THF as the eluent with an Altex 5 μ Ultrasphere ODS column. Testosterone and its hydroxylated metabolites were quantified by U.V. absorbance at 254nm using a Waters 760 recording integrator.

Statistical Analysis

PBB and control groups were compared for each day tested using Student's t-test ($p < 0.05$).



RESULTS

PBB treatment resulted in decreased ano-genital distance, crown-rump length and body weight in male fetuses and neonates on all days tested (Figure 16). Since decreased ano-genital distance can result from delayed maturation, ano-genital distance was scaled against crown-rump length using the formula:

$$\text{corrected A-G distance} = \frac{\text{ano-genital distance}}{\text{crown-rump length}}$$

After adjustment for crown-rump length, ano-genital distance in PBB treated male pups was smaller on day 21 and 22 of gestation, but not on day 1 or 3 postnatally (Table 8).

Preliminary statistical analysis demonstrated that male and female pups did not differ in rate of testosterone metabolism, EROD or BND activity. PBB treatment significantly increased formation of 7 α -hydroxy testosterone on day 22, 23 and 25 post-conception. Formation of 16 α -hydroxy testosterone was increased by PBB treatment on days 22 and 25 post-conception, and 6 β -hydroxylation was increased on day 22 only (Figure 17).

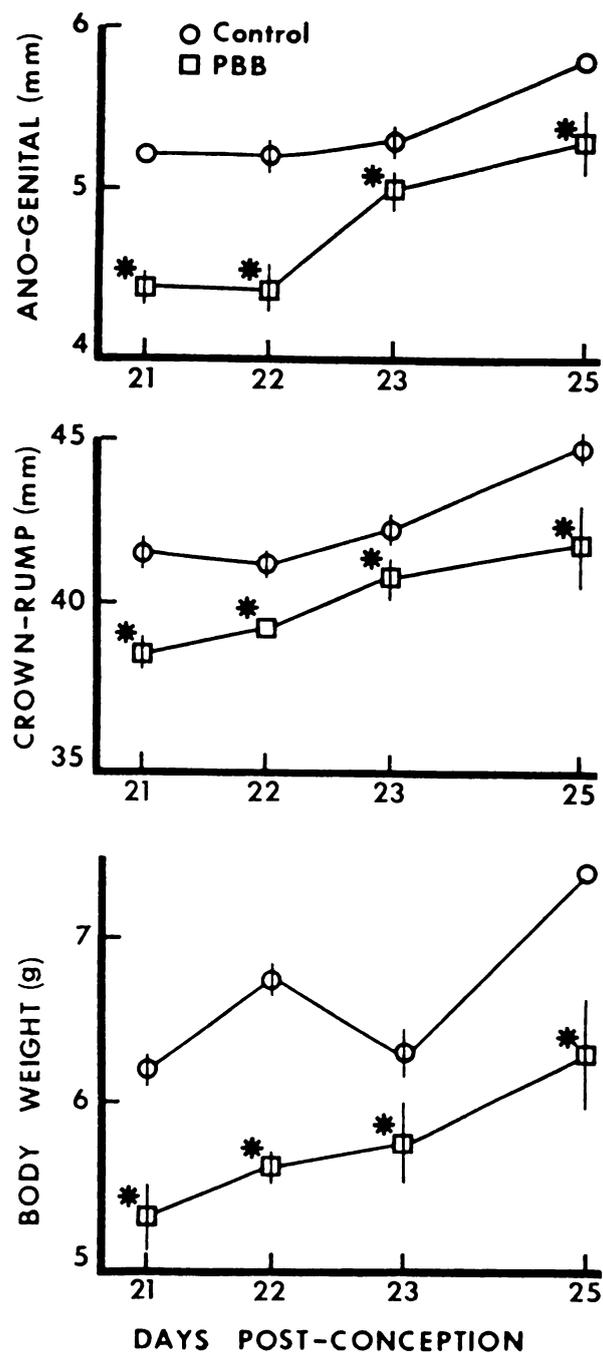


FIGURE 16 Effect of PBB treatment on fetal and neonatal growth and development. All measures are mean \pm standard error; ($n > 6$ for all points). * Statistically different from control by Student's t-test (< 0.05).



Table 8
Ano-genital distance in male rat pups after correction for crown-rump length

group	21	22	23	25
Control	.125 \pm .002(22)	.126 \pm .002(24)	.127 \pm .002(12)	.129 \pm .001(14)
PBB	.115 \pm .003(20)+	.113 \pm .004(11)*	.112 \pm .004(7)	.126 \pm .003(6)

All measures are mean \pm standard error (n).

*Statistically different from control by Student's t-test ($p < 0.05$).
 Ano-genital distance was corrected using the formula:

$$\text{corrected value} = \frac{\text{ano-genital distance}}{\text{crown-rump length}}$$

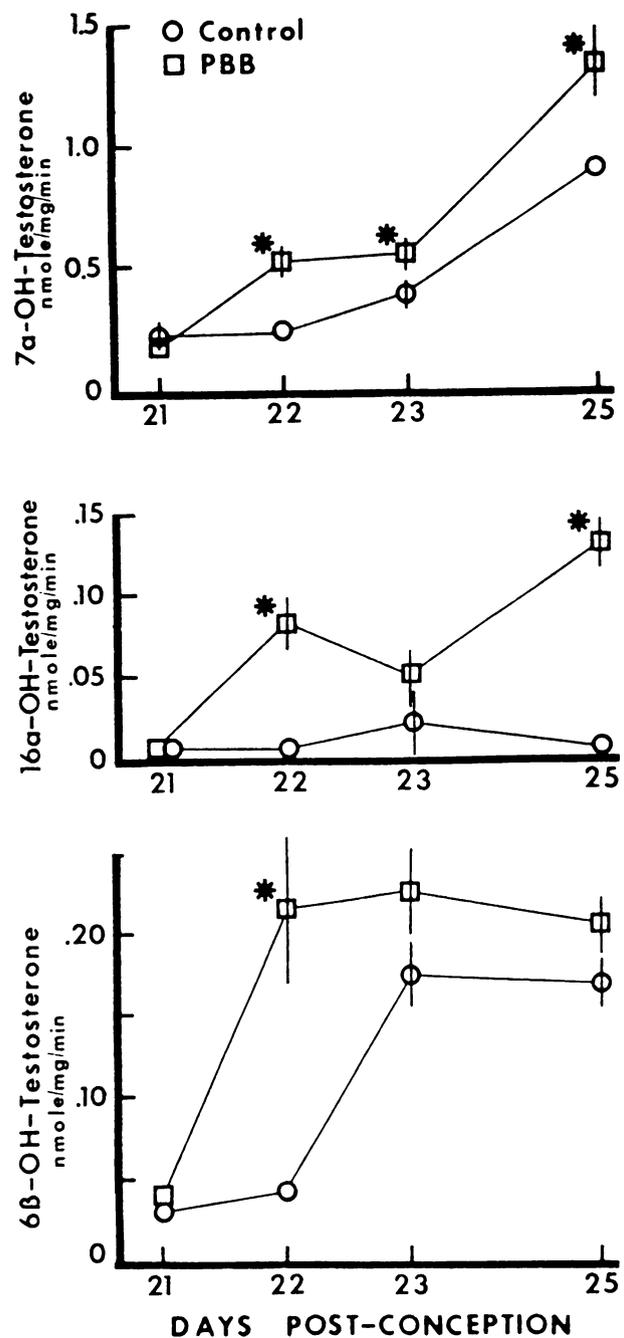


FIGURE 17. PBB induction of testosterone hydroxylation in fetal and neonatal liver microsomes. All measures are mean \pm standard error ($n > 5$). *Statistically different from control by Student's t-test ($p < 0.05$).

Total hydroxylated testosterone formed was increased by PBB treatment on day 22, 23 and 25, but not on day 21 post-conception (Figure 18). PBB treatment increased EROD activity on all days tested, but benzphetamine demethylation was increased only on day 22, 23, and 25 post-conception (Figure 18).

Plasma testosterone titer of male pups was measured in plasma samples pooled by litter. Plasma testosterone titers showed great variability on each day tested, with some overlap between control and PBB distributions. Although mean plasma testosterone titers were lower in PBB treated rats on day 22, 23 and 25 post-conception, the extreme variability of the measurements resulted in a statistically significant difference only on day 25 post-conception.

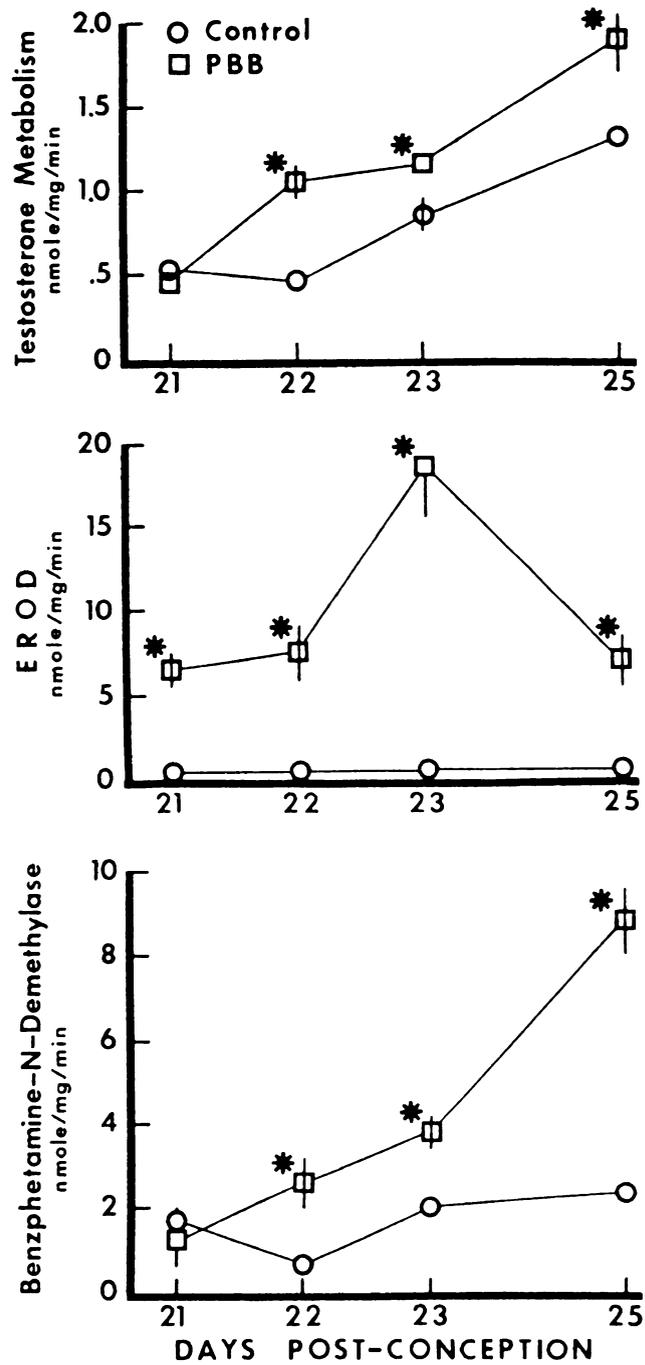


FIGURE 18 Effect of PBB treatment on hepatic mixed-function oxidase activity in the perinatal rat. All measures are mean \pm standard error ($n > 5$ for each point). *Statistically different from control by Student's t-test ($p < 0.05$).



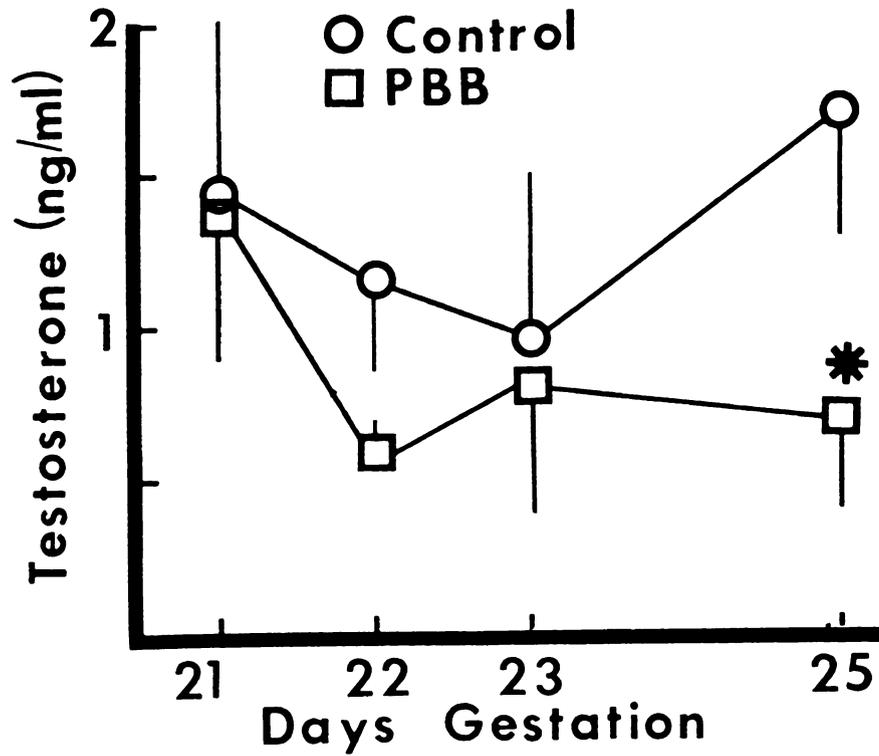


FIGURE 19 Effect of PBB treatment on blood testosterone titer in perinatal rats. All measures are mean \pm standard error ($n > 10$ for each point). *Statistically different from control by Student's t-test ($p < 0.05$).

DISCUSSION

These results show that treatment of pregnant rats with 100 ppm PBB causes significant decreases in weight and development of fetuses and neonates. Although PBBs are only weak teratogens, chronic PBB treatment slows maternal weight gain, and delays fetal development (McCormack et.al., 1982; Johnston et.al., 1980; Kay, 1977; Damstra et.al., 1982). Ano-genital distance is a commonly used index of fetal masculinization (Dahlof et.al., 1978) and may be used to assess the development of the male reproductive system. PBB treatment resulted in decreased male ano-genital distance, a possible indication of decreased androgen efficacy. Although raw A-G distances were lower on each day tested, correction for fetal body size by computing AG/crown-rump ratios shows that on day 23 and 25 post-conception the decreased ano-genital distance in PBB pups may have been due to delayed development, rather than a specific effect on sexual differentiation.

Fetal hepatic testosterone hydroxylation was tested beginning on day 21 of gestation. Day 21 was chosen as the starting point because pilot studies showed no detectable androgen metabolism in fetal livers on day 20 (data not

shown). Total testosterone hydroxylation was increased in PBB treated pups on days 22, 23 and 25 post-conception. Previous studies on PBB induction of MFO activity have shown that trans-placental PBB exposure may increase hepatic drug metabolism as early as 9 days post-partum, but there are no reports in the primary literature of enzyme induction prior to 8 days of age (Dent, 1978; McCormack et.al., 1979). TCDD has been found to increase AHH activity as early as four days before birth (day 18 gestation) (Lucier et.al., 1979), proving that fetal liver MFOS are inducible given the proper stimulus. Treatment of pregnant rats with PCBs has resulted in increased testosterone 16a-hydroxylation as early as 6 days post-partum, but not during gestation (Deiringer et.al., 1979).

Rat pups tested on day 22 of gestation were surgically removed from the mother prior to delivery. This is important, since a major route of exposure of neonates to PBBs is through mothers milk. These results establish that transplacental exposure alone will induce hepatic steroid hydroxylation, prior to PBB exposure during lactation. Further, these results show that PBB treatment increases hepatic steroid metabolism before birth. A major masculinizing influence for male behavior and physiology is the testosterone surge which normally occurs within two hours of birth (Rhoda et.al., 1984). Rat neonates exposed

to PBB in utero have increased activity of testosterone catabolic pathways, and the MFO induction may alter the efficacy of the post-partum testosterone surge in brain masculinization.

Adult rats have different patterns of hepatic steroid metabolism depending on sex. Male rats normally show increased activity of testosterone 16 α - and 6 β -hydroxylation relative to female rats, and female rats normally show greater testosterone 5 α -reductase activity than do males (Dieringer et.al., 1979; Gustafsson et.al., 1983; Schriefers et.al., 1972). The differences in hepatic metabolism between sexes is related to differing amounts of androgens available (6 β hydroxylation) and to perinatal differentiation of the hypothalamic- pituitary- liver axis (16 α -hydroxylation, 5 α -reduction). Adult control of metabolic activity in the liver is under control of growth hormone released by the pituitary (Rumbaugh and Colby, 1980; Mode et.al., 1983). Patterns of testosterone metabolism in perinatal rats did not differ according to sex in this study. This is in accord with numerous other studies which have shown that sex differences in metabolism do not begin to appear until puberty (Pasleau et.al., 1981; Gustafsson and Skett, 1971; Rifkind et.al., 1979; ElDefrawy et.al., 1974). Similarly, male and female rats both showed similar responses to PBB induction of steroid metabolism. For these reasons, data from male and female pups were

merged for the statistical and graphical evaluation of PBB effects.

Mixed-function oxidase inducers such as phenobarbital and PCB are known to increase hepatic testosterone hydroxylation (Nowicki and Norman, 1972; Conney and Klutch, 1963). PBB treatment of pre-pubertal and adult rats results in increases in 16 α , 7 α - and 6 β - hydroxylation of testosterone (Newton et.al., 1982) which vary in an age and sex dependant manner. Testosterone hydroxylation at 16 α , 7 α , and 6 β is increased by phenobarbital pretreatment, indicating that these enzymes are coupled to cytochrome P-450 (Conney and Klutch, 1963). Treatment with the P-448 inducer TCDD increases testosterone 7 α -hydroxylation (Gustafsson and Ingelman-Sundberg, 1979) as does treatment with 3-methylcholanthrene. Some compounds such as 3-MC and β NF normally thought of as mixed-function oxidase inducers actually decrease the activity of testosterone hydroxylation at 16 α - and 6 β - positions (Shiverick, 1981; Wood et.al., 1983) in adult rats. This study showed that prenatal PBB treatment increased total testosterone hydroxylation and 7 α -hydroxylation beginning on day 22 of gestation. PBB treatment also increased 16 α - and 6 β -hydroxylation in fetal rats on day 22 of gestation.

PBB treatment increased EROD activity on all days tested. TCDD treatment has been found to increase AHH activity in fetal rats as early as day 18 of gestation

(Lucier et.al., 1979). These results show that the genetic mechanisms to induce at least some MFOs are in place well before parturition, although neither the testosterone hydroxylases nor benzphetamine demethylase were inducible until day 22 of gestation (1 to 12 hours before birth). These results clearly show that PBBs cross the placenta in quantities sufficient to induce mixed-function oxidase activity, provided that the MFO in question is inducible during gestation. Dent (1978) has already shown that transplacental exposure alone is sufficient to increase MFO activity in 8 to 15 day old rat pups.

In adult rats, PBB administration accelerates testosterone metabolism sufficiently to decrease plasma testosterone titers (chapt 3), and decrease the efficacy of testosterone in maintaining prostate and seminal vesicle weight (McCormack et.al., 1979). Figure 19 shows that perinatal PBB administration markedly decreases plasma testosterone titer in 3 day old rats, and that mean testosterone titers are slightly decreased on day 22 of gestation as well. Fetal and neonatal rats normally show wide variations in plasma testosterone titer (Ward and Weisz, 1980, Rhoda et.al., 1984), and some females may have plasma testosterone titers higher than some male pups at a particular time. This wide variation in testosterone titers around the time of birth makes it difficult to statistically validate alterations in steroid concentration

which may be physiologically significant.

In summary:

1. PBBs cross the placenta in sufficient quantities to induce drug and steroid metabolism even before birth.
2. Total testosterone metabolism was increased by day 22 of gestation, and remained elevated on all days tested.
3. The induction of testosterone metabolism was associated with significant decreases in serum testosterone titer by day 3 post-partum.
4. Induction of testosterone metabolism and decreased serum testosterone associated with PBB treatment occurred during the "critical period" of brain differentiation, and therefore have the potential to alter perinatal androgen imprinting of the brain.

CHAPTER 6

EFFECT OF PERINATAL PBB TREATMENT ON ADULT
SEXUAL BEHAVIOR AND PHYSIOLOGY

CHAPTER 6

INTRODUCTION

The presence of adequate quantities of aromatizable androgens during fetal and neonatal life is important for normal differentiation of the central nervous system. In the rat, circulating androgens from the fetal testes are aromatized into estrogens in the anterior hypothalamus, and mediate the masculinization of adult behavior and physiology (Naftolin et.al., 1975; Weisz and Gibbs, 1974; George and Ojeda, 1982; Weisz and Ward, 1983).

Interruption of the availability of estrogen to developing brain, either through decreases in circulating androgen titer (Orth et.al., 1981; Ward and Weisz, 1980) or blockade of hypothalamic aromatization (Gorski et.al., 1977; Whalen and Olson, 1981; Weisz and Ward, 1983) results in demasculinization of adult reproductive physiology and behavior (Ward, 1972; Gorski et.al., 1978; Ward and Weisz, 1980; Ruppert and Clemens, 1981; Gladue and Clemens, 1980; Gogan et.al., 1980; Corbier, 1985).

The critical period for brain sexual differentiation in the rat is between day 16 of gestation and day 5 post-natal (MacLusky and Naftolin, 1981). Maternal PBB

treatment increases hepatic androgen metabolism, and decreases circulating testosterone titer during this critical period (chapt. 5), and therefore has the potential to interfere with brain differentiation. To determine if the decreased testosterone titer seen in PBB treated perinatal rats alters brain sexual differentiation adult behavior and physiology were tested.

Two different but related modes of brain behavioral differentiation may be assessed; masculinization and defeminization. Masculinization is often assessed by measuring copulatory behavior in male rats. Defeminization of male rats may be evaluated by measuring the occurrence of typically feminine behaviors such as lordosis. Severe impairment of brain masculinization may result in males which show an absence of intromittive or ejaculatory behavior patterns in adulthood (Ward, 1972; Rhees and Fleming, 1981; Gupta, 1978; Christensen and Clemens, 1975). Less severe effects on male behavior include prolonged intromission and ejaculation latencies, and decreases in mount and intromission frequency.

Defeminization of behavior and physiology in male rats is evidenced by very low levels of lordotic (feminine sexual) behavior in adults, and the absence of an LH surge following treatment of castrate rats with high doses of estradiol (Gogan et.al., 1980; Blackwell and Amos, 1971; Ward and Renz, 1972; Ward et.al., 1972; Clemens and Gladue,



1978). Female rats also have a slower post-castration rise in plasma LH following gonadectomy than do male rats. The difference in post-castration rate-of-rise of LH has been shown to depend on perinatal hormone exposure and could be used as a probe to determine the extent of brain defeminization(Justo and NegroVilar, 1979; DaMassa et.al., 1983; Johnson and Gay, 1983; Blackwell and Ames, 1971).

The extent of masculinization of PBB treated rats will be assessed by examining parameters of male copulatory behavior. Defeminization of behavior (lordotic responding) will be assessed in castrated and estrogen primed males, and defeminization of hypothalamic gonadotropin regulation will be determined by measuring the post-castration increase in plasma LH.



METHODS

Animals and Treatment

Timed pregnant Sprague-Dawley rats were obtained from Harlan (Indianapolis, IN) and housed under 12:12 inphase light:dark conditions with food and water available ad lib.. On day 8 of gestation, one-half the animals were assigned to the PBB group, and their food replaced with ground Wayne Lab-Blox containing 100ppm fireMaster BP-6. Control rats received ground Lab-Blox. Dams were allowed to deliver normally, and maintained on treated feed until pups were 28 days old. When pups were 28 days old they were weaned onto the control diet, and housed three per cage until 60 days old. When pups were 60 days old they were placed in individual cages in preparation for behavioral testing.

Masculine behavior testing

Male behavior testing began when pups were 75 days old. Ovariectomized females in behavioral estrus were used as stimuli. Two days before testing, stimulus females received 0.1mg estradiol benzoate; six hours before testing each female received 1mg of progesterone. Behavioral testing began one hour after the dark cycle

began and continued for three hours or less. The testing schedule was randomized so male rats were placed with different female partners for each test session.

After being removed from their cages, male rats were allowed 5 minutes to acclimate to the testing arena. Behavioral arenas were glass 10 gallon aquaria, having three sides covered with paper to reduce visual distraction. After males had acclimated to the arena, an estrus female was placed in the cage. Male behaviors were scored as mounts, intromissions, or ejaculations, and intromission and ejaculation latency were recorded. Each test was ended after 30 minutes, regardless of whether ejaculation had occurred. Ejaculations were confirmed by the presence of sperm in a vaginal rinse. Testing occurred once weekly for six consecutive weeks.

Ejaculations were reported on a cumulative basis, over the entire 6 week behavioral testing period. Ejaculatory latency was calculated as the time required after the first intromission before an ejaculatory behavior pattern was observed. Intromission latency and frequency was examined in detail for the last three weeks of behavior testing. Intromission frequency was calculated on the basis of the number of intromittive behaviors observed during the 30 minute test period. For purposes of analyzing intromission behavior, rats were divided into "ejaculating" and "non-ejaculating" groups based on whether



an ejaculatory pattern was seen during the last 3 behavioral tests. Males which did not show intromittive behaviors (8/35 PBB tests, 0/36 control) were excluded from calculations of intromission latency and frequency.

LH Response to Castration

Following the last male behavioral test, rats were allowed to recover for one week. Blood samples were taken by cardiac puncture under light ether anesthesia from PBB and control male rats and control female rats. The animals were then castrated or ovariectomized, and returned to their individual cages. Forty eight and ninety six hours after gonadectomy repeat blood samples were taken from each rat. Blood samples were allowed to clot for 2 hours at room temperature, and serum was removed, and stored at -20° C for six weeks until assayed for plasma LH.

Plasma LH was determined by RIA using the rat-LH kit supplied by the NIADDK. The assay used was a double anti-body method employing rabbit anti-LH at a final concentration of 1:50,000. The antigen-antibody complex was precipitated using goat anti-rabbit serum with a final concentration of 1:250. Sensitivity of the standard curve was 0.1ng/ml (rat LH-RP2) using 0.2ml serum samples. Total LH binding was 25.2%. LH values were computed using a logit/log transform of the standard curve (correlation coefficient = .994), and intra-assay coefficient of variation averaged 3.3%.

Feminine Behavior Testing

Two weeks following castration, male rats were tested for lordotic behavior. Prior to behavioral testing, rats were primed using 0.2mg estradiol benzoate (48 hours before) and 1mg progesterone (6 hours before). Female rats were also tested to provide baseline data, and to insure the continued vigor of the stud males used in the study.

Each castrate male was tested with a vigorous stud male until 10 good mounts had been achieved. The lordosis quality of the male was scored on a four point scale (Hardy and DeBold, 1971), from 0 (complete absence of lordosis) to 3 (complete dorsiflexion, with the stance held briefly after dismount). Lordosis quotient was computed for each run of ten mounts. Testing was carried out weekly for four consecutive weeks.

Statistical Tests

Behavioral count data (number of ejaculations and lordosis quotient) were evaluated using Chi-Square contingency tables ($p < 0.05$). Student's t-test ($p < 0.05$) was used to evaluate intromission and ejaculation latencies and intromission frequencies. Analysis of variance followed by Duncan's New Multiple Range Test was used to assess changes in post-castration LH dynamics ($p < 0.05$).

RESULTS

PBB treatment did not affect the number of male rats ejaculating, nor the cumulative number of ejaculations per group (Figure 20). Perinatal PBB treatment did significantly increase ejaculatory latency in comparison to control rats. Among non-ejaculating rats, PBB treated animals had prolonged intromission latency and decreased numbers of intromissions in a 30 minute test. Intromission latency and intromission frequency in ejaculating rats did not differ between control and PBB treated animals (Table 9). It should also be noted that in the 71 behavioral tests examined in detail, 8 of 35 tests of PBB treated males showed a complete absence of intromittive behaviors, and in 36 tests of control males none failed to achieve intromissions. The failure of some PBB treated males to achieve intromission was significant ($p(X^2) > 0.99$).

Radioimmunoassay of post-castration serum showed that female rats had a delayed LH response relative to control males. PBB treated males also had a feminized LH response to castration, i.e. plasma LH values 48 hours after castration were midway between control male and female

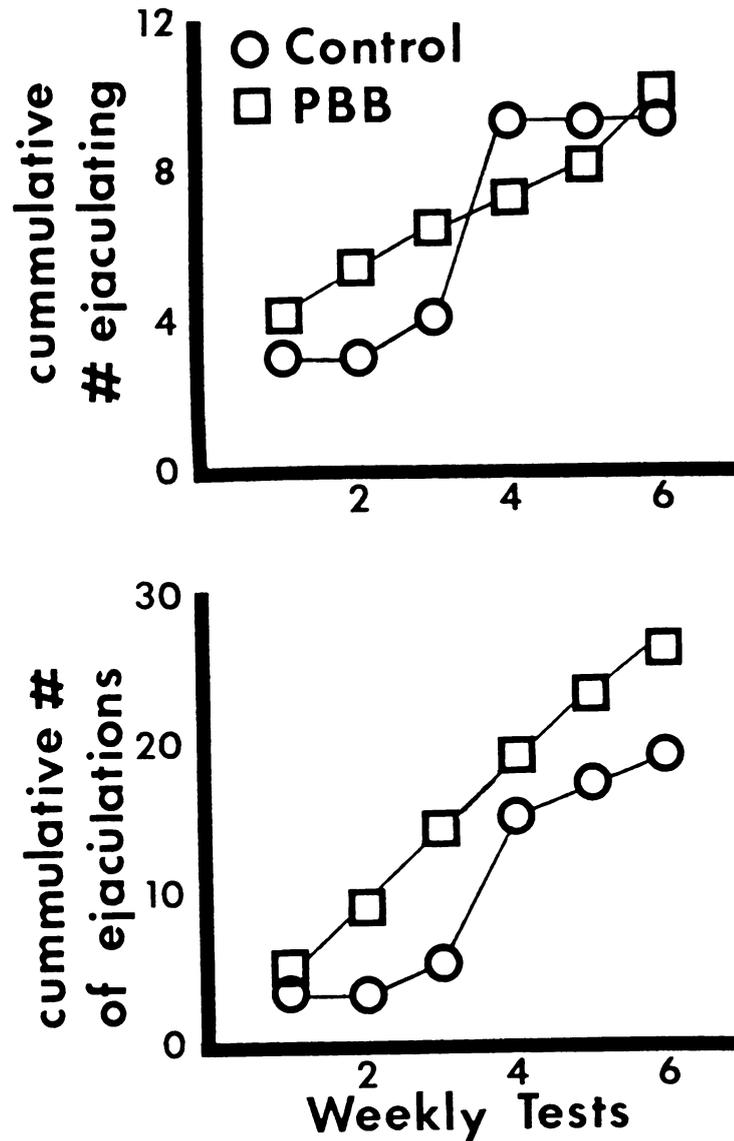


FIGURE 20 Perinatal PBB treatment does not affect adult ejaculatory frequency. Top shows male rats which ejaculated at least once during testing. Bottom shows total number of ejaculations of each group summed over the entire 6 week test. 12 male rats from each group were tested each week.

TABLE 9
Effect of perinatal PBB treatment on male sexual behavior in adult rats

group	<u>non - ejaculating</u>		<u>ejaculating</u>		ejaculation latency (min.)
	Intromission latency (min.)	number (per 30 min)	Intromission latency (min.)	number (per 30 min)	
control	5.1+ <u>.94</u> (24)	33+ <u>3.4</u> (24)	2.1+ <u>.72</u> (12)	52+ <u>6.4</u> (12)	14.3+ <u>1.8</u> (16)
PBB	8.2+ <u>1.5</u> (15)*	22+ <u>4.4</u> (15)*	2.3+ <u>.52</u> (12)	41+ <u>3.5</u> (12)	17.6+ <u>1.2</u> (22)*

Each measure is mean + standard error (n).

* Statistically different from control by Student's t-test (p<0.05).
this table does not include data from rats which did not display intromission
behavior during a particular test (8/35 of PBB group; 0/36 from control group)

values. Four days post-castration, PBB treated males had plasma LH values equivalent to those seen in control males while female LH titers remained lower than male (Table 10).

Perinatal PBB treatment did not affect adult feminine sexual behavior in male rats. PBB treated rats had lordosis quotients and lordosis quality scores which did not differ from those of control males (Figure 21).

TABLE 10
Effect of perinatal PBB treatment on LH response to castration in adult rats

group	48 hours		96 hours	
	pre-castration	post-castration	pre-castration	post-castration
control male	.16±.04 (11)	2.25±.23 (10)	2.22±.29 (10)	
PBB male	.12±.03 (9)	1.21±.10 (9)*	2.28±.26 (9)	
female	.11±.06 (6)	.59±.06 (5)*	1.56±.34 (4)*	

Each measure is mean ± standard error (n).

*Statistically different from control male by Duncan's New Multiple Range Test ($p < 0.05$).

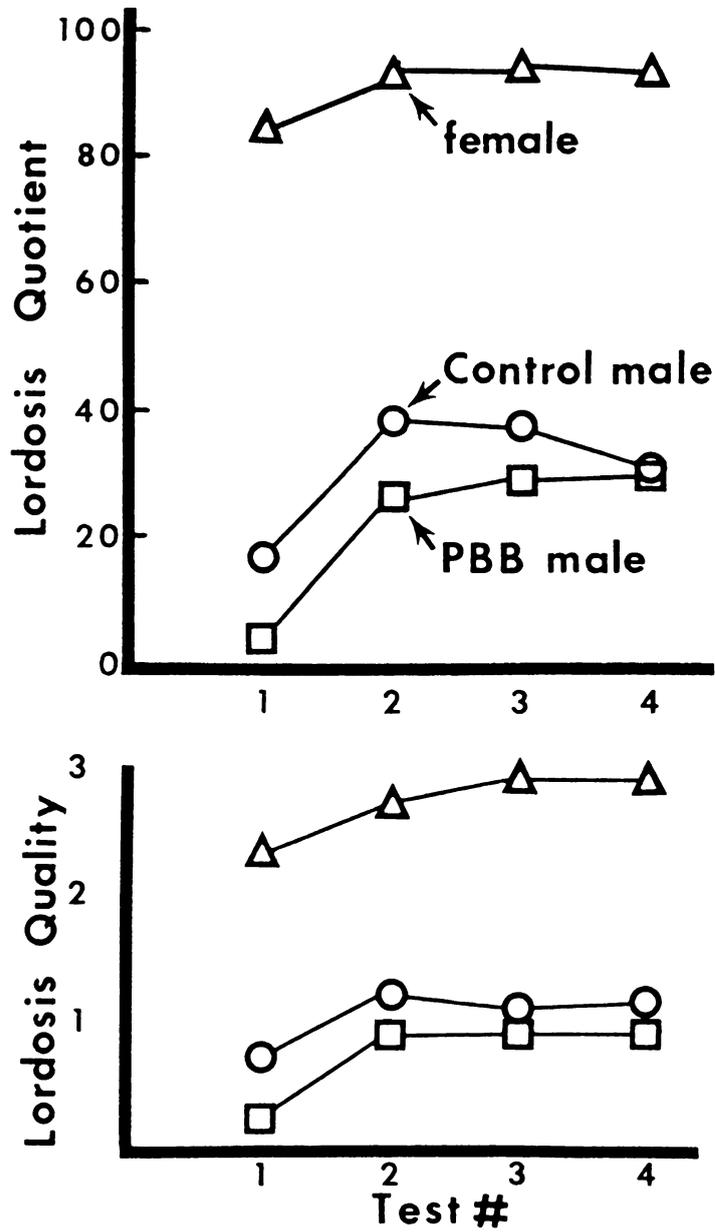


FIGURE 21. Perinatal PBB treatment does not increase lordosis quotient or lordosis quality in adult castrated, estrogen primed male rats. Each point represents 12 rats tested.

DISCUSSION

These results demonstrate an association of perinatal PBB treatment with impaired adult masculine copulatory behavior, and altered hypothalamic physiology. In the rat, masculinization and defeminization of behavior are two independent processes. In the control of gonadotropin secretion however, masculinization is the same as defeminization; i.e. the processes cannot be separated from each other as in behavior. When brain differentiation is assessed by testing the LH response to estradiol injection for example, there is no way to distinguish between a "masculinized" brain (tonic gonadotropin secretory patterns) and a "defeminized" brain (one which does not exhibit cyclic LH dynamics). Behavioral masculinization and defeminization, however, are independent processes which are not mutually exclusive. The independence of these two processes may be demonstrated by several lines of evidence. First, the appropriate combinations of endocrine or surgical intervention can produce either feminine or masculine behaviors in rats of either sex, indicating that the potential for heterotypical behavior exists in spite of the organizing actions of

perinatal hormones. Perinatal hormones appear to act by changing thresholds, rather than by qualitatively altering the fundamental neural circuits regulating behavior (Feder, 1982). Secondly, different hypothalamic nuclei are involved in the regulation of feminine and masculine behavior patterns, and some researchers have even suggested that right and left sides of the brain may play different roles in control of sexual behavior (Nordeen and Yahr, 1982). The pre-optic hypothalamus appears to control masculine sexual behavior, and the ventro-medial nucleus is involved in feminine sexual behavior. Both the pre-optic and ventro-medial nuclei are involved in the regulation of gonadotropin secretion (Nordeen and Yahr, 1982; Feder, 1982). Third, in some species, masculinization and defeminization may involve different organizing hormones (McEwen, 1981). In the guinea pig, behavior is masculinized by androgens, but defeminized by estrogens. Lastly, the period of maximum sensitivity for differentiation may be earlier for masculinization than for defeminization (Nordeen and Yahr, 1982; Feder, 1981). In spite of the differences between the masculinizing and defeminizing processes, they appear to proceed through similar mechanisms in the rat, and are often associated with similar endocrine treatments.

Many experimental treatments have been identified which alter normal sexual differentiation of rat brain.

Maternal stressors such as food restriction or restraint interfere with both masculinization and defeminization of behavior. Ward (1972) discovered that prenatal restraint/illumination stress resulted in impairment of male copulatory behavior, and increased lordosis quotients in males castrated and tested as adults. Maternal restraint stress was later found to abolish the peak of serum testosterone which normally occurs on day 18 and 19 of gestation in male fetuses (Ward and Weisz, 1980; Orth et.al., 1981). Maternal food restriction is another example of a stressor which results in demasculinization and feminization of adult sexual behavior (Rhees and Fleming, 1981). Endocrine manipulations such as neonatal castration or administration of testosterone antibodies also demasculinize adult behavior (Gupta, 1978; Corbier et.al., 1983), as does treatment with the anti-androgen flutamide (Clemens et.al., 1978). The masculinizing effects of neonatal androgens on behavior are mimicked by administration of estrogens (Rhoda et.al., 1984; Parsons et.al., 1984; Sodersten and Hansen 1978), and administration of anti-estrogens or aromatase inhibitors results in behavioral demasculinization (Ruppert and Clemens, 1981; Gladue and Clemens, 1980). These studies suggest that the estrogenic metabolites of androgen metabolism are important for the normal development of male copulatory behavior. Even exposure of neonatal rats to the

estrogenic pesticide chlordane has resulted in behavioral masculinization, although it did not cause defeminization (Gray 1982).

The results reported here further support the concept that masculinization and defeminization of developing brain are not tightly coupled. The increased ejaculation and intromission latencies seen in males treated perinatally with PBB are evidence of mild demasculinization. Testing of feminine behavior, however, revealed no increases in either lordosis quotient (numbers of lordosis responses) or lordosis quality. PBB treatment then, results in demasculinization, but not feminization of adult sexual behavior. Further evidence of the demasculinizing effects of PBB is the absence of intromittive behavior patterns in 8 of 35 tests of PBB rats; all control rats showed some level of intromittive behavior during behavioral testing.

Endocrine manipulations which are extremely potent demasculinizing agents also alter adult control of gonadotropin secretion. Testing for demasculinization of the LH control pathways in adult rats is usually carried out by attempting to evoke an LH surge in a castrated male by administration of a high dose of estradiol benzoate. Recently Corbier (1985) has pointed out that if the neonatal testosterone surge (between 0 and 2 hours post-partum) is allowed to occur, the LH surge mechanism is masculinized, and it becomes difficult to evoke a

female-like LH response after estrogen treatment. These results (Corbier, 1985) imply that a potent demasculinizing treatment was needed to fully feminize the adult control of gonadotropin secretion. Since perinatal PBB treatment seemed likely to be a "mild" rather than a "potent" demasculinizing influence, it was decided to test the possible feminization of the LH control mechanism in another way. In 1971 Blackwell and Ames noted that the rise in plasma LH following gonadectomy occurred more rapidly in male than in female rats. Male rats show an increase in plasma LH within 18 hours of castration, whereas female rats do not have a marked increase in LH for at least 36 hours. The study of LH dynamics following castration has been extended by Gay and co-workers (Johnson and Gay, 1983; Gay and Hauger, 1977), who noted that neonatal castration of males results in feminization of the post-castration LH surge, whereas females exposed to testosterone on day 2 have a masculinized LH response to castration. Exposure to as little as 10 μ g of testosterone propionate on post-natal day 3, 4 or 5 produced a male-like rapid rise in plasma LH following ovariectomy of female rats (DaMassa et.al., 1983). Other studies have demonstrated that adult steroids (testosterone vs. estradiol) do not have a strong influence on rate-of-rise of plasma LH after castration, and confirm that post-castration LH dynamics depend on perinatal brain differentiation (Justo and

NegroVilar, 1979).

These results show that perinatal PBB treatment demasculinizes the response of LH to castration (Table 10). Two days after castration, male rats treated perinatally with PBB had plasma LH titers midway between those seen in normal males and those of control females. By four days post-castration, PBB treated males had plasma LH titers equivalent to those seen in control males, while female LH titers were still somewhat lower. This shows that perinatal PBB treatment can affect hypothalamic control of adult reproductive physiology, even though there are no PBB related effects on basal LH titer (Figure 21, Johnston et.al., 1980).

The concept of PBB interfering with behavioral and physiological masculinization of the hypothalamus during the perinatal period is further supported by the observation that adult testosterone titers in PBB and control animals are the same (Figure 15, chapt. 4), and therefore the effects of PBB on behavior and LH dynamics are not mediated through differences in adult steroid titer. Although the demasculinization of behavior and physiology in PBB treated animals is associated with decreased testosterone titer in perinatal males, other endocrine and non-endocrine mechanisms may also affect adult behavior. It has been shown that maternal behavior during the perinatal period influences adult sexual

behavior patterns. Decreased maternal licking stimuli may result in impaired male copulatory behavior in adult rats (Moore, 1984). PBB induced disruptions of maternal nesting or nurturing behaviors therefore, could affect adult sexual behavior. In addition, decreased perinatal testosterone titer could alter morphological development, and interfere with the growth of structures such as penile papillae which are required to maintain erectile competence and normal copulatory sensation (Parrott, 1974). Since PBB treatment may have effects during the perinatal period which are not related to androgen induced brain differentiation, it is not possible to state unequivocally that the decreased masculinization seen in neonatally treated males is due to altered brain differentiation resulting from decreased perinatal testosterone titer. These results do show however, that perinatal PBB treatment results in demasculinization of adult sexual behavior and physiology.

In summary, perinatal PBB treatment results in increased hepatic testosterone oxidation and decreased plasma testosterone titer during the period of brain differentiation. These effects are associated with demasculinization of brain behavioral and physiological control mechanisms. This is shown by the demasculinization of male copulatory behavior and the feminization of hypothalamic LH regulation in adult male rats.

SUMMARY AND CONCLUSIONS

SUMMARY AND CONCLUSIONS

Polybrominated biphenyls (PBBs) are potent inducers of the mixed-function oxidase enzymes which metabolize steroid hormones. In vitro metabolism of estradiol, progesterone and testosterone is increased by PBB treatment (Bonhaus et.al., 1981; Newton et.al., 1982; Arneric et.al., 1980). Both progesterone and testosterone are more rapidly cleared from plasma following PBB administration, and the duration of progesterone anesthesia was decreased in PBB treated rats (McCormack et.al., 1981; Harris et.al., 1981; McCormack et.al., 1979). Male rats treated with PBB had decreased prostate and seminal vesicle weights as well as attenuated seminal vesicle growth following injections of exogenous testosterone (McCormack et.al., 1979; Johnston et.al., 1980).

Despite the evidence that PBB decreases the efficacy of reproductive steroids, previous research has failed to produce evidence that PBB treatment alters levels of endogenous steroid hormones in rats (Castracane et.al., 1982; Johnston et.al., 1980). There are many ways in which PBBs could act to modify reproduction:

1. PBB is known to increase plasma clearance of

steroid hormones (McCormack et.al., 1981), including testosterone. If testosterone synthesis did not change, increased plasma clearance would be expected to result in decreased basal androgen titers.

2. Testosterone synthesis could be affected by PBB. If PBB has a direct toxic effect on testicular leydig cells, it could reduce the amount of testosterone formed in response to pituitary gonadotropins. PBBs could also affect the hypothalamus or pituitary directly to decrease the amount of trophic hormones excreted, although no changes in plasma LH titer have been found in PBB treated animals (Johnston et.al., 1980).

3. PBB could alter the hypothalamic pituitary system in at least two ways. PBB present during development could alter steroid imprinting of the hypothalamus, either through direct toxic effects, or by altering the availability of circulating androgens. In adulthood, PBBs could act to impair the feedback control of hormone synthesis by altering central steroid metabolism, affecting binding of steroid hormones to CNS receptor sites, or directly attacking synthesis or release of hypothalamic or pituitary hormones.

4. PBB induced alterations in target organ steroid metabolism are also a possibility. PBBs are potent P-450 inducing agents, and alter hepatic steroid hydroxylation and reduction pathways (Newton et.al., 1982). Changes in

testosterone aromatization in the CNS, or alterations in 5 α -reductase activity in peripheral tissues could greatly reduce the efficacy of circulating androgens.

5. PBBs could also interfere with the action of reproductive steroids by altering either steroid-receptor binding, or by interfering with the receptor-genome interaction. To date, this hypothesis has not been tested.

The purpose of the experiments which are described here was to determine whether PBB treatment altered target organ metabolism of testosterone in brain or prostate, and to determine if perinatal PBB exposure affected brain differentiation. The first studies were directed toward understanding the interactions of PBBs with hypothalamic androgen aromatase. The aromatization of androgens to estrogens in the hypothalamus is an important step in feedback regulation of gonadotropin secretion and in steroid regulation of male sexual behavior (Selmanoff et.al., 1977; Worgul et.al., 1981; Kalra and Kalra, 1983; Popolow and Ward, 1976; Christensen and Clemens 1975; Naftolin et.al., 1975). The aromatase enzyme system is coupled to cytochrome P-450, and thus could be a target for induction by PBB (Thompson and Siiteri, 1974). If PBB treatment resulted in increased hypothalamic androgen aromatization, lowered blood testosterone titers from increased plasma steroid clearance could be compensated for by increased hypothalamic production of estrogens. The

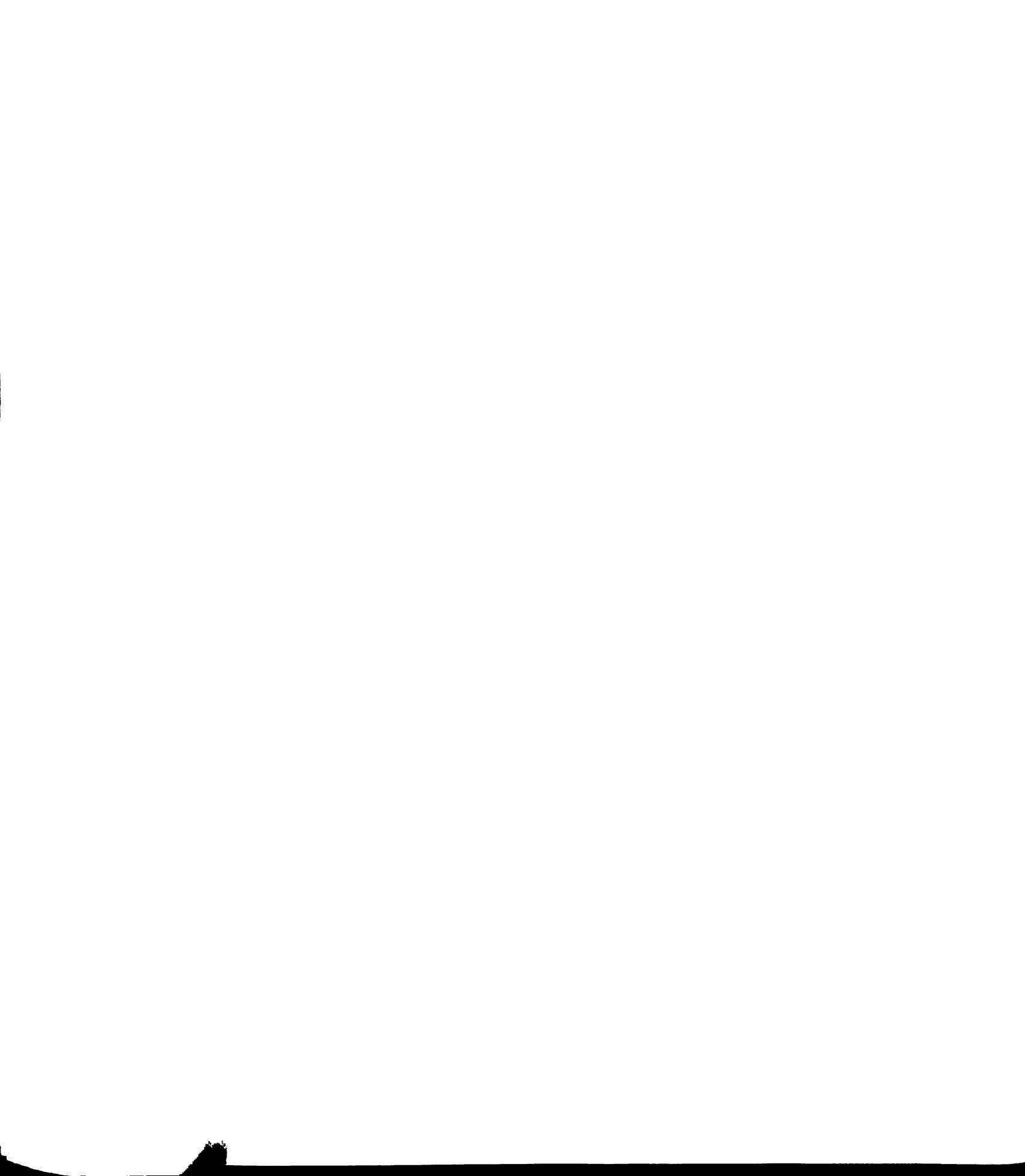
increased hypothalamic estrogen production would then prevent the activation of feedback mechanisms which would normally increase pituitary LH release. Thus, PBB treatment could alter circulating steroid titers by interfering with normal steroid feedback control of pituitary LH release. In order to determine whether effects on hypothalamic androgen aromatization contribute to PBB reproductive effects, it was necessary to first develop an improved assay for hypothalamic aromatase (HA).

The assay of hypothalamic aromatase activity used tritiated androstenedione in an in vitro incubation to produce radiolabelled estrone. The radioactive estrone produced by aromatization was separated by two successive HPLC steps, and quantified by liquid scintillation counting. This technique offered good recoveries (70 - 80%), and was sensitive enough to detect less than 5 femtomoles of estrone. The estrone produced by this technique was of very high purity (>95%), and the assay technique represented a substantial improvement over existing methods with respect to accuracy and ease of use.

It was then necessary to determine how hypothalamic aromatase activity was normally controlled in the rat. Early studies using rabbits (Reddy et.al., 1973) established that HA activity is sensitive to endocrine manipulation, but since rabbits are reflex ovulators the results obtained could not be applied to rats. Initial

studies verified that HA activity is approximately three times greater in male than in female rats, and that castration of adult males reduced HA activity to levels normally seen only in females. Hypothalamic aromatase activity in female rats did not vary throughout the 4 days of the estrus cycle. Since the hypothalamic aromatase enzyme is concentrated in a sexually dimorphic region of the hypothalamus, there was reason to suspect that its activity might be determined during perinatal brain differentiation. Perinatal hormone manipulation failed to affect adult hypothalamic aromatase activity. A masculinizing dose of testosterone propionate administered to female rats on day 3 of life did not increase adult HA activity. Similarly, perinatal administration of a feminizing dose of the aromatase inhibitor androsta-1,4,6-triene-3,17-dione did not reduce adult aromatase levels in male rats. Hypothalamic aromatase activity was equally inducible in adult males which had been castrated at birth, and in adult females by the administration of testosterone in subdermal silastic implants. These results established that hypothalamic aromatase activity in the rat is regulated by circulating levels of androgens in the adult animal, and not by perinatal endocrine influences. Shortly after these results were obtained, Roselli et.al., (1984) published similar findings.

Studies carried out in PBB treated rats revealed that PBB administration decreases both blood testosterone titer and hypothalamic aromatase activity. Lifelong PBB treatment of male rats resulted in decreased prostate and seminal vesicle weights, and a trend toward decreased hypothalamic aromatase activity. Lifelong PBB treatment also resulted in a trend toward decreased plasma testosterone titer which was not statistically significant, possibly because of insufficient numbers of test animals. Rats given PBB throughout life also were significantly smaller than control rats. The decreased body weight seen in chronically treated rats is due to decreased feed efficiency in PBB fed animals (Sleight and Sanger, 1976). Although animals suffering from protein-calorie malnutrition may also display decreased blood testosterone titers, malnutrition is probably not a major factor in the decreased testosterone seen in PBB treated animals. This was shown by the fact that adult animals given PBB in a single dose show decreased blood testosterone titers 14 days after treatment even though there was no decrease in body weight. Animals treated with PBB had decreased blood testosterone titers and decreased hypothalamic aromatase activity 14 days after treatment, but not 90 days post-treatment. Although decreased hypothalamic aromatase activity was associated with decreased serum testosterone titer, these experiments have not established a certain



cause and effect relationship. Additional experiments in which PBB treatment and blood testosterone are varied independantly will be required to establish that lowered HA activity in PBB treated animals is a result of lowered blood testosterone. These experiments do show that PBB treatment is capable of affecting parameters of neuroendocrine reproductive control.

Animals given a single injection of 150mg/kg of PBB as adults show lowered blood testosterone titers 14 days but not 90 days after treatment. The same animals have decreased prostate weights both 14 and 90 days after treatment. In order to determine whether altered prostatic 5a-reductase activity might be involved in the prostatic regression seen in PBB treated animals, prostatic homogenates were incubated with ^{14}C -testosterone, and the formation of 5a-DHT and 3a- androstenediol was measured. PBB treated animals did not show any differences in the formation of 5a-DHT or 3a-androstenediol from control animals. Prostates from PBB treated animals did produce slightly higher levels of polar testosterone metabolites than did prostates from control animals, but this is probably not physiologically significant.

Pregnant rats were given 100 ppm PBB in food to determine whether it was possible to induce hepatic mixed-function oxidases in fetal and neonatal rats. TCDD increases AHH and EROD activity in fetal liver (Lucier



et.al., 1979). If PBB treatment increased fetal steroid metabolism it could interfere with brain and morphological sexual differentiation. Pilot studies established that fetal liver did not metabolize testosterone prior to day 21 of gestation. Beginning on day 21 of gestation, fetal liver metabolism and plasma testosterone levels were assessed. PBB treated rats showed increased levels of testosterone hydroxylation beginning on day 22 of gestation, and EROD activity was increased beginning on day 21 of gestation. These results show that transplacental exposure of rat fetuses to PBB can increase MFO activity even before birth. Blood testosterone titers were highly variable, and PBB treated animals showed a trend toward decreased levels of plasma testosterone on day 22 of gestation. Plasma testosterone was significantly lower in PBB treated rats by day 3 postnatal. These results show that PBB treatment can lower blood testosterone titer during the critical period of brain differentiation (day 17 of gestation to day 5 postnatal), and thus may potentially alter brain sexual differentiation.

The effect of perinatal PBB treatment on brain sexual differentiation was assessed in male rats treated with 100 ppm PBB in food beginning on day 8 of gestation and ending on day 28 postnatally. Male and female sexual behavior was tested in PBB treated and control males. PBB treatment did not affect either lordosis quotient or lordosis quality

(feminine sexual behavior) in castrated male rats. PBB treatment had no effect on number of male rats ejaculating in male behavior tests, however PBB treated males had significantly prolonged ejaculatory latencies. Non-ejaculating PBB-treated rats had prolonged intromission latencies and decreased intromission frequency relative to non-ejaculating control males. The impairment of male sexual behavior was seen in spite of the fact that PBB treated rats had adult blood testosterone titers identical to those seen in control males. Differentiation of the hypothalamic control of plasma LH dynamics was assessed in rats treated with PBB from day 8 of gestation until day 28 postnatally. Female rats normally have a slower rise in plasma LH following gonadectomy than do male rats. PBB treated males had a rate-of-rise of plasma LH following gonadectomy which was intermediate between control male and control female animals. These results indicate that the hypothalamic control of plasma LH was partially demasculinized by perinatal PBB treatment.

The major findings of these studies may be summarized as follows:

1. Acute PBB treatment results in decreased plasma testosterone titer, and decreased hypothalamic aromatase activity in adult rats. Since hypothalamic aromatase activity is normally regulated by circulating androgens, PBB induced reductions in plasma testosterone titer may be

responsible for the decreased hypothalamic androgen aromatization seen in treated animals. These results show that PBB treatment may affect some parameters important in the neuroendocrine control of reproduction.

2. PBB treatment resulted in decreased prostate and seminal vesicle weights. The decreased prostatic weights were not associated with changes in the 5 α -reduction of testosterone to dihydrotestosterone.

3. PBB treatment of pregnant rats resulted in increased testosterone hydroxylation in fetal and neonatal liver. PBB treated neonates showed reductions in plasma testosterone titer relative to control animals as early as day 3 of life. Since PBB treatment results in lowered blood testosterone during the critical period of brain sexual differentiation, it may have effects on hypothalamic development.

4. Perinatal PBB treatment of male rats results in demasculinization but not feminization of sexual behavior. The impairment of male sexual behavior occurred in spite of the fact that PBB and control males had no differences in serum testosterone titer at the time of testing. Post-castration plasma LH dynamics of rats treated with PBB perinatally are feminized. These results suggest that perinatal PBB treatment may interfere with androgen-dependant brain sexual differentiation.



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