DIFFERENTIAL DRUG EFFECTS ON DOPAMINERGIC NEURONS OF THE RAT BRAIN

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ABSTRACT

DIFFERENTIAL DRUG EFFECTS ON DOPAMINERGIC NEURONS OF THE RAT BRAIN

By

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The responses of tuberoinfundibular neurons were compared with those of nigrostriatal and mesolimbic dopaminergic neurons to a number of pharmacological agents and endocrinological manipulations. A sensitive radioenzymatic procedure was used to quantify changes in dopamine concentrations and rates of turnover in the median eminence, corpus striatum and olfactory tubercle, regions containing the terminals of tuberoinfundibular, nigrostriatal and mesolimbic neurons, respectively.

Systemic administration of γ -butyrolactone and baclofen produced a large increase in the dopamine concentration in the striatum and olfactory tubercle; no change was observed in the median eminence. In contrast, the median eminence dopamine concentration was selectively increased 4 weeks after ovariectomy. This effect of ovariectomy was reversed by estradiol administration. These results indicate that regional differences of drug action exist with respect to central dopaminergic neurons. Moreover, these results demonstrate possible hormonal influences on tuberoinfundibular neurons.

Dopamine turnover studies were performed in order to examine possible differences in the regulatory mechanisms governing the activity of tuberoinfundibular, nigrostriatal and mesolimbic dopaminergic neurons. Haloperidol (0.5 mg/kg, i.p.) increased and piribedil (30 mg/kg, i.p.) decreased dopamine turnover in the striatum and olfactory tubercle within 2 hours, as determined from the α methyltyrosine-induced decline of the dopamine concentrations. Neither drug altered dopamine turnover in the median eminence. The actions of dopaminergic antagonists and agonists on striatal dopamine metabolism are generally thought to be mediated by a neuronal feedback loop. Therefore, such a neuronal feedback mechanism may not influence the activity of tuberoinfundibular neurons.

Dopamine turnover was increased only in the median eminence 16 and 24 hours after a single subcutaneous injection of haloperidol, 2.5 mg/kg. This action of haloperidol appears to be hormonally mediated since the effect was blocked by hypophysectomy.

Hormonal modulation of the activity of tuberoinfundibular neurons was examined further by observing the effects of estradiol benzoate administration. Three and five daily injections of estradiol benzoate (25 μ g/kg) selectively increased dopamine turnover in the median eminence. Similar to the actions of haloperidol, this effect was blocked by hypophysectomy, indicating that the action of estradiol is indirect.

The abilities of haloperidol and estradiol to increase dopamine turnover in the median eminence may be mediated by elevated serum prolactin concentrations, since administration of exogenous prolactin (5 mg/kg, s.c.) also increased dopamine turnover in this brain region. The prolactin-induced increase in the turnover of dopamine in tuberoinfundibular neurons not only represents a hormonal-neuronal feedback modulation of these neurons but also represents a mechanism by which prolactin may regulate its own secretion.

A hypothalamic island was made with a modified Halász knife in order to determine whether this prolactin mediated feedback mechanism involves extra- or intrahypothalamic neuronal pathways. Norepinephrine concentrations were reduced 50% and dopamine concentrations were unaltered in the median eminence and hypothalamic island 16-33 days after hypothalamic deafferentation. More importantly, hypothalamic deafferentation did not alter the ability of haloperidol to increase dopamine turnover in the median eminence. Thus, prolactin mediated increases in the activity of tuberoinfundibular neurons may result from a direct action of the hormone on these neurons.

In summary, whereas the activity of nigrostriatal and mesolimbic dopamine neurons appears to be modulated, in part, by a rapid neuronal feedback loop, the activity of tuberoinfundibular dopamine neurons appears to be influenced by a sluggish hormonal-neuronal feedback mechanism.

DIFFERENTIAL DRUG EFFECTS ON DOPAMINERGIC

NEURONS OF THE RAT BRAIN

By

Gary A. Gudelsky

A DISSERTATION

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to Judy, for her love and patience

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INTRODUCTION

Evidence for the existence of catecholamines in the central nervous system came from the biochemical demonstration of the regional distribution of norepinephrine (Vogt, 1954) and dopamine (Montagu, 1957; Carlsson et al., 1958) in the brain. Although the results of these early studies suggested that monoamines were contained in nonvascular elements in the brain, the use of the Falck-Hillarp histochemical technique provided proof for a cellular localization of catecholamines (Falck and Hillarp, 1959; Carlsson et al., 1962a,b). Subsequent histofluorescent studies localized catecholamine-containing cell bodies and nerve terminals in the central nervous system (Dahlström and Fuxe, 1964; Fuxe, 1965). This work has been extended in the past several years, such that the major monoaminergic pathways of the brain have been mapped using a combination of histofluorescent, biochemical and specific lesioning techniques (Ungerstedt, 1971a; Palkovits and Jacobowitz, 1974).

The demonstration of a significant dopamine concentration in the corpus striatum, in the absence of measurable norepinephrine (Bertler and Rosengren, 1959), provided an early indication that dopamine may function as a neurotransmitter, in contrast to the prior contention of its role as a precursor for norepinephrine. Studies during the past twenty years support a role for dopamine as a neurotransmitter in the central nervous system, particularly in the basal ganglia and mesolimbic areas of the brain and, more recently, in the medial basal

hypothalamus. The demonstration of several distinct dopaminergic neuronal pathways in the aforementioned areas has led to the study of the dynamics of dopaminergic neurotransmission (e.g., synthesis, storage and release of the putative neurotransmitter), particularly as it may relate to the neural control of a wide variety of functions.

The present studies represent a comparative neuropharmacological examination of three of these dopaminergic neuronal systems, the prominent nigrostriatal pathway and the mesolimbic and tuberoinfundibular pathways.

I. Neuroanatomy

The neuroanatomical aspects of the nigrostriatal, mesolimbic and tuberoinfundibular pathways are depicted in Figure 1. Nigrostriatal neurons originate from the dopaminergic cell group in the zona compacta of the substantia nigra and dopamine-containing cell bodies dorsomedial to this nucleus, designated areas A8 and A9 in the rat brain, respectively (Dahlström and Fuxe, 1964). From the substantia nigra the axons of these neurons ascend through the lateral hypothalamus and crus cerebri. They then enter the internal capsule, fan out in the globus pallidus and terminate in the striatum (caudate-putamen) (Ungerstedt, 1971a).

Dopamine-containing cell bodies dorsal to the interpeduncular nucleus in the ventral tegmentum, the AlO cell group, give rise to neurons of the mesolimbic pathway. Axons of these neurons ascend together with nigrostriatal axons in the medial forebrain bundle. At the anterior commissure the mesolimbic pathway divides such that one branch terminates in the nucleus accumbens and nucleus interstitial striae terminalis, while the other branch terminates in the





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olfactory tubercle. Recent studies have also identified mesolimbic neurons terminating in some regions of the limbic cortex (frontal, cingulate and entorhinal cortex) (Lindvallet al., 1974).

The neuroanatomical identification and characterization of the tuberoinfundibular dopaminergic pathway has been difficult due to the complex pattern of catecholamine terminals within the hypothalamus. In the first histochemical studies, Carlsson et al. (1962a) observed a zone of diffuse green fluorescence in the infundibular region of the rat. Since this initial observation several investigators have described the organization of catecholaminergic neuronal systems in the medial basal hypothalamus (Jonsson et al., 1972; Björklund and Nobin, 1973; Björklund et al., 1973). Dopaminergic nerve terminals in the median eminence-pituitary region arise from dopaminergic cell bodies in the arcuate and periventricular nuclei and constitute a tuberohypophysial system which can be separated into three components. One component originates in the most rostral portion of the arcuate nucleus and innervates the entire pars intermedia. The second is a small group of cells immediately caudal to the first which gives rise to neurons innervating the neural lobe. The third system, the tuberoinfundibular pathway, consists of short axons which originate in the Al2 cell group in the arcuate and periventricular nuclei and terminate in the median eminence (Fuxe, 1963; Dahlström and Fuxe, 1964; Fuxe and Hökfelt, 1966; Björklund et al., 1973).

The regional distribution of the terminals of tuberoinfundibular dopaminergic neurons within the median eminence is of interest in that it provides a morphological basis for the possible interaction with other neurosecretory elements. Pharmacological analysis of the distribution of dopaminergic and noradrenergic nerve terminals in the

median eminence indicates that the external layer of the median eminence contains dopaminergic terminals of the tuberoinfundibular pathway, exclusively. The evidence for dopaminergic, rather than noradrenergic, innervation of the external layer of the median eminence includes the observation that catecholamine fluorescence in the external layer of the median eminence is unaffected by hypothalamic deafferentation, indicating that the terminals do not belong to noradrenergic neurons which originate in the brain stem (Jonsson et al., 1972; Björklund et al., 1973; Löfström et al., 1976a). Recently, monoamine synthesizing enzymes have been localized immunohistochemically in various regions of the median eminence (Hökfelt et al., 1976). The external layer of the median eminence was shown to contain tyrosine hydroxylase and dopa decarboxylase but not dopamine- β -hydroxylase positive cells. Thus, only those enzymes necessary for the synthesis of dopamine were found in the external layer of the median eminence. Löfström et al. (1976a) have examined the regional distribution of dopamine and norepinephrine nerve terminals within the median eminence. In view of the complex pattern of nerve terminals in this area of the brain, the median eminence was divided anatomically into a rostral, central and caudal region (Figure 2). Microfluorometric analysis of dopamine and norepinephrine revealed that the vast majority of catecholamine terminals in the subependymal layer were noradrenergic. The lateral palisade zone contained dopamine terminals almost exclusively while the medial palisade zone contained both monoamines, dopamine accounting for 50-75%. Thus, from histofluorescent and pharmacological approaches it seems that the short tuberoinfundibular dopaminergic neurons with cell bodies in the arcuate and periventricular nuclei give rise to a



III, third ventricle. The lateral and medial palisade zones make up what is generally referred Schematic representation of the median eminence in sagittal (upper) and frontal SEL, subependymal layer; LPZ, lateral palisade zone; MPZ, medial palisade zone; to as the external layer of the median eminence. Figure 2. (lover) views.

large part of the nerve terminals in the medial and lateral palisade zones, generally referred to, collectively, as the external layer of the median eminence.

II. Functional Roles of Dopaminergic Pathways

A. Nigrostriatal and mesolimbic dopaminergic neurons

The development of the present concepts of central catecholamines and motor function evolved, in large part, from the study of Parkinson's disease. Parkinson's disease is a chronic and progressive degenerative disease of the central nervous system. The cardinal symptoms, akinesia, rigidity and tremor, are primarily those of motor dysfunction. The most specific neuropathological lesion found in Parkinson's disease is the degeneration of the melanin-containing neurons in the zona compacta of the substantia nigra. The neurochemical correlate associated with this degeneration is a marked decrease in the dopamine concentration of the striatum, putamen and substantia nigra (Bernheimer et al., 1973; Lloyd et al., 1973). In addition to the loss of dopamine in these brain regions, there is a parallel deficiency in its synthetic enzymes, tyrosine hydroxylase and dopa decarboxylase (Lloyd et al., 1973) and a reduction in dopamine uptake and the concentration of homovanillic acid (HVA) (see Hornykiewicz, 1966). From these findings it was suggested that the destruction of the nigrostriatal dopamine pathway was the neuropathological event responsible for the clinical symptoms of Parkinson's disease. This contention has been supported by several observations. First, the degree of dopamine deficiency has been correlated with the degree of cell loss in the substantia nigra (Bernheimer et al., 1973). Secondly, in hemi-parkinsonian patients, there is a greater reduction

of striatal dopamine in the side contralateral to the side of the symptoms. Moreover, administration of L-dopa to parkinsonian patients has been found to be effective in the treatment of akinesia and rigidity and the clinical improvement is correlated with an elevated striatal dopamine concentration (see Lloyd and Hornykiewicz, 1975). Thus, Parkinson's disease is often viewed as a striatal dopamine deficiency syndrome.

The nigrostriatal dopamine pathway appears also to be involved in other dyskinetic syndromes. Although L-dopa administration ameliorates the akinesia and rigidity in Parkinson's disease, it has other effects on motor function in these patients. L-dopa-induced dyskinesias consist mostly of oral-buccal-facial dyskinesias. These choreoathetoic movements are generally believed to result from an overstimulation of striatal dopamine receptors.

The chronic use of antipsychotic drugs may also result in oralfacial-buccal dyskinesias. One explanation for the development of these dyskinesias is that they reflect an increased sensitivity of striatal dopamine receptors, a consequence of prolonged receptor blockade. Involvement of the nigrostriatal dopamine pathway in tardive dyskinesias is suggested from the resemblance between tardive dyskinesias and L-dopa-induced dyskinesias. Furthermore, in patients with parkinsonism and tardive dyskinesias there is an inverse relationship between the severity of the two sets of symptoms (i.e., treatments which improve the parkinsonism exacerbate the tardive dyskinesias and vice versa) (Crane, 1972).

Aside from the probable involvement of dopamine in motor function, increasing interest has been focused on central catecholamines as a possible biochemical correlate of schizophrenia. Involvement of

dopaminergic mechanisms in the pathophysiology of schizophrenia is based, primarily, upon two observations. One is that effective antipsychotic agents block central dopamine receptors. Secondly, there is a close resemblance between amphetamine psychosis and schizophrenia. This second observation is of interest, with respect to dopamine, in that some of the behavioral effects of amphetamine result from a drug-induced enhancement of dopaminergic neurotransmission (Randrup and Scheel-Krüger, 1966; Scheel-Krüger and Randrup, 1967).

However, there have been conceptual difficulties associating both extrapyramidal motor dysfunctions and complex behavioral abnormalities with nigrostriatal dopamine neurons. The localization of dopamine neurons in subcortical limbic nuclei (Ungerstadt, 1971a and many others) and limbic forebrain cortical areas (Thierry et al., 1972, 1973; Hökfelt et al., 1974) has led to the suggestion that mesolimbic and/or mesocortical dopamine neurons might provide a more reasonable neuroanatomical substrate for the symptoms of schizophrenia. Indeed, it has been hypothesized that the extrapyramidal side effects of neuroleptics result from dopaminergic receptor blockade in the striatum whereas the antipsychotic actions of these drugs result from the blockade of mesolimbic dopamine receptors.

Subsequent to dopaminergic receptor blockade by neuroleptics, the activity of dopamine neurons is increased (Bunney et al., 1973). This is reflected biochemically by an increased turnover rate of dopamine (Andén et al., 1964; Neff and Costa, 1966; Nybäck et al., 1967). The concentration of the dopamine metabolites (HVA and 3,4-dihydroxyphenylacetic acid [DOPAC]) have often been used as indices of dopamine turnover. Neuroleptic-induced changes in the

concentrations of these metabolites in the striatum and limbic areas of the brain have been used to examine the relationship of these brain regions to the extrapyramidal and antipsychotic effects of these agents.

Andén and Stock (1973a) reported that clozapine, a neuroleptic associated with little or no extrapyramidal side effects, increased HVA levels in the limbic areas of the rabbit brain to a greater extent than in the corpus striatum. In contrast, the haloperidolinduced increase of HVA was equivalent in the two brain regions. Although Bartholini et al. (1975) were unable to confirm the observation of Andén and Stock in the rat, Bartholini (1976) has reported that clozapine increases the release of dopamine from the nucleus accumbens to a much greater extent than from the striatum. Although it has not been clearly demonstrated that those neuroleptics which produce few extrapyramidal side effects alter dopamine metabolism in limbic areas preferentially, there is some evidence to suggest that the converse may be true. That is, neuroleptics which are associated with a high incidence of extrapyramidal side effects may alter dopamine metabolism in the striatum to a greater extent than in limbic regions. Chlorpromazine and haloperidol-induced increases in HVA concentrations, for example, are greater in the striatum than in the limbic system of rats, whereas clozapine-induced increases are equivalent in the two systems (Bartholini et al., 1975). In further support of this hypothesis, Carlsson (1975) observed that pimozide, haloperidol and chlorpromazine stimulate dopamine synthesis more markedly in the striatum than in limbic regions; the effects of clozapine and thioridazine were less marked between the two areas. Zivkovic et al. (1975a) have determined the potencies of several

antipsychotics to change the kinetics of tyrosine hydroxylase in the striatum and nucleus accumbens. They found that pimozide and haloperidol were more potent in the striatum than in the nucleus accumbens In contrast, clozapine and thioridazine were more potent in the nucleus accumbens. It has also been suggested that the incidence of extrapyramidal side effects with haloperidol may be associated with the differential time course of its effects on striatal and mesolimbic dopamine metabolism (Wilk et al., 1975).

Despite the number of observations demonstrating differential sensitivity of mesolimbic and striatal dopamine receptors for various antipsychotics, the evidence for such a hypothesis is not unequivocal. There are an equally impressive number of studies which examine doseresponse relationships and provide little support for the contention that various antipsychotic agents alter mesolimbic and striatal dopamine systems differentially (Waldmeier and Maître, 1976; Westerink and Korf, 1975; Wiesel and Sedvall, 1975; Wilk and Glick, 1976; Stawarz et al., 1975).

Although the biochemical responses of mesolimbic and nigrostriatal dopamine neurons to drugs appear to be similar, it has been possible to differentiate these two pathways on the basis of drug-induced behaviors. The stimulation of locomotor activity after the administration of *d*-amphetamine and other dopaminergic agonists appears to be mediated through mesolimbic dopamine neurons. Thus, 6-hydroxydopamine (60HDA)-induced lesions of the nucleus accumbens septa have been shown to block the *d*-amphetamine-induced stimulation of locomotor activity in rats (Kelly et al., 1975; Iversen and Kelly, 1975; Kelly and Iversen, 1976). The ability of dopaminergic agonists (e.g., ergometrine, ADTN, apomorphine, etc.) to increase locomotor activity is enhanced

in animals with electrolytic or 60HDA-induced lesions of the nucleus accumbens, resulting, most likely, from the development of denervation supersensitivity (Kelly et al., 1975; Woodruff et al., 1976). 60HDA-induced lesions of the substantia nigra (Creese and Iversen, 1972; Fibiger et al., 1973) or the caudate nucleus do not alter the d-amphetamine-induced stimulation of locomotor activity. In addition to lesion experiments, studies utilizing intracerebral injections of drugs support the contention that mesolimbic dopamine neurons are involved with drug-induced motor activity. Pijnenburg et al. (1973) reported that the injection of ergometrine into the nucleus accumbens, but not the caudate nucleus, stimulated locomotor activity. This observation was confirmed when it was reported that the injection of dopamine, apomorphine and amphetamine into the nucleus accumbens also increased locomotor activity (Pijnenburg and Van Rossum, 1973; Costall and Haylor, 1975; Pijnenburg et al., 1976). Moreover, bilateral injection of haloperidol into the nucleus accumbens antagonized d-amphetamine-induced motor activity (Pijnenburg et al., 1975a).

d-Amphetamine, in addition to increasing locomotor activity, produces stereotyped behavior, which consists of sniffing, licking and gnawing. While it appears that moesolimbic dopamine neurons mediate drug-induced increases in locomotor activity, nigrostriatal dopamine neurons may be responsible for the mediation of drug-induced stereotyped behavior. Electrolytic and 60HDA-induced lesions, electrical stimulation and intracerebral injections of drugs have been used to investigate the role of the corpus striatum in stereotyped behaviors. The injection of 60HDA into the substantia nigra has been reported to block d-amphetamine-induced stereotypy (Creese and Iversen, 1972;

Fibiger et al., 1973; Creese and Iversen, 1975), whereas electrical stimulation of this region promotes stereotypy (Anlezark et al., 1971). Selective electrolytic (Fog et al., 1970; Fuxe and Ungerstedt, 1970; Naylor and Olley, 1972) or 6OHDA-induced (Asher and Aghajanian, 1974; Creese and Iversen, 1974; Kelly et al., 1975) lesions of the caudate nucleus antagonize *d*-amphetamine-induced stereotyped behavior. Furthermore, stereotyped behavior can be elicited by direct injection of *d*-amphetamine or dopamine into the striatum (Fog et al., 1967; Fog et al., 1971). On the other hand, injection of neuroleptics into the caudate nucleus reduces apomorphine and *d*-amphetamine-induced stereotyped behavior (Pijnenburg et al., 1975b).

Thus, the involvement of dopaminergic neuronal pathways in druginduced motor behaviors in the rat may be twofold. The mesolimbic pathway may mediate changes in locomotor activity, whereas nigrostriatal neurons may have a role in the elicitation of stereotypy.

B. Tuberoinfundibular dopaminergic neurons

The predominant action of the hypothalamus on prolactin secretion is one of inhibition. This has been demonstrated by a number of different experimental approaches. Transplantation of the pituitary into the kidney capsule (Everett, 1954) or pituitary stalk section (Everett and Nikitovitch-Winer, 1963) results in a marked elevation of plasma prolactin concentrations. Meites and his coworkers were among the first to demonstrate that the pituitary releases large amounts of prolactin, but negligible amounts of other hormones, when incubated *in vitro* (Meites et al., 1963; Meites and Nicoll, 1966). In addition, plasma prolactin concentrations are increased following electrolytic lesions in the median eminence

(Chen et al., 1970; Bishop et al., 1971; Donoso et al., 1973). Talwalker et al. (1963) demonstrated that crude hypothalamic extracts were capable of inhibiting the release of prolactin from pituitaries incubated in vitro, and suggested that the hypothalamus contained a "prolactin inhibiting factor" (PIF).

Reports over many years have suggested that biogenic amines, particularly catecholamines, influence the release of pituitary hormones. Administration of reserpine or a-methyltyrosine has been shown to increase pituitary prolactin release *in vitro* (MacLeod and Abad, 1968). Lu et al. (1970) demonstrated that reserpine, a-methyltyrosine and chlorpromazine elevated serum prolactin concentrations, whereas the administration of L-dopa reduced prolactin levels (Lu and Meites, 1971; Donoso et al., 1971). Thus, interference with central catecholamine function resulted in increased serum prolactin concentrations, whereas enhancement of catecholamine neurotransmission reduced prolactin levels. The predominant catecholamine involved is most likely dopamine since dopaminergic agonists decrease (Mueller et al., 1976) and dopaminergic antagonists increase (Dickerman et al., 1972; Clemens et al., 1974) serum prolactin concentrations.

Although the existence of a hypothalamic PIF has been generally accepted, it is not certain whether dopamine enhances the release of a peptidergic PIF or acts directly as a PIF on the pituitary (Figure 3). The demonstration that tuberoinfundibular dopaminergic neurons terminate in the median eminence in close proximity to hypophysial portal vessels (Hökfelt, 1967) provided a morphological basis for the contention of Van Maanen and Smelik (1968) that tuberoinfundibular monoaminergic neurons may regulate prolactin secretion through the release of an inhibitory neurotransmitter directly into portal



MAMMARY GLAND

Figure 3. Regulation of prolactin secretion from the anterior pituitary. DA, dopamine; NE, norepinephrine; PIF, prolactin inhibiting factor; PRF, prolactin releasing factor.

vessels. Evidence for the direct inhibition of prolactin secretion by dopamine was first provided by MacLeod (1969) and Birge et al. (1970), who observed that dopamine suppressed pituitary prolactin release in vitro. Shaar and Clemens (1974) reported that the endogenous dopamine content of the hypothalamus could account for the total PIF activity of hypothalamic extracts. Moreover, the PIF activity of hypothalamic extracts could be removed by prior incubation with a monoamine oxidase preparation or adsorption onto alumina. Donoso et al. (1973, 1974) also concluded that dopamine acts directly to inhibit prolactin secretion since administration of L-dopa to rats bearing pituitaries transplanted under the kidney capsule reduced serum prolactin concentrations, an effect which was blocked by inhibiting the conversion of L-dopa to dopamine. Moreover, L-dopa was capable of reducing prolactin concentrations in rats with electrolytic lesions in the median eminence. Direct infusion of a hypophysial portal vessel with dopamine has been shown to reduce prolactin levels (Takahara et al., 1974). In further support for the argument that dopamine may be PIF are the recent reports of the identification of endogenous dopamine in portal blood (Ben-Jonathan et al., 1977) and the existence of dopamine receptors in the pituitary and the lack of such receptors in the medial basal hypothalamus (Brown et al., 1976).

However, several groups of investigators maintain that a PIF, other than dopamine, exists. Quijada et al. (1973) found that haloperidol could block the ability of dopamine to suppress pituitary prolactin release *in vitro*, but had no effect on the ability of hypothalamic fragments to inhibit prolactin release. Systemic administration of hypothalamic extracts has been reported to lower prolactin

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i T levels *in vivo* (Amenomori and Meites, 1970; Watson et al., 1971). However, systemic administration of dopamine in amounts greater than those found in the hypothalamus has not been found to alter serum prolactin concentrations (Lu et al., 1970). The dopaminergic antagonist, pimozide, increased serum prolactin concentrations to a greater extent when implanted into the median eminence-arcuate region than when implanted into the pituitary directly (Ojeda et al., 1974). Thus, it appeared that the median eminence was the primary site of action of pimozide and that the pimozide-induced elevation of serum prolactin resulted from the blockade of dopaminergic receptors located on neurosecretory elements containing PIF. More recently, Enjalbert et al. (1977) have demonstrated the existence of a dopamine-free PIF in rat hypothalamic extracts.

Despite the uncertainty of the chemical nature of PIF, the tonic inhibition of prolactin secretion most likely results from a direct or indirect action of dopamine released from tuberoinfundibular neurons.

III. Regulation of Dopamine Synthesis in the Central Nervous System

The endogenous dopamine concentration of the brain is a steady state reflection of the dynamic processes of synthesis and release. Since only minor changes occur in the endogenous dopamine concentration under a wide variety of pharmacological and physiological conditions, regulatory mechanisms must exist to insure that the release of the neurotransmitter does not greatly exceed its synthesis. Tyrosine hydroxylase is the rate limiting enzyme in the biosynthesis of catecholamine neurotransmitters. Hence, changes in the synthesis

rates of dopamine usually involve changes in the activity of tyrosine hydroxylase.

Carlsson et al. (1960) were the first to suggest that catecholamine synthesis could be inhibited by elevated monoamine levels. Several years later, it was shown that dopamine and other catechols could inhibit tyrosine hydroxylase (Nagatsu et al., 1964). Thus, it appeared that this rate limiting enzyme was subject to end product inhibition. The *in vivo* importance of end product inhibition in the control of tyrosine hydroxylase came from the demonstration that monoamine oxidase inhibitors increased catecholamine concentrations and decreased catecholamine synthesis (Costa and Neff, 1966; Spector et al., 1967). It was hypothesized, therefore, that decreased nerve impulse flow resulted in decreased release of the neurotransmitter. Decreased release elevated intraneuronal catecholamine concentrations which inhibited tyrosine hydroxylase via end product inhibition. Increased nerve impulse flow produced opposite effects and led to an increased synthesis rate.

However, a mechanism of feedback regulation of tyrosine hydroxylase different from end product inhibition appears also to occur in dopaminergic neurons in the central nervous system. Chlorpromazine and haloperidol were found to increase the concentrations of dopamine metabolites without altering the concentration of dopamine (Carlsson and Lindqvist, 1963). Thus, it appeared that the synthesis and release of dopamine had increased as a result of these neuroleptics. Carlsson and Lindqvist (1963) proposed that chlorpromazine blocked dopamine receptors in the striatum and, subsequent to receptor blockade, a neuronal feedback loop mediated an increased firing rate of dopaminergic neurons. Increased neuronal activity, then, led to an

increased release of dopamine in an attempt to overcome the receptor blockade. Indeed, neuroleptics have been shown to increase the firing rate of dopamine neurons (Bunney et al., 1973) and the turnover rate and synthesis rate of dopamine in the brain (Andén et al., 1964; Neff and Costa, 1966; Nybäck et al., 1967). Costa et al. (1974) reported that the neuroleptic-induced increase in dopamine synthesis appears to result from a drug-induced change in the kinetic state of tyrosine hydroxylase such that its affinity for the pterin cofactor is increased (Costa et al., 1974; Zivkovic et al., 1975a). Central hemisection was shown to block the ability of haloperidol to activate tyrosine hydroxylase, indicating that a neuronal feedback loop is required for this action of the neuroleptic (Zivkovic et al., 1975b). A model for neuronal feedback modulation of nigrostriatal dopamine neurons is presented in Figure 4A.

It has generally been assumed that dopamine synthesis is positively correlated with nerve impulse flow. However, there is one notable exception. Inhibition of impulse flow in nigrostriatal neurons induced by axotomy or γ -butyrolactone results in a marked increase in the concentration and synthesis of dopamine in nerve terminal regions (Gessa et al., 1966; Walters and Roth, 1972; Carlsson, 1975). This observation has led to the hypothesis that presynaptic dopamine receptors or autoreceptors are involved in the short term regulation of dopamine synthesis (see Carlsson, 1975; Roth et al., 1975). According to this model, as depicted in Figure 4B, dopamine released by nerve impulse flow activates presynaptic receptors and decreases the synthesis and further release of dopamine. Indeed, dopaminergic agonists antagonize the increase in dopamine concentration and synthesis rate following γ -butyrolactone-induced inhibition
Figure 4. Feedback regulation of nigrostriatal neurons indicating the involvement of (A) postsynaptic neuronal feedback mechanism and (B) presynaptic receptors. ACh, acetylcholine; DA, dopamine; GABA, gamma-aminobutyric acid; Dopa, dihydroxyphenylalanine.



of impulse flow (Walters and Roth, 1974; Gianutsos et al., 1976). Thus, activation of presynaptic receptors appears to have a damping effect, opposing any large change in dopamine synthesis resulting from a decrease or an increase in nerve impulse flow.

Pre- and postsynaptic receptors, therefore, appear to be involved in short and long loop feedback mechanisms, respectively, which function to regulate the activity of central dopaminergic neurons.

STATEMENT OF PURPOSE

Nigrostriatal dopamine neurons have been used, almost exclusively, as the model for dopaminergic neurotransmission in the central nervous system. To some extent mesolimbic dopamine neurons have been examined and have been found to respond to pharmacological agents in a manner similar to nigrostriatal neurons. Until recently, it has not been possible to measure dopamine concentrations or dopamine metabolites in brain regions other than the striatum.

The purpose of the present studies is to examine regional drug effects on central dopaminergic neurons. More specificially, the following experiments were designed to investigate the regulatory mechanisms governing the activity of nigrostriatal, mesolimbic and, in particular, tuberoinfundibular dopamine neurons.

MATERIALS AND METHODS

I. Animals and Blood Collection

Male Sprague-Dawley rats (Spartan Research Animals, Inc., Haslett, MI) weighing 200-300 g were maintained in air conditioned rooms under alternate 12 hour periods of light and dark. Female Sprague-Dawley rats weighing 175-275 g were obtained from the same source, ovariectomized and maintained in a similar manner. Hypophysectomized male Sprague-Dawley rats and their unoperated controls were obtained from Hormone Assay Laboratories, Inc. (Chicago, IL). The animals had free access to food and water. Hypophysectomized rats received crushed food and orange slices in addition to regular laboratory rat chow. Hypophysectomized animals were used 3-8 days following surgery.

All blood samples were collected by decapitation between 0800 and 1300 hours. The serum was separated after centrifugation and stored at -20°C until assayed for prolactin, LH and FSH.

II. Lesions

Hypothalamic islands were made under Equithesin anesthesia with a modified Halász knife (diameter 1.5 mm; height 2.0 mm). The rostral border of the island was at the level of the retrochiasmatic area and the posterior border at the level of the premamillary area. The animals were sacrificed 16-32 days after surgery.

III. Biochemical Procedures

A. Dissections

After decapitation rat brains were rapidly removed and placed with the dorsal surface on a glass plate placed over ice. The median eminence was removed from the hypothalamus with the aid of a dissecting microscope and fine scissors (Cuello et al., 1973b). The dissection roughly corresponds to the "superficial hypothalamic region" of Kavanagh and Weisz (1974). The posterior portion of the median eminence was grasped with fine forceps and cuts made along the tuberoinfundibular sulcus on both sides to the rostral pole of the median eminence. The dissected tissue was composed primarily of the floor of the third ventricle (Figure 5) and measured approximately 1.7 x 0.6 mm. Bilateral samples of olfactory tubercle and corpus striatum were also taken. In rats with hypothalamic deafferentations, the median eminence was removed from the hypothalamic island, which was then removed from the remaining hypothalamus with the aid of a dissecting microscope and fine scissors.

Median eminence samples were homogenized in micro tissue grinders (Little Smoothies, Micro-Metric Instrument Co.) in 20 μ l of 0.4N perchloric acid containing 10 mg% EDTA. The resulting homogenates were transferred to microcentrifuge tubes and centrifuged for 20 seconds in a Beckman Microfuge. Striatal and olfactory tubercle samples were weighed and then homogenized in 20-40 volumes of 0.4N perchloric acid containing 10 mg% EDTA. One hundred microliter aliquots of these homogenates were also centrifuged in the Beckman Microfuge. In rats with hypothalamic deafferentations, the median eminence samples were homogenized in 30 μ l and hypothalamic islands

eminence fragment. AN, arcuate nucleus; MB, mamillary body; ME, median eminence; MFB, medial forebrain bundle; NVM, ventromedial nucleus; PD, pars distalis; PI, Figure 5. Sagittal and frontal sections of the rat brain indicating median pars intermedia; PN, pars nervosa.





and remaining hypothalamic fragments in 15-20 volumes of 0.4N perchloric acid containing 10 mg% EGTA. The entire median eminence homogenate, 30 μ l of the hypothalamic island homogenate and 50 μ l of homogenate of the remaining hypothalamus were transferred to microcentrifuge tubes and centrifuged for 20 seconds in the Microfuge.

B. Radioenzymatic assays

Supernatants from tissue homogenates were analyzed for dopamine and norepinephrine by one of two modifications of the radiochemical enzymatic method of Cuello et al. (1973a). In those experiments in which supernatants were analyzed only for dopamine, a radioenzymatic assay as described by Moore and Phillipson (1975) was employed. Ten microliter samples of the supernatants were added to centrifuge tubes on ice. Twenty-five microliters of a freshly prepared incubation mix were then added. The incubator mix (sufficient for 40 samples) consisted of 67 µl of 20 mM EGTA sodium salt (pH 7.2); 332 µl of the catechol-O-methyltransferase (COMT) preparation; 200 µl of [³H-methyl]S-adenosyl methionine (New England Nuclear) diluted to 0.1 mCi/ml; 67 μ l of pargyline (16 mg/ml) in 10% βmercaptoethanol; and 432 µl of 1M Tris-HCl buffer (pH 10.4) containing 3 mM MgCl₂. After a 40 minute incubation period at 37°C, the methylation reaction was stopped by the addition of 30 $\mu 1$ of a 5:1 mixture of 0.45M borate buffer (pH 10) and 3-methoxytyramine (10 mg/ml in 0.1% sodium metabisulfite). The O-methylated products were extracted into 0.5 ml of toluene/isoamyl alcohol (3:2). Following agitation on a vortex mixer and centrifugation, the organic phase was transferred to conical centrifuge tubes with pointed tips containing 25 µl of 0.1M hydrochloric acid. The tubes were again agitated and centrifuged and the

organic phase removed by aspiration. Fifteen microliters of the acid phase $(3 \times 5 \mu)$ were applied to Whatman #1 chromatographic paper which had been spotted previously with 5 μ l of non-radiolabelled 3-methoxytyramine (10 mg/ml in 0.1% sodium metabisulfite). 3-Methoxytyramine was isolated by descending paper chromatography using a solvent system of t-amyl alcohol/methylamine (4:1). The product was visualized under ultraviolet light. The spots were cut out, placed in scintillation vials and eluted with 3 ml of a solution of ethanol/ammonium hydroxide (100:22) for at least 8 hours. After adding 10 ml of scintillation fluid (0.5% PPO in toluene/ethanol, 7:3), the radioactivity was determined in a Beckman LS-100 liquid scintillation spectrometer. The sensitivity of this assay (i.e., that quantity which gave values twice the value of the blank) for dopamine was approximately 200 pg.

The sensitivity of this assay, however, was not great enough to allow for the determination of the norepinephrine content of a single median eminence. Thus, in those experiments in which supernatants were analyzed for both dopamine and norepinephrine, a modification of the procedure of Ben-Jonathan and Porter (1976) was employed. Ten microliter samples of the supernatants were placed in tubes to which 140 µl of 0.1N perchloric acid was added. The reaction was initiated by the addition of 50 µl of a freshly prepared incubation mix. The incubation mix (sufficient for 40 samples) consisted of 14 mg dithiotreitol; 100 µl of 1M MgCl₂; 1480 µl of 2M Tris-HCl buffer, pH 8.6; 100 µl of 0.05M EGTA; 400 µl of the COMT preparation; and 80 µl (20 mCi) of [³H-methyl]S-adenosyl methionine (New England Nuclear). The tubes were incubated for 1 hour at 37°C. The reaction was stopped by the addition of 0.3 ml of 0.5M borate buffer, pH 10. A mixture

containing 10 ug of normetanephrine and 3-methoxytyramine in 25 ul of 0.1M acetic acid was added to each tube. Fifty microliters of a 1.5% solution of tetraphenylborate were also added. The O-methylated products were extracted into 3.5 ml of toluene/isoamyl alcohol (4:1). After mixing and centrifugation, the organic phase was transferred to tubes containing 0.3 ml of 0.5M borate buffer, pH 10. The tubes were vortexed and centrifuged and the organic phase was transferred to another set of tubes containing 200 μ l of 0.1M hydrochloric acid. After extraction into the acid, the samples were lyophilized and resuspended in 55 µl of methanol/0.001M hydrochloric acid. Forty microliters were then spotted on thin layer chromatographic plates (Quantum Industries), which were prespotted with 20 µg of carrier O-methylated amines. The plates were developed in a solvent system of chloroform/ethanol/ethylamine (16:3:2). The plates were dried in an oven in the presence of paraformaldehyde vapor. The spots were localized under UV light and scraped into scintillation vials and eluted for 30 minutes with 1 ml 0.5M hydrochloric acid. For liquid scintillation spectrometry, 12 ml of a scintillation fluid made up of 0.25% PPO and 0.01% POPOP in toluene/Triton X-100 (2:1) were added. The sensitivity of this assay was 30 pg for dopamine and 100 pg for norepinephrine.

The homogenate pellet of each sample was analyzed for protein by the method of Lowry et al. (1951).

C. COMT preparation

All steps of COMT purification were performed at 0-4°C. Rat livers (70 g) were homogenized in 40 volumes of 1.1% KCl and centrifuged at 100,000 x g for 1 hour. The resulting supernatant was

filtered through glass wool and adjusted to pH 5.3 with 1M acetic acid. After centrifugation at 14,000 x g for 10 minutes, the supernatant was adjusted to pH 6.8 with 0.5M phosphate buffer, pH 7.0, and fractionated with ammonium sulfate (enzyme grade) as described by Nikodejevic et al. (1970). The final precipitate was dissolved in 8 ml of 1 mM phosphate buffer (pH 7.0) containing 10^{-4} M dithiothreitol and dialyzed overnight against 4 liters of this buffer.

D. Estimation of dopamine turnover

Dopamine turnover in the present study was estimated using the nonsteady state method of observing the decline of the endogenous dopamine concentration after synthesis inhibition with a-methyltyrosine. Although this method of estimating turnover has some disadvantages (see Weiner, 1974), it is currently the only method sensitive enough for the analysis of catecholamine turnover in small brain regions, such as the median eminence. The method used in these studies involves the assumption that the inhibition is the same for the various brain regions examined and is not markedly altered by the administration of drugs. The validity of such an assumption is supported by the fact that the same rate of catecholamine turnover in the hypothalamus was obtained when estimated by three different methods, one of which involved synthesis inhibition with a-methyltyrosine (Iversen and Glowinski, 1966). Furthermore, the decline of dopamine in the median eminence after a-methyltyrosine follows first order kinetics (see Results).

Two experimental designs were employed in turnover studies using α -methyltyrosine. In some experiments dopamine concentrations were determined 0, 60 and 120 minutes after the administration of

a-methyltyrosine methyl ester HCl (250 mg/kg of free amino acid, i.p.). Treatment differences were determined from a comparison of the calculated rate constants for the decline of dopamine concentrations. Alternatively, the extent of dopamine depletion at one time point, l hour, after a-methyltyrosine was used as an index of dopamine turnover. Differences in turnover in these studies were determined by comparing the percent depletion in various treatment groups.

E. Radioimmunoassays

Serum LH and FSH were measured by the NIAMDD RIA Kits in the laboratory of Dr. J. Meites. Results are expressed in terms of the standards NIAMDD-LH-RP-1 and NIAMDD-FSH-RP-1.

Serum prolactin was measured by the method of Niswender et al. (1969) or by the NIAMDD RIA Kit. In both cases the values are expressed in terms of NIAMDD-rat prolactin-RP-1.

F. Drugs

The following drugs were dissolved in saline: D,L-a-methyltyrosine methylester HCl (purchased from Regis Chemical Co.); piribedil mesylate, obtained through the courtesy of Dr. Derome-Tremblay (Les Laboratories Servier, Neuilly, France); ovine prolactin, obtained from the Pituitary Hormone Distribution Program; and baclofen (Lioresal), obtained through the courtesy of Dr. R. D. Robson, Ciba-Geigy Corp., Summit, NJ.

Apomorphine (obtained from Lilly Research Laboratories) was dissolved in 0.1% sodium metabisulfite. Estradiol benzoate was purchased from ICN Pharmaceuticals, Inc., and dissolved in corn oil. Haloperidol (obtained through the courtesy of Dr. John Kleis, McNeill Laboratories) was dissolved in 0.3% tartaric acid. Clozapine and thioridazine

(obtained through the courtesy of Ms. K. D. Roskaz, Sandoz Pharmaceuticals) were dissolved in 1.5% tartaric acid. γ -Butyrolactone was purchased from Matheson, Coleman and Bell, Norwood, OH.

The routes of administration of these agents are described in the Results.

G. Statistics

Differences in the steady state dopamine concentrations were analyzed by Student's t-test or an analysis of variance. After an analysis of variance, treatment differences were examined by the Student-Newman-Keuls test (Sokal and Rohlf, 1969).

Student's t-test was used to test the significance of the differences in the first order rate constants obtained by a least squares regression analysis (Goldstein, 1971). The effects of drug treatments on the α -methyltyrosine-induced depletion of dopamine in various brain regions were also examined by Student's t-test.

Serum prolactin concentrations were initially evaluated by a one-way analysis of variance. Differences between groups were then determined using the Student-Newman-Keuls test.

Serum LH and FSH concentrations were analyzed using Student's t-test.

RESULTS

I. Steady State Dopamine Concentrations

A. Dopamine concentrations in striatum, olfactory tubercle and median eminence

Values for the wet weights and protein contents of the corpus striatum, olfactory tubercle, and median eminence are listed in Table 1. The wet weight of the median eminence was not determined directly, but based on the protein contents in this region and the relative weights and protein contents of the other two brain regions, the median eminence samples were calculated to weigh 0.15 to 0.18 mg. These values are somewhat less than those reported by Kavanagh and Weisz (1974), but the dopamine concentration in these samples is essentially the same as that obtained by these investigators (12.5 $\mu g/g$). Despite the small amount of dopamine in the median eminence, approximately 2.5 ng/median eminence, the dopamine concentration in this region is higher than the other two brain regions examined. The dopamine concentration in the striatum and olfactory tubercle expressed on the bases of wet weight or protein content are essentially the same as those reported by other workers (Horn et al., 1974; Brownstein et al., 1974).

	Striatum	Olfactory Tubercle	Median Eminence
W et we ight (mg)	39.04 ± 1.91	10.10 ± 1.19	0.15 - 0.18*
Protein (µg)	4546 ± 242	998 ± 39	17.6 ± 1.5
Dopamine (ng/mg protein)	88 ± 3	60 ± 3	120 ± 13
Dop amine (µg/g wet weight)	10.19 ± 0.43	5.50 ± 0.34	10.8 - 13.7*

Table 1. Dopamine contents of striatum, olfactory tubercle and median eminence in rat brain

Values represent means \pm 1 S.E.M. of 9 separate determinations.

* These values were calculated assuming the relationship between wet weight and mg protein for median eminence is the same as it is for striatum and olfactory tubercle.

B. Effects of γ-butyrolactone and baclofen on dopamine concentrations in the corpus striatum, olfactory tubercle and median eminence

Previous studies have demonstrated that γ -butyrelactone inhibits impulse flow in nigrostriatal (Walters et al., 1973) and, presumably, mesolimbic neurons resulting in a rapid accumulation of dopamine in the striatum (Gessa et al., 1966; Walters and Roth, 1972) and nucleus accumbens and olfactory tubercle (Aghajanian and Roth, 1970).

The purpose of this experiment was to compare the responses of tuberoinfundibular dopamine neurons to those of nigrostriatal and mesolimbic neurons to drugs which have been shown to influence dopaminergic systems and alter the steady state dopamine concentrations in the terminal region of these pathways.

The effects of γ -butyrolactone on dopamine concentrations in the striatum, olfactory tubercle and median eminence are presented in Table 2. In confirmation of previous reports, γ -butyrolactone increased dopamine concentrations in the striatum and olfactory tubercle 75% and 50%, respectively. In contrast, γ -butyrolactone had no effect on the dopamine concentration in the median eminence.

Kelly and Moore (1976) have reported that the systemic administration of baclofen increases the rat forebrain concentration of dopamine but not of norepinephrine. The effects of systemic baclofen administration on the dopamine concentrations of the three brain regions were similar to those of γ -butyrolactone (Table 2). Baclofen (40 mg/kg, i.p.) produced a 40% increase in the dopamine concentrations in the striatum and olfactory tubercle. Baclofen, like γ -butyrolactone, did not alter the dopamine concentration in the median eminence.

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Treatment	N	Striatum	Olfactory Tubercle	Median Eminence
Control	5	82 ± 1	54 ± 3	112 ± 10
GBL	8	141 ± 7*	81 ± 4*	111 ± 12
Control	8	103 ± 5	70 ± 2	138 ± 7
Baclofen	8	142 ± 7*	97 ± 5*	138 ± 6

Table 2. Effects of γ -butyrolactone (GBL) and baclofen on dopamine concentrations in various brain regions

 γ -Butyrolactone (GBL) (750 mg/kg, i.p.) was administered 90 minutes before sacrifice and baclofen (40 mg/kg, i.p.) 60 minutes before sacrifice. Values represent means ± S.E.M.

* Indicates values that are significantly different from control.

Thus, regardless of the mechanism by which γ -butyrolactone and baclofen increase endogenous dopamine concentrations, it is apparent that not all dopamine systems are influenced by these drugs.

C. Median eminence dopamine concentrations in female rats

Although steady state median eminence dopamine concentrations are not altered by γ -butyrolactone and baclofen, changes can be observed when the hormonal state of the animal is altered. Table 3 summarizes the dopamine and norepinephrine concentrations in the median eminence and hypothalamus of female rats in various hormonal states: at different times of the estrous cycle, after ovariectomy, and after estrogen treatment of ovariectomized rats.

No differences were observed in the dopamine concentration in the median eminence or hypothalamus throughout the estrous cycle, although a slight increase was observed in the median eminence on the day of estrus. However, the dopamine concentration in the median eminence of ovariectomized female rats was markedly increased, the value being approximately 140% of the values observed during the estrous cycle. Of further interest is the fact that seven daily injections of estradiol benzoate completely reversed this increase. The dopamine concentration in the median eminence of ovariectomized rats which received estradiol was the same as those observed throughout the estrous cycle. The increased dopamine concentration in the median eminence of ovariectomized rats may be a very selective effect since no corresponding change was observed in the concentration of this amine in the remaining hypothalamus. Norepinephrine concentrations were likewise unaltered in the median eminence and hypothalamus during the estrous cycle. In contrast to the elevation of the median

	Median Eminence		Hypothalamus	
	Dopamine	Norepinephrine	Dopamine	Norepinephrine
Diestrus l	150 ± 16	49 ± 7	5.4 ± 0.4	22.7 ± 1.3
	(10)	(10)	(10)	(10)
Diestrus 2	140 ± 10	40 ± 5	5.4 ± 0.3	22.7 ± 1.5
	(10)	(10)	(10)	(10)
Proestrus	144 ± 10	44 ± 2	5.7 ± 0.4	24.7 ± 1.7
	(10)	(10)	(9)	(9)
Estrus	165 ± 10	48 ± 5	5.3 ± 0.5	24.2 ± 1.7
	(10)	(10)	(10)	(10)
ovx	213 ± 13	60 ± 5	5.7 ± 0.4	26.3 ± 2.7
	(11)	(10)	(11)	(10)
OVX +	139 ± 28	57 ± 13	5.9 ± 0.2	28.7 ± 2.6
Estradiol	(5)	(5)	(6)	(6)

Table 3. Median eminence and hypothalamic catecholamine concentrations in the female rat

Values are expressed in ng catecholamine/mg protein. Ovariectomized animals (OVX) were used 28-38 days after surgery. Animals which received estradiol benzoate (25 μ g/kg, s.c.) were sacrificed 24 hours after the last of 7 daily injections. eminence dopamine concentration after ovariectomy, castration did not significantly alter median eminence or hypothalamic norepinephrine concentrations, although a slight increase was observed in the median eminence.

The ability of ovariectomy to markedly increase the median eminence dopamine concentration and the ability of estradiol administration to reverse this effect support the contention that tuberoinfundibular dopamine neurons may be responsive to hormonal influences.

II. Dopamine Turnover Studies

Although the median eminence responds differently to the actions of certain drugs and hormonal changes when compared to other brain regions, the examination of steady state dopamine concentrations provides very little information regarding the activity of a neuronal pathway. Therefore, in order to examine the hypothesis that differences may exist in the regulatory mechanisms governing the activity of nigrostriatal, mesolimbic and tuberoinfundibular dopamine neurons, studies involving drug-induced changes in dopamine turnover in the terminal regions of these pathways were performed.

A. Differential effects of acute agonist and antagonist administration on dopamine turnover in the striatum, olfactory tubercle and median eminence

Dopamine antagonists (neuroleptics) increase the turnover rate of dopamine in whole brain (Andén et al., 1964; Neff and Costa, 1966; Nybäck et al., 1967). More recently neuroleptics have been shown to increase dopamine turnover within specific neuronal pathways. In particular, these drug effects have been observed in dopaminergic terminals of the nigrostriatal (Besson et al., 1971; Andén et al.,

1970) and mesolimbic (Andén, 1972; Zivkovic et al., 1975a; Wilk et al., 1975; Wiesel et al., 1975) pathways located in the striatum and olfactory tubercle or nucleus accumbens, respectively. On the other hand, dopaminergic agonists (apomorphine, piribedil) decrease dopamine turnover in the striatum (Corrodi et al., 1972; Bariletto et al., 1975) and limbic cortex (Scatton et al., 1975). It is generally thought that these effects of dopamine antagonists and agonists are mediated by a neuronal feedback loop subsequent to receptor blockade or stimulation, respectively (Carlsson and Lindqvist, 1963).

The effects of haloperidol and piribedil on dopamine turnover in the median eminence were examined in order to compare the response of tuberoinfundibular neurons to drugs which are known to influence the activity of nigrostriatal and mesolimbic neurons.

Neither haloperidol (0.5 mg/kg, i.p.) nor piribedil (30 mg/kg, i.p.) significantly altered the dopamine concentrations in the terminal regions of these three pathways before the administration of a-methyltyrosine (i.e., zero time or steady state concentrations). Nevertheless, changes in the rate constants for the a-methyltyrosineinduced decline of dopamine in the striatum and olfactory tubercle were observed in haloperidol- and piribedil-treated animals (Figure 6, Table 4). In the corpus striatum the dopaminergic antagonist, haloperidol, accelerated the rate of decline of dopamine, increasing the synthesis rate to 190% of control. Although the rate constant for the decline of the dopamine concentration in the olfactory tubercle was similarly increased, the difference was not significant. Nevertheless, the dopamine concentrations at 60 and 120 minutes after a-methyltyrosine administration in the haloperidol-treated group were significantly less than control values at these times. On the other

Where Figure 6. The effects of a dopaminergic agonist (piribedil) and antagonist i.p. injection of saline 60 minutes prior to sacrifice. Symbols represent means (haloperidol) on the rate of decline of the dopamine concentration in the corpus and 2 hours after a-methyltyrosine administration. Control animals received an of a-methyltyrosine. Animals were sacrificed immediately before (0 time) or 1 See were injected i.p. 60 or 30 minutes, respectively, before the administration methyltyrosine (250 mg/kg). Haloperidol (0.5 mg/kg) or piribedil (30 mg/kg) striatum, olfactory tubercle and median eminence after i.p. injection of α and vertical lines indicate <u>+</u> 1 S.E.M. as determined from 6 to 9 animals. no S.E.M. is indicated the value is less than the radius of the symbol. Table 4 for statistical treatment of the data.





	Rate Constant [†] k (h ⁻¹)	Synthesis Rate µg dopamine/mg protein/h
Median Eminence		
Control (19)	0.411 ± 0.170	0,049
Haloperidol (23)	0.399 ± 0.180	0.046
Piribedil (20)	0.353 ± 0.288	0.038
Olfactory Tubercle		
Control (21)	0.392 ± 0.073	0,023
Haloperidol (22)	0.487 ± 0.108	0.025
Piribedil (20)	0.230 ± 0.159*	0.015
Striatum		
Control (21)	0.311 ± 0.067	0.027
Haloperidol (23)	$0.637 \pm 0.096*$	0.052
Piribedil (21)	0.178 ± 0.097*	0.015

Table 4.	Effects of a dopaminergic agonist and antagonist on dopamine
	synthesis rates in various brain regions

See legend to Figure 6 for details of drug administration. Numbers in parentheses indicate number of observations in treatment groups.

[†]Values represent the mean ± 95% confidence interval calculated from the slopes of the plots of Figure 6. Synthesis rates were calculated by multiplying the rate constant times the zero-time endogenous content of dopamine.

Indicates value different from control at p<0.05.

hand, the dopaminergic agonist, piribedil, reduced the rate of dopamine synthesis in the corpus striatum and olfactory tubercle to 55 and 65% of control, respectively. In contrast, neither haloperidol nor piribedil altered the rate constant for the α -methyltyrosineinduced decline of dopamine or the dopamine synthesis rate in the median eminence (Figure 6, Table 4).

These results suggest that a neuronal feedback mechanism may not regulate the activity of tuberoinfundibular dopamine neurons. Alternatively, dopamine receptors in the median eminence area may differ from those in the striatum and olfactory tubercle (e.g., the sensitivity of the receptors may be less). Thus, the lack of a drug-induced change in dopamine turnover in the median eminence may indicate a quantitative rather than a qualitative difference between tuberoinfundibular and nigrostriatal or mesolimbic neurons.

B. Time course for the effects of haloperidol on dopamine turnover in the striatum, olfactory tubercle and median eminence

In order to exclude the possibility that these differential drug effects reflected merely quantitative differences, the dose of haloperidol was increased and the time course for the effects of the neuroleptic on dopamine turnover in the striatum, olfactory tubercle and median eminence was examined.

Male rats were sacrificed 2, 8, 16, 24 and 72 hours after a single injection of haloperidol (2.5 mg/kg, s.c.). One hour before sacrifice and independent of the time of neuroleptic administration, half of the animals in each group received saline and the other half received α -methyltyrosine. At no time did haloperidol alter the steady state dopamine concentration in the striatum. That is, the

dopamine concentrations in this brain region of vehicle- and haloperidolpretreated rats which received saline were the same. Consequently, these values were combined and the mean is represented by the horizontal line in Figure 7. One hour after α -methyltyrosine administration the striatal dopamine concentration in vehicle-pretreated animals was reduced to approximately 75% of the steady state value. Haloperidol enhanced the α -methyltyrosine-induced reduction of striatal dopamine concentrations to approximately 50% of the steady state value 2 and 8 hours after a single injection; no effect was observed at 16, 24 and 72 hours after haloperidol.

Similar results were obtained in the olfactory tubercle. As in the striatum, haloperidol did not alter the steady state dopamine concentration at any time. Steady state values for haloperidol- and vehicle-pretreated animals were thus combined and are depicted in Figure 8 as the horizontal line. The α -methyltyrosine-induced depletion of the dopamine concentration in the olfactory tubercle of vehicle-pretreated rats was similar to that seen in the striata (i.e., approximately 75% of the steady state concentration). Haloperidol again enhanced the α -methyltyrosine-induced reduction of the dopamine concentration to approximately 50% of the steady state value at the earlier times (2 and 8 hours), while no effect was observed at later times (16, 24 and 72 hours).

The steady state dopamine concentration in the median eminence was likewise unaltered by haloperidol. In contrast to the effects of haloperidol in the striatum and olfactory tubercle, this neuroleptic did not affect the a-methyltyrosine-induced depletion of dopamine 2 and 8 hours after a single injection (Figure 9). However, unlike the results obtained in the striatum and olfactory tubercle, haloperidol

those values obtained from haloperidol-pretreated animals which differ signifishaded area \pm 1 S.E.M. The means of the α -methyltyrosine-depleted values are depicted by the solid (haloperidol) and open (vehicle) columns; vertical lines animals $(87.2 \pm 2.7 \text{ and } 89.8 \pm 2.4 \text{ ng/mg}$ protein, respectively). Accordingly, these values were combined; the horizontal line represents the mean and the * indicates depletion of dopamine in the striatum. Rats were sacrificed at the indicated or α -methyltyrosine (250 mg/kg, i.p.), independent of the time of neuroleptic One hour before sacrifice half of the animals in each group received saline administration. No significant differences were observed in the endogenous times after a single injection of haloperidol (2.5 mg/kg, s.c.) or vehicle. The effect of haloperidol on the α -methyltyrosine-induced striatal dopamine concentrations of haloperidol- and vehicle-pretreated represent <u>+</u> 1 S.E.M. based upon 5 to 15 separate determinations. cantly (p<0.05) from vehicle-pretreated animals. Figure 7.





shaded area \pm 1 S.E.M. The means of the α -methyltyrosine-depleted values are depicted by the solid (haloperidol) and open (vehicle) columns; vertical lines animals (63.4 ± 1.7 and 67.6 ± 2.0 ng/mg protein, respectively). Accordingly, details of drug administrations. No significant differences were observed in the endogenous dopamine concentrations of haloperidol- and vehicle-pretreated those values of the haloperidol-pretreated animals which differ significantly See legend to Figure 7 for these values were combined; the horizontal line represents the mean and the * indicates The effect of haloperidol on the α -methyltyrosine-induced represent <u>+</u> 1 S.E.M. based upon 5-15 separate determinations. depletion of dopamine in the olfactory tubercle. (p<0.05) from the vehicle-pretreated animals. Figure 8.

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DOPAMINE (ng/mg protein)

Figure 9. The effect of haloperidol on the α -methyltyrosine induced depletion of dopamine in the median eminence. See Figure 7 for details of drug administrations. No significant differences were observed in the endogenous dopamine concentrations of haloperidol- and vehicle-pretreated animals (132.2 ± 4.4 and 133.2 ± 3.7 ng/mg protein, respectively). Accordingly, these values were combined; the horizontal line represents the mean and the shaded area ± 1 S.E.M. The means of the α -methyltyrosine-depleted values are depicted by the solid (haloperidol) and open (vehicle) columns; vertical lines represent ± 1 S.E.M. based upon 6 to 18 separate determinations. * indicates those values of the haloperidolpretreated animals which differ significantly (p<0.05) from the vehicle-pretreated animals.



MEDIAN EMINENCE

Figure 9

did enhance the a-methyltyrosine-induced reduction of median eminence dopamine concentrations at later times, 16 and 24 hours after administration.

Thus, haloperidol can increase dopamine turnover in all three brain regions, although apparently through different mechanisms. The rapid effect in the striatum and olfactory tubercle is probably mediated through a neuronal feedback loop, subsequent to the blockade of postsynaptic dopamine receptors. However, this rapid effect was not observed in the median eminence. Although haloperidol produced a delayed increase in dopamine turnover in the median eminence, it does not appear that this effect is mediated by a similar neuronal feedback mechanism.

C. Haloperidol in hypophysectomized rats

Since neuronal systems in the median eminence are involved in controlling the secretion of a number of anterior pituitary hormones, one possibility for the delayed increase of dopamine turnover in this brain region after haloperidol is that this action is mediated by hormones released from the pituitary. The possibility that the haloperidol-induced increase in dopamine turnover in the median eminence is hormonally mediated was investigated by examining the effects of haloperidol in hypophysectomized animals.

Sixteen hours after the subcutaneous injection of haloperidol (2.5 mg/kg), the rate constant for the decline of the dopamine concentration in the median eminence and, consequently, the calculated synthesis rates of dopamine were increased 100% (Figure 10A, Table 5).

Hypophysectomy resulted in a 30% reduction of the steady state (zero time) dopamine concentration in the median eminence (Figure 10).
Where no S.E.M. is indicated the value is less than the radius of the symbol. physectomized rats 16 hours after the subcutaneous administration of vehicle hours after an i.p. injection of a-methyltyrosine (250 mg/kg). Symbols represent means and vertical lines <u>+</u> 1 S.E.M. as determined for 7-9 animals. Figure 10. The a-methyltyrosine-induced decline of the dopamine consacrificed 1 hour after an i.p. injection of saline (zero time) or 1 or 2 centration in the median eminence of (A) unoperated control and (B) hypo-(open circles) or haloperidol, 2.5 mg/kg (solid circles). Animals were See Table 5 for statistical treatment of the data.

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	Rate Con k (hr	nstant -1 ₎	Synthesis µg dop amine/m g	Rate protein/h
Median Eminence				
Controls				
Vehicle	0.26 ±	0.02	0.036	
Haloperidol	0.53 ±	0.02*	0.072	
Hypophysectomized				
Vehicle	0.24 ±	0.04	0.017	
Haloperidol	0.26 ±	0.04	0.021	
Striatum				
Controls				
Vehicle	0.28 ±	0.02	0.026	
Haloperidol	0.29 ±	0.02	0.026	
Hypophysectomized				
Vehicle	0.19	0.02	0.017	
Haloperidol	0.40	0.02*	0.035	

Table 5.	Effects of haloperidol on dopamine synthesis rates in t	he
	median eminence and striatum	

See legend to Figure 10 for details of drug administration.

Values for the rate constant represent the mean \pm 95% confidence interval. Synthesis rates were calculated by multiplying the rate constant times the zero time endogenous concentration of dopamine.

* Indicates those values of haloperidol-pretreated animals which differ from those of the paired vehicle-pretreated group at p<0.05.

Despite this reduction, the rate constant for the decline of the dopamine concentration after a-methyltyrosine, 0.24 hour⁻¹, was the same as that observed in unoperated controls, 0.26 hour⁻¹ (Table 5). On the other hand, hypophysectomy did prevent the haloperidol-induced increase in dopamine turnover in the median eminence.

The effects of haloperidol on striatal dopamine turnover were also determined in the same unoperated and hypophysectomized animals. Consistent with the time course for the actions of haloperidol, this neuroleptic had no effect on dopamine turnover in the striata of unoperated controls 16 hours after a single administration (2.5 mg/kg, s.c.) (Figure 11A, Table 5). In contrast, haloperidol enhanced the rate of the α -methyltyrosine-induced decline of striatal dopamine concentrations of hypophysectomized animals by approximately 100% (Figure 11B, Table 5).

Thus, although haloperidol increased dopamine turnover in the median eminence, this action was dependent upon the presence of the pituitary gland. These results suggest, therefore, that the action of haloperidol on tuberoinfundibular neurons is indirect and most likely hormonally mediated.

It was of further interest to determine if other antipsychotic agents could increase dopamine turnover in the median eminence. Either thioridazine (16 mg/kg, s.c.) or clozapine (40 mg/kg, s.c.) was given 16 and 8 hours before sacrifice. Neither drug altered the steady state dopamine concentration in the median eminence (Table 6). However, similar to the actions of haloperidol, both thioridazine and clozapine pretreatment enhanced the α -methyltyrosine-induced depletion of dopamine in this brain region when compared to vehicle-pretreated controls.

after an i.p. injection of saline (zero time) or 1 or 2 hours after an i.p. injection of α -methyltyrosine (250 mg/kg). Symbols represent means and vertical lines \pm 1 S.E.M. as determined for 7-9 animals. Where no S.E.M. is indicated the value is less than the radius of the symbol. See Table 5 for statistical The a-methyltyrosine-induced decline of the dopamine concenrats 16 hours after the subcutaneous administration of vehicle (open circles) tration in the striata of (A) unoperated controls and (B) hypophysectomized or haloperidol, 2.5 mg/kg (solid circles). Animals were sacrificed 1 hour treatment of the data. Figure 11.



			Treatment	
Pretreatment		Saline (ng dop	a-Methyltyrosine amine/mg protein)	<u>a-Methyltyrosine</u> x 100 ^a Saline
Vehicle	16 hr	120 ± 11 (7)	89 ± 8 (7)	75 ± 7
Thioridazine	16 hr	118 ± 8 (6)	49 ± 4 (7)	41 ± 4*
Vehicle	16 hr	122 ± 10 (9)	90 ± 8 (8)	70 ± 6
Clozapine	16 hr	137 ± 10 (8)	61 ± 7 (7)	$47 \pm 5^*$

Table 6. Effects of thioridazine and clozapine on the a-methyltyrosine induced depletion of dopamine in the median eminence

Rats received thioridazine (16 mg/kg), clozapine (40 mg/kg) or vehicle subcutaneously 16 and 8 hours before sacrifice. One hour before sacrifice half of the animals in each group received saline and half received α -methyltyrosine (250 mg/kg) i.p. Neither thioridazine nor clozapine altered the steady state dopamine concentration in the median eminence. Numbers in parentheses represent the number of animals in each treatment group.

Indicates those values from thioridazine or clozapine-pretreated animals which differ significantly (p<0.05) from their vehicle-pretreated controls.

^aThese values represent the α -methyltyrosine values expressed as a percent of a combined saline and thioridazine or saline and clozapine zero time value.

D. Selective actions of prolactin administration on dopamine turnover

High circulating levels of prolactin have been shown to inhibit prolactin release by the *in situ* pituitary (Meites and Clemens, 1972; MacLeod, 1974) and may do so by <u>increasing dopamine</u> turnover in the median eminence (Fuxe and Hökfelt, 1969). Since haloperidol and other antipsychotic agents increase pituitary prolactin release (Dickerman et al., 1972; Clemens et al., 1974), drugelevated serum prolactin concentrations may mediate the action of neuroleptics to increase dopamine turnover in the median eminence. The effect of exogenous prolactin administration on dopamine turnover in the median eminence was therefore examined.

Ovariectomized female rats received ovine prolactin (5.0 mg/kg, s.c.) or vehicle as follows. Two groups of rats were injected with prolactin or vehicle every 8 hours for 1 or 3 days and sacrificed 2 hours after the last injection, or 26 and 74 hours after the first injection, respectively. Another group was given prolactin 10 and 2 hours before decapitation, and a fourth group was given prolactin 2 hours before decapitation.

The steady state median eminence dopamine concentrations of prolactin- and vehicle-pretreated rats were similar (127.9 \pm 5.7 and 129.7 \pm 4.9 ng dopamine/mg protein, respectively). Therefore, these values were combined and the mean is represented as the horizontal line in Figure 12. a-Methyltyrosine reduced the dopamine concentration in the median eminence of vehicle-pretreated rats to 50% of the steady state concentration. After 2 and 10 hours of prolactin administration, no differences were observed in the a-methyltyrosineinduced decline of the dopamine concentration between the two groups.

Figure 12. Effects of prolactin (PRL) administration on the α -methyltyrosine-induced depletion of dopamine in the median eminence. Ovariectomized rats were treated with PRL or vehicle for the indicated times as described in Results. Animals in each group received saline or α -methyltyrosine 1 hour before sacrifice. PRL administration had no effect on the endogenous dopamine concentration in saline-pretreated animals (129.7 ± 4.9 and 127.9 ± 5.7 ng/mg protein in vehicle- and PRL-pretreated rats, respectively). Accordingly, these values were combined; the horizontal line represents the mean and the shaded area 1 S.E.M. Columns and vertical lines represent the means ± 1 S.E.M. of the α -methyltyrosine-depleted groups. * indicates those values of the PRL-pretreated animals which differ significantly (p<0.05) from the vehicle-pretreated animals.



Figure 12

However, the a-methyltyrosine-induced depletion of dopamine in the prolactin-pretreated animals was significantly greater than in the vehicle-pretreated rats after 1 and 3 days of prolactin administration. This suggests that after a definite latent period, prolactin administration increases the turnover of dopamine in the median eminence. Indeed, this lag period is very similar to the delay seen before haloperidol increased dopamine turnover in the median eminence.

The effects of prolactin administration were also examined in the striatum (Figure 13). As in the median eminence, prolactin had no effect on the steady state dopamine concentration. However, in contrast to the results observed in the median eminence, prolactin administration did not influence the α -methyltyrosine-induced depletion of dopamine in the striatum at any of the times examined.

Serum LH and FSH concentrations in prolactin- and vehiclepretreated rats were also determined (Table 7). Castration produced a marked elevation of serum LH and FSH levels when compared to the intact controls (diestrous). Prolactin administration partially prevented the post-castration rise of serum LH after 1 or 3 days of treatment. A similar effect of prolactin on serum FSH was observed. The post-castration rise of FSH was significantly reduced after 10 hours and 1 or 3 days of prolactin administration.

Thus, the exogenous administration of prolactin is capable of selectively increasing the activity of the tuberoinfundibular dopamine pathway. Since tuberoinfundibular neurons appear to be responsible for the tonic inhibition of prolactin secretion (Meites and Clemens, 1972), the prolactin-induced increase of dopamine turnover in the median eminence may be one mechanism by which prolactin regulates its own secretion.

Figure 13. Effects of prolactin (PRL) administration on the α -methyltyrosine-induced depletion of dopamine in the corpus striatum. Ovariectomized rats were treated with PRL or vehicle for the indicated times as described in Results. Animals in each group received saline or α -methyltyrosine 1 hour before sacrifice. PRL administration had no effect on the endogenous dopamine concentration (91.8 ± 3.7 and 89.6 ± 4.1 ng dopamine/mg protein in vehicle- and PRL-pretreated rats, respectively). Accordingly, these values were combined; the horizontal line represents the mean and the shaded area ± 1 S.E.M. Columns and vertical lines represent the means ± 1 S.E.M. for the α -methyltyrosine-depleted groups.



Figure 13

Duration of PRL	LH (ne	g/ml)	FSH (ng/ml)			
Administration	Vehicle	PRL	Vehicle	PRL		
Intact Controls	22 ± 1		62 ± 20			
2 hours	192 ± 28	207 ± 41	886 ± 45	911 ± 23		
10 hours	295 ± 44	195 ± 33	837 ± 17	765 ± 31*		
26 hours	345 ± 40	226 ± 28*	888 ± 36	758 ± 17*		
74 hours	4 81 ± 59	268 ± 41*	942 ± 56	633 ± 77*		

Table 7. Effects of prolactin (PRL) administration on serum LH and FSH concentrations of female ovariectomized rats

All animals were sacrificed 4 days after ovariectomy and at the indicated times after the initiation of PRL administration as described in Results. Each value represents the mean \pm 1 S.E.M. of 6-8 separate determinations at each of the times of PRL or vehicle pretreatment.

* Indicates those values of the PRL-pretreated animals which differ significantly (p<0.05) from the vehicle-pretreated animals.

The observation that the prolactin-induced increase of dopamine turnover in the median eminence was accompanied by decreases in the post-castration rise of serum LH and FSH suggests that tuberoinfundibular dopamine neurons may mediate these effects and supports the contention of Fuxe et al. (1976) that tuberoinfundibular neurons inhibit the release of LH and FSH.

The ability of elevated serum prolactin concentrations to increase dopamine turnover in the median eminence provides evidence for the hypothesis that dopaminergic neurons of the tuberoinfundibular, pathway may be regulated by a hormonal-neuronal feedback mechanism in contrast to the neuronal feedback mechanism regulating nigrostriatal and mesolimbic neurons.

In addition, this hormonal-neuronal feedback mechanism appears to be a sluggish system, as evidenced by the lag time in the activation of tuberoinfundibular neurons after prolactin and haloperidol administration. This contrasts to the rapid response of neuronal feedback modulation of nigrostriatal and mesolimbic neurons.

E. Effects of estradiol benzoate on dopamine turnover and serum prolactin concentrations

Pituitary prolactin release is markedly enhanced by endogenous gonadal steroids. Since dopamine turnover in the median eminence was increased after the administration of exogenous prolactin, it was of interest to examine the effects of estradiol benzoate administration on serum prolactin concentrations and dopamine turnover in the median eminence. In order to examine the regional specificity of the actions of estradiol, its effects on dopamine turnover in the striatum were also determined.

Male rats were injected daily with estradiol benzoate, $25 \mu g/kg$, or corn oil vehicle, subcutaneously, for 1, 3 or 5 days. Animals were sacrificed 24 hours after the last injection. Once again, half of the animals in each group received saline and the other half received a-methyltyrosine 1 hour before sacrifice. Since the dopamine concentrations in the median eminence of vehicle- and estradiolpretreated rats which received saline were not significantly different, these values were combined and are represented by the horizontal line in Figure 14A. One hour treatment with a-methyltyrosine reduced the dopamine concentration in the median eminence of vehicle-pretreated rats to 55-70% of the values in saline-treated animals. The g-methyltyrosine-induced depletion of dopamine in the median eminence of animals treated for 1 day with estradiol or vehicle was the same. However, the a-methyltyrosine-induced decline of dopamine was significantly greater in the estrogen-pretreated group after 3 and 5 days of injections, the dopamine concentration being 43 and 30% of the control steady state value, respectively.

In the striatum, as in the median eminence, estrogen pretreatment did not alter the steady state concentration of dopamine. However, unlike the results observed in the median eminence, the α -methyltyrosine-induced depletion of dopamine in the striatum was not altered by estradiol treatment (Figure 14B). The dopamine concentrations in the α -methyltyrosine-treated groups ranged from 71-78% of the steady state value.

Serum prolactin concentrations were also determined in these same animals; the results are summarized in Table 8. When compared to the appropriate corn oil controls, estradiol increased serum prolactin concentrations, an increase which became progressively greater with

a-methyltyrosine (250 mg/kg, i.p.). Since there were no significant differences Male rats were injected daily with estradiol benzoate (25 µg/kg, s.c.) or corn dopamine concentrations in the brain regions of animals sacrificed 60 minutes by solid bars; vertical lines represent 1 S.E.M. based on 5-9 determinations. The oil vehicle for 1, 3 or 5 days, the last injection being made 24 hours prior point were injected with saline (zero time controls) and the other half with of vehicle- and estrogen-pretreated rats which received saline, these values their respective zero time controls. Values from vehicle-pretreated animals which received a-methyltyrosine are represented by open bars and values from tion of dopamine concentrations in the (A) median eminence and (B) striatum. estrogen-pretreated animals which received a-methyltyrosine are represented to sacrifice. One hour prior to sacrifice half of the animals at each time indicates values in estrogen-pretreated rats which are significantly dif-Effects of estrogen on the a-methyltyrosine-induced reducin the dopamine concentrations of median eminence (114.8 \pm 8.3 and 111.9 \pm 7.4 ng/mg protein) and striatum (113.6 \pm 3.4 and 107.2 \pm 3.1 ng/mg protein) after the injection of α -methyltyrosine were calculated as a percentage of The means of the zero time controls were set at 100% and represented by the horizontal lines and <u>+</u>1 S.E.M. by the shaded areas. ferent from vehicle-pretreated rats (p<0.05). Figure 14. were combined.



					Se	rw	m Prola	actin	(:	ng/ml)			
Pretreatment			Corn Oil						Estradiol Benzoate				
Treatment		Sa	111	ne	a-Methy	lt	yrosin	e Sa	11	ne a-l	Methyl	tyrosine	
Days of Pretreatment	N												
1	11	19	±	3	113	±	8*	40	±	4*	190 :	£ 15†	
3	6	33	±	6	99	±	25*	74	±	7*	328 :	£ 23†	
5	4	40	±	23	101	±	20*	141	±	13*	288 :	£ 8†	

Table 8. Effects of estradiol benzoate and *a*-methyltyrosine on serum concentrations of prolactin

Male rats were injected daily with estradiol benzoate (25 μ g/kg, i.p.) or corn oil vehicle for 1, 3 or 5 days, the last injection being made 24 hours prior to sacrifice. One hour prior to sacrifice, half of the animals at each time point were injected with saline and the other half with a-methyltyrosine (250 mg/kg, i.p.).

* Indicates those values which differ significantly (p<0.05) from the appropriate values for corn oil-saline treated animals.

[†]Indicates a significantly greater (p<0.05) α -methyltyrosineinduced increase in estradiol-treated animals. increasing duration of estradiol pretreatment. Prolactin concentrations rose from 40 ng/ml, after 1 day of estradiol, to 140 ng/ml after 5 days of injections. α -Methyltyrosine administration increased serum prolactin concentrations in vehicle-pretreated animals. This α -methyltyrosine-induced effect was enhanced in estradiol-pretreated animals. That is, serum prolactin concentrations in rats treated with both estradiol and α -methyltyrosine were significantly higher (p<0.05) than in rats treated with either agent alone. Thus, although serum prolactin concentrations are elevated after estradiol administration, they would be much greater without the inhibitory influence of tuberoinfundibular neurons.

Estrogen clearly enhanced the *a*-methyltyrosine-induced reduction of the dopamine concentrations in the median eminence, an action which appears to be specific for this brain region since no effect was observed in the striatum. This action in the median eminence was accompanied by an estrogen-induced increase in serum prolactin concentrations. However, these two effects may or may not be causally related. For example, estrogen may increase dopamine turnover in the median eminence independent of its ability to increase serum prolactin concentrations. On the other hand, estrogen may increase dopamine turnover as a consequence of the elevated serum prolactin concentrations. In order to distinguish between these two possibilities, the effects of estrogen were determined on the turnover of dopamine in the median eminence of hypophysectomized rats. The results of this experiment are presented in Figure 15. The ability of 3 daily injections of estradiol to enhance the a-methyltyrosine-induced decline of median eminence dopamine concentrations in normal rats was completely abolished by hypophysectomy. Thus, estrogen does not appear to have

Figure 15. Effects of estrogen on the a-methyltyrosine-induced reduction of dopamine concentrations in the median eminence of control and hypophysectomized rats. Male rats were injected daily with estradiol benzoate (25 μ g/kg, s.c.) or corn oil vehicle for 3 days. See legend to Figure 14 for details of drug administration. The means of zero time controls were set at 100% and represented by the horizontal lines and + 1 S.E.M. by the shaded areas. Median eminence dopamine concentrations of animals sacrificed 60 minutes after the injection of α -methyltyrosine were calculated as a percentage of their respective zero time controls. Values from vehicle-pretreated animals which received a-methyltyrosine are represented by open bars and values from estrogen-pretreated animals which received a-methyltyrosine are represented by solid bars; vertical lines represent 1 S.E.M. based on 10-14 determinations. * indicates values in estrogen-pretreated rats which are significantly different from vehicle-pretreated rats (p<0.05).





a direct influence on the activity of tuberoinfundibular neurons, but rather produces its effect by elevating serum prolactin concentrations.

F. Effects of hypothalamic deafferentation on drug-induced changes in serum prolactin concentrations and dopamine turnover in the median eminence

Although recent studies have attempted to identify components of the neuronal feedback mechanism governing the activity of nigrostriatal and mesolimbic neurons, very little work has been done on the pathways involved in the proposed hormonal-neuronal feedback regulation of tuberoinfundibular dopamine neurons. The observations that high circulating levels of prolactin or an implant of prolactin into the median eminence region blocks prolactin secretion associated with suckling, proestrus (Voogt and Meites, 1973) and pseudopregnancy (Dang and Voogt, 1977) and increases dopamine turnover in the hypothalamus (Fuxe and Hökfelt, 1969) suggest that the action of elevated serum prolactin concentrations to increase the activity of tuberoinfundibular neurons involves the hypothalamus.

The following experiment was designed to determine whether the proposed prolactin-mediated feedback mechanism involves extra- or intrahypothalamic neuronal pathways. A modified Halász knife (height 2.0 mm; radius 1.5 mm) was used to isolate a portion of the medial basal hypothalamus (Figure 16). The hypothalamic deafferentation extended from just caudal of the optic chiasma to the mamillary region (Figure 17). Although the lesion was intended to isolate the arcuate nucleus and median eminence (i.e., tuberoinfundibular neurons), the hypothalamic island also probably contained the rostral periventricular dopamine cell group (A14) and the caudal diencephalic



hypothalamus. Broken lines represent planes of section through the brain. Solid lines outline hypothalamic fragment from which the island was taken. The insert at the right shows the location of the deafferented island within the hypothalamic fragment. Figure 17. Sagittal view of the rat brain depicting the brain regions examined after hypothalamic deafferentation. Heavy dark lines indicate the borders used in dissecting the remaining hypothalamus. AHA, anterior hypothalamic area; CA, anterior commissure; CC, corpus callosum; CO, optic chiasm; CT, nucleus centralis tegmenti; DMH, dorsomedial nucleus; FX, fornix; IP, interpeduncular nucleus; NA, arcuate nucleus; PH, posterior hypothalamic nucleus; PVH, paraventricular nucleus; POA, preoptic area.



dopamine cell group (All), as described by Björklund and Nobin (1973) and Björklund et al. (1975).

The effects of hypothalamic deafferentation were first examined on the dopamine and norepinephrine concentrations in the three areas depicted in Figure 17--the median eminence, the hypothalamic island and the remaining hypothalamus. The results are presented in Figure 18. Sixteen days after hypothalamic deafferentation the dopamine concentration in the median eminence, hypothalamic island and remaining hypothalamus was not dignificantly different from the dopamine concentration in these same brain regions of control animals, which were sacrificed immediately after the lesion was made. In contrast, the norepinephrine concentration in the median eminence and hypothalamic island was reduced 40-50% in animals deafferented 16 days prior to sacrifice. The norepinephrine concentration in the remaining hypothalamus was similar in the two groups of animals. These results are in agreement with earlier histofluorescent (Löfström et al., 1976a, fluorescent (Weiner et al., 1972; Cuello et al., 1973c) and radioenzymatic (Brownstein et al., 1976) studies and support the conclusion that dopamine in the median eminence and hypothalamic island is contained in neurons which lie totally within the isolated area. However, the norepinephrine in these two regions is contained in neurons which originate in the brain stem (Ungerstedt, 1971a; and many others). Thus, hypothalamic deafferentation results in the transection of these noradrenergic neurons, degeneration of the nerve terminals and a subsequent reduction in the norepinephrine concentration.

Since animals which were sacrificed immediately after deafferentation were still anesthetized, it was necessary to determine whether anesthesia alone had any effects on median eminence or hypothalamic

ferentation. Column heights represent the means and vertical lines <u>+</u> 1 S.E.M. deafferented group which differ significantly (p<0.05) from the control group. Figure 18. Effects of hypothalamic deafferentation on the concentration of dopamine and norepinephrine in the median eminence, hypothalamic island columns) or 16 days (solid columns) following complete hypothalamic deaffor 7-9 separate determinations. * indicates those values of the 16 day and remaining hypothalamus. Animals were sacrificed immediately (open



Figure 18

catecholamine concentrations. No differences were observed in the dopamine and norepinephrine concentrations in the median eminence and hypothalamus of Equithesin-anesthetized animals when compared to their untreated controls (Table 9).

Isolation of the medial basal hypothalamus did not alter basal serum prolactin concentrations (Figure 19). The serum prolactin concentration of deafferented animals which received saline, 13.7 \pm 2.5 ng/ml, did not differ significantly from the serum prolactin concentration of normal intact male rats in our laboratory (11.4 \pm 1.6 ng/ml). Furthermore, hypothalamic deafferentation did not appear to alter the ability of certain drugs to increase serum prolactin concentrations (Figure 19). One hour after the administration of a-methyltyrosine (250 mg/kg, i.p.), serum prolactin concentrations were increased fivefold to 61 ng/ml. Similar results have been reported by Weiner (1975). In addition, prolactin concentrations were still elevated (104 ng/ml) 16 hours after a single injection of haloperidol (2.5 mg/kg, s.c.). Thus, hypothalamic deafferentation does not appear to alter the ability of the pituitary to respond to drugs which normally increase prolactin secretion.

The central question, however, was: what effect would hypothalamic deafferentation have on the prolactin-induced increase in the activity of tuberoinfundibular dopamine neurons? The effects of haloperidol on dopamine turnover in the median eminence, hypothalamic island and remaining hypothalamus were, therefore, examined. The dose of haloperidol and time of administration were the same as those employed in a previous study (Figures 9 and 10) in which an increase in dopamine turnover in the median eminence of normal unoperated animals was

		Dopa	mine*			Norepinephrine*					
Median	Control		Anest	Anesthetized		ontrol	Anest	Anesthetized			
	141	± 16	140	± 9	66	± 7	54	± 4			
Eminence	(6)		(7)		(6)		(7)			
Hypothalamus	3.9	± 0.3	4.	9 0.5	14.	9 ± 1.4	14.	7 ± 1.8			
	(7)		(7)		(7)		(7)			

Table 9. Effects of anesthesia on median eminence and hypothalamic concentrations of dopamine and norepinephrine

Numbers in parentheses indicate the number of animals in each group.

ng/mg protein.

Figure 19. Serum prolactin concentrations in deafferented male rats. Deafferented male rats were pretreated with haloperidol (2.5 mg/kg, s.c.) or vehicle 16 hours before sacrifice. One hour before sacrifice half of the animals in each group were treated with saline and the other half with α -methyltyrosine (α MT) (250 mg/kg, i.p.). The means of 11-18 values are represented by the columns; the vertical lines represent + 1 S.E.M. The horizontal line represents the serum prolactin concentration of normal unoperated male rats; the shaded area indicates + 1 S.E.M.



Figure 19

observed. Steady state dopamine concentrations in the median eminence, hypothalamic island and remaining hypothalamus were unaltered 16 hours after a single administration of haloperidol (2.5 mg/kg, s.c.). Consequently, the steady state values of vehicle- and haloperidolpretreated animals were combined and are represented by the horizontal lines in Figure 20. In vehicle-pretreated animals, the median eminence dopamine concentration was reduced to 65% of the steady state concentration 1 hour after the administration of a-methyltyrosine. Haloperidol enhanced the a-methyltyrosine-induced reduction of the dopamine concentration in the median eminence of deafferented rats to approximately 40% of the steady state concentration. The steady state dopamine concentration in the hypothalamic island and remaining hypothalamus were likewise unaffected by haloperidol. However, the ability of haloperidol to enhance the a-methyltyrosine-induced depletion appeared to be specific for the median eminence since the decline of the dopamine concentration in vehicle- and haloperidol-pretreated rats was similar in both the hypothalamic island and the remaining hypothalamus.

The action of haloperidol on dopamine neurons in the median eminence of deafferented animals was essentially the same as that seen on those in the median eminence of normal unoperated control animals (Figure 21). The steady state median eminence dopamine concentration and the a-methyltyrosine-induced depletion in vehiclepretreated animals were similar in normal and deafferented male rats. More importantly, the haloperidol-induced increase in the a-methyltyrosine-induced depletion was almost identical in the two groups.

Figure 20. Effects of haloperidol on the a-methyltyrosineinduced decline of the dopamine concentration in the median eminence, hypothalamic island and remaining hypothalamus. Rats were sacrificed 16 hours after a single injection of haloperidol (2.5 mg/kg, s.c.) or vehicle. One hour before sacrifice half of the animals in each group received saline and the other half received a-methyltyrosine (250 mg/kg, i.p.). No significant differences were observed in the dopamine concentration in the median eminence, hypothalamic island and remaining hypothalamus of haloperidol- and vehicle-pretreated animals which received saline. The zero time values were combined and represented by the horizontal lines; the shaded areas indicate + 1 S.E.M. The means of the a-methyltyrosine-depleted values are represented by the open (vehicle) and solid (haloperidol) columns and are based on 7-10 determinations. Vertical lines represent + 1 S.E.M. * indicates a significantly (p<0.05) greater a-methyltyrosine-induced depletion.


Figure 20

Figure 21. Effect of haloperidol on the α -methyltyrosineinduced decline of the dopamine concentration in the median eminence of normal unoperated control and deafferented male rats. See legend to Figure 20 for details of drug administration. No significant differences were observed in the median eminence dopamine concentration of vehicle- and haloperidol-pretreated normal unoperated or deafferented animals which received saline. These values were combined and are represented by the horizontal lines; the shaded areas represent ± 1 S.E.M. Columns represent the means of the α -methyltyrosine-depleted values from vehicle-(open) and haloperidol- (solid) pretreated animals; vertical lines indicate ± 1 S.E.M. for 8-10 determinations. \pm indicates a significantly (p<0.05) greater α -methyltyrosine-induced depletion.



Figure 21

Thus, the proposed hormonal-neuronal feedback mechanism regulating the activity of tuberoinfundibular dopamine neurons and prolactin secretion appears to involve an action of prolactin directly on neurons within the medial basal hypothalamus, possibly an action on the dopamine-containing cell bodies of tuberoinfundibular neurons in the arcuate nucleus.

G. Effects of subacute piribedil administration on dopamine turnover in the median eminence

The previous studies demonstrate that elevated serum prolactin concentrations may activate tuberoinfundibular dopamine neurons as part of a hormonal-neuronal feedback mechanism which functions to regulate pituitary prolactin release. It was of further interest to determine if a drug-induced reduction of serum prolactin concentrations would decrease the activity of tuberoinfundibular neurons.

Dopaminergic agonists, such as piribedil and apomorphine, reduce serum prolactin concentrations (Mueller et al., 1976). Despite the observation that acute piribedil administration did not alter dopamine turnover in the median eminence (Figure 6), the effects of subacute administration on dopamine turnover in the median eminence were examined in view of the time course for the actions of elevated prolactin concentrations to increase dopamine turnover in this region.

Male rats received piribedil (30 mg/kg, s.c.) or vehicle 26, 18, 10 and 2 hours before sacrifice. This dose of piribedil reduces serum prolactin concentrations for at least 8 hours (Table 10). As in the previous studies, steady state median eminence dopamine concentrations were unaltered by piribedil administration (Table 11). Somewhat surprisingly, however, this regimen of piribedil administration enhanced the α -methyltyrosine-induced depletion of dopamine in the

Treatment	Prolactin (ng/ml)
Vehicle	125 ± 14
Piribedil	
4 hours	55 ± 6
8 hours	88 ± 10
16 hours	103 ± 9

Table 10. Time course for the reduction of estradiol-elevated serum prolactin concentrations by piribedil

Male rats received estradiol benzoate (25 μ g/kg, s.c.) daily for 5 days. Twenty-four hours after the last injection, animals received vehicle or piribedil (30 mg/kg, s.c.). Animals were sacrificed 4 hours after the vehicle injection and 4, 8 and 16 hours after administration of piribedil.

Pretreatment	Treatment		
	Saline (ng dopa	a-Methyltyrosine amine/mg protein)	$\frac{a-Methyltyrosine}{Saline} \times 100^{\circ}$
Vehicle	155 ± 9 (11)	97 ± 6 (11)	68 ± 4
Piribedil	131 ± 11 (11)	78 ± 4 (11)	55 ± 5*

Table 11. Effect of piribedil on the a-methyltyrosine-induced depletion of dopamine in the median eminence

Rats received piribedil (30 mg/kg) or vehicle subcutaneously 26, 18, 10 and 2 hours before sacrifice. One hour before sacrifice, half of the animals in each group received saline and half received α -methyltyrosine (250 mg/kg, i.p.). Piribedil did not alter the steady state dopamine concentration in the median eminence. Numbers in parentheses represent the number of animals in each group.

Indicates the value for the piribedil-treated animals differs significantly (p<0.05) from the vehicle-pretreated control value.

^aThese values represent the *a*-methyltyrosine values expressed as a percent of a combined vehicle and piribedil zero time value. median eminence, indicating that dopamine turnover was increased rather than decreased, as was expected.

These results differ from those observed 2 hours after the single injection of piribedil (Figure 6). The increase in turnover in the median eminence seen after multiple injections of piribedil every 8 hours may be due to the accumulation of the drug. Therefore, a dose response relationship was examined. The effects of piribedil (25, 50 and 100 mg/kg, i.p.) on the α -methyltyrosine-induced depletion of dopamine in the median eminence, olfactory tubercle and striatum are presented in Table 12. Piribedil (25 and 50 mg/kg) did not alter the steady state dopamine concentration in the striatum and olfactory tubercle. Consistent with the results observed in the acute study, piribedil reduced the a-methyltyrosine-induced decline of dopamine in the striatum and olfactory tubercle at 25 and 50 mg/kg. Although piribedil likewise did not alter the steady state dopamine concentrations in the median eminence, the effects of this dopamine agonist on the decline of dopamine in this brain region were completely opposite from the results observed in the striatum and olfactory tubercle. In a dose dependent manner, piribedil significantly enhanced the α -methyltyrosine-induced reduction of median eminence dopamine concentrations. The observation that the lowest dose of piribedil, 25 mg/kg, had no effect on dopamine turnover in the median eminence is consistent with the results observed in the acute study (Figure 6). Since larger doses of piribedil increased dopamine turnover in this brain region, the action of multiple injections of 30 mg/kg to enhance dopamine turnover probably reflects an accumulated drug effect. Nevertheless, the action of piribedil on the terminals of tuberoinfundibular neurons in the median eminence not only differs

	Treatment				
Pretreatment	Sali (ng	ne dop	a-Methyltyrosine amine/mg protein)	<u>a-Methyltyro</u> Saline	sine x 100 ^a
Median Eminence					
Vehicle Piribedil	128 ±	6	91 ± 4	68 ±	3
25 mg/kg	152 ±	10	79 ± 7	60 ±	5
50 mg/kg	127 ±	9	66 ± 5	50 ±	3*
100 mg/kg	132 ±	9	64 ± 5	4 8 ±	4*
Olfactory Tubero	cle				
Vehicle Piribedil	79 ±	5	60 ± 3	74 ±	3
25 mg/kg	84 ±	5	73 ± 5	9 0 ±	6*
50 mg/kg	79 ±	3	73 ± 5	91 ±	6*
Striatum					
Vehicle	101 ±	5	74 ± 3	73 ±	3
Piribedil					
25 mg/kg	107 ±	5	94 ± 6	92 ±	6*
50 mg/kg	97 ±	5	93 ± 4	91 ±	4*

Table 12.	Effects of piribedil on the a-methyltyrosine-induced
	depletion of dopamine in various brain regions

Rats received piribedil or vehicle subcutaneously 3 hours before sacrifice. One hour before sacrifice, half of the animals in each group received saline and the other half received a-methyltyrosine (250 mg/kg, i.p.). Piribedil did not alter the steady state dopamine concentration in any brain region at any time. Each value represents the mean of 7-17 determinations.

Indicates those values from the piribedil-pretreated animals which differ significantly (p<0.05) from their vehicle-pretreated controls.

^aThese values represent the α -methyltyrosine values expressed as a percent of a combined vehicle and piribedil zero time value in each brain region.

but is completely opposite to the action of this agent on dopamine nerve terminals in the striatum and olfactory tubercle. Although the functional importance of this difference with respect to the median eminence is not certain, it is apparent that piribedil does not influence all dopaminergic systems in a similar manner.

DISCUSSION

I. Determination of Steady State Dopamine Concentrations

The median eminence dopamine concentration reported in the present studies, approximately 130 ng/mg protein, is much higher than that reported in earlier studies which examined catecholamines in this brain region. However, the prior use of fluorometric methods necessitated the use of large amounts of tissue (obtained by pooling samples or using large experimental subjects) which may have been contaminated by neighboring structures with lower dopamine concentrations (Laverty and Sharman, 1965; Rinne and Sonninen, 1968; Iwata and Ishii, 1969; Clementi et al., 1970). More recently, radioenzymatic procedures have been utilized to quantify catecholamine concentrations in small brain regions, including the median eminence (Cuello et al., 1973c; Palkovits et al., 1974; Versteeg et al., 1975; Chiocchio et al., 1976; Selmanoff et al., 1976). The median eminence dopamine concentration, as reported in these studies, appears to be much higher than previously believed and may, in fact, be the highest of any brain region. The median eminence dopamine concentrations reported in the present studies agree with these recently reported values.

One of the reasons for the disparity among literature values is that the dopamine concentration is dependent, to some extent, upon the size of the dissected median eminence fragment. Kavanagh and Weisz (1973) have shown that the dopamine concentration in the superficial

layer of the medial basal hypothalamus (i.e., median eminence) is reduced markedly when contaminated with surrounding tissue, in which the dopamine concentration is lower. Reported weights for the median eminence range from 65 μ g (Chiocchio et al., 1976) to 440 μ g (Kizer et al., 1975) and, accordingly, the dopamine concentrations range from 250 ng/mg protein to 72 ng/mg protein, respectively. Median eminence samples taken in the present studies were calculated to weigh approximately 200 μ g. Thus, the weight and dopamine concentration of these samples represent intermediate values when compared to values reported in recent studies.

For the general purpose of characterizing the tuberoinfundibular dopamine system in relation to the nigrostriatal and mesolimbic systems, two types of studies were performed: drug effects on steady state dopamine concentrations and drug effects on dopamine turnover.

A. Effects of γ-butyrolactone and baclofen on steady state dopamine concentrations

 γ -Hydroxybutyrate or its analog, γ -butyrolactone, has been shown to markedly increase the dopamine concentration in the striatum and olfactory tubercle without altering the concentration of norepinephrine or 5-hydroxytryptamine (Gessa et al., 1966; Aghajanian and Roth, 1970; Walters and Roth, 1972). This elevation of brain dopamine is associated with an increase in the synthesis of dopamine and an inhibition of nerve impulse flow (Spano et al., 1971; Walters et al., 1973).

Inhibition of nerve impulse flow by γ -butyrolactone excludes the possible participation of normal feedback mechanisms in the regulation of the synthesis and release of dopamine. Presynaptic or autoreceptors

are thought to regulate the synthesis and release of dopamine under these circumstances. Since nerve impulse flow is inhibited, less dopamine is released into the synaptic cleft. Consequently, presynaptic dopamine receptor activation is reduced. It is believed that the increased dopamine concentration in the brain results from a subsequent activation of tyrosine hydroxylase (Roth et al., 1975).

Baclofen may act in a manner similar to γ -butyrolactone. Dray and Straughn (1976) have demonstrated that baclofen inhibits the firing of nigral cells. Furthermore, baclofen, when administered systemically or applied directly to dopamine cell bodies, has been shown to increase the forebrain concentration of dopamine (Kelly and Moore, 1976).

In agreement with earlier studies, systemic administration of γ -butyrolactone and baclofen resulted in a marked elevation of dopamine concentrations in the striatum and olfactory tubercle (Table 2). However, neither drug altered the dopamine concentration in the median eminence.

One possible explanation for the inability of these two agents to alter the median eminence dopamine concentration is that the activity of tuberoinfundibular neurons is not reduced by γ -butyrolactone or baclofen. γ -Butyrolactone and baclofen have been considered γ -aminobutyric acid (GABA) receptor agonists (Andén and Stock, 1973; Fuxe et al., 1975c), although the GABA agonist properties of these agents has been challenged (Curtis et al., 1974; Davies and Watkins, 1974). If the effects of γ -butyrolactone and baclofen on nigrostriatal and mesolimbic neurons are mediated by an activation of GABA receptors, lack of a GABA input to tuberoinfundibular neurons

would account for the inability of these drugs to alter the dopamine concentration in the median eminence.

The intraventricular injection of GABA (Mioduszewski et al., 1976) and the systemic administration of γ -butyrolactone and baclofen (Meltzer and Fang, 1977, Ravitz and Moore, 1977) have been shown to increase serum prolactin concentrations. Although actions of these agents on prolactin secretion may be a nonspecific anesthetic or stress-related effect, the action of GABA, γ -butyrolactone and baclofen to elevate pituitary prolactin release may represent a GABA-mediated inhibitory influence on tuberoinfundibular dopamine neurons. If, indeed, nerve impulse flow is inhibited, the lack of a drug-induced elevation of dopamine may indicate that presynaptic receptors do not exist on the terminals of tuberoinfundibular neurons. In this case, a reduction of impulse flow and neurotransmitter release would be offset by a corresponding reduction of dopamine synthesis.

B. Hormonal influences on the dopamine concentration in the median eminence

Although the dopamine concentration in the median eminence was not altered by γ -butyrolactone and baclofen, the dopamine concentration was altered by endocrinological manipulations. Despite the fact that no changes in median eminence and hypothalamic concentrations of dopamine and norepinephrine were found during the estrous cycle, there was a marked elevation of the dopamine concentration in the median eminence of ovariectomized rats without a similar increase in the norepinephrine concentration. Furthermore, this increase in the median eminence dopamine concentration following ovariectomy was reversed by the administration of estradiol (Table 3).

Numerous studies correlating changes in the concentration and turnover of hypothalamic catecholamines with hormonal changes have been performed. The results of these studies support the general concept that hypothalamic catecholamines are involved in the regulation of anterior pituitary hormone secretion. Donoso and his coworkers have reported changes in the hypothalamic concentrations of norepinephrine during the estrous cycle and after castration (Stefano et al., 1965; Donoso et al., 1967; Stefano and Donoso, 1967; Donoso and De Gutierrez, 1970). Castration has also been shown to increase tyrosine hydroxylase activity in the hypothalamus (Beattie et al., 1972).

More recently, changes in the dynamics of catecholamine systems have been observed in individual hypothalamic nuclei. Kizer et al. (1974) have demonstrated that the castration-induced increase in hypothalamic tyrosine hydroxylase activity in male rats occurs in the median eminence exclusively. Furthermore, this increase was partially reversed by the administration of testosterone. These results are very similar to the observation that ovariectomy produced an increase in the dopamine concentration in the median eminence, an effect which was reversed by administration of estradiol. Thus, the increased median eminence concentration of dopamine in ovariectomized female rats apparently results from an increased synthesis of the neurotransmitter.

The interpretation of changes in catecholamine concentrations, such as that seen after ovariectomy, is difficult. However, the castration-induced increase in the median eminence dopamine concentration does reflect a movement away from the steady state and supports

the hypothesis that hormonal influences may alter the dynamics of tuberoinfundibular dopamine neurons.

II. Determination of Dopamine Turnover

A. Methodological considerations

One problem in the interpretation of concentration changes is that steady state concentrations of neurotransmitters are a poor index of the activity of a neuronal pathway. Therefore, dopamine turnover studies were performed to test the hypothesis that differences may exist in the regulatory mechanisms governing the activity of tuberoinfundibular, nigrostriatal and mesolimbic neurons.

Several steady state and nonsteady state methods have been utilized previously for the estimation of turnover rates and synthesis rates of central catecholamine neurotransmitters (Costa and Neff, 1966). Because of technical difficulties (e.g., determining the specific activity of ³H-tyrosine), it is not currently possible to employ radiolabelled precursor methods to determine dopamine turnover in brain regions, such as the median eminence, which weigh less than 1 mg. Dopamine turnover in the present studies was estimated using the nonsteady state method of observing the decline of the endogenous dopamine concentration after synthesis inhibition with a-methyltyrosine. At the present time this is the only method which has been applied successfully to the determination of dopamine turnover in the median eminence.

The use of α -methyltyrosine involves several assumptions, although there are shortcomings with all of the commonly employed methods for estimating turnover (see Weiner, 1974). One of these assumptions is that the inhibition of synthesis is complete in all of the brain regions examined and that the degree of inhibition is not altered by drug administration. One disadvantage of this method is that it involves the perturbation of the system, and one must presume that the inhibition of synthesis per se does not affect the activity of the neuronal pathway. Finally, inhibition of dopamine synthesis eliminates the contribution of newly synthesized amine to the determination of dopamine turnover. Thus, this method of estimating catecholamine turnover assumes that the transmitter content of the nerve terminal behaves as a single pool of amine. Despite these disadvantages and assumptions, the same rate of catecholamine turnover in the hypothalamus was obtained when estimated by three different methods, one of which involved the inhibition of synthesis with a-methyltyrosine (Iversen and Gdowinski, 1966).

That the dynamics of tuberoinfundibular neurons does not differ from nigrostriatal and mesolimbic neurons after synthesis inhibition is evidenced by the fact that the decline of dopamine in the median eminence after α -methyltyrosine followed first order kinetics, as did the decline in the striatum and olfactory tubercle (Figure 6).

B. Comparison of the synthesis rates for dopamine in the striatum, olfactory tubercle and median eminence

The rate constants for the decline of the endogenous dopamine concentrations after the administration of α -methyltyrosine and the calculated synthesis rates for dopamine in the striatum and olfactory tubercle of control rats were similar (Table 2), and the values for the striatum compare favorably with the results of Bariletto et al. (1975). The synthesis rate for dopamine in the median eminence was approximately twice the rates in the other two brain regions. The

rapid and marked decline of the dopamine concentration in the median eminence after α -methyltyrosine (Figure 6) is in agreement with the rate constants reported by Versteeg et al. (1975) and Löfström et al. (1976b) and contrasts with the recent work of Bacopoulos et al. (1975), who found the catecholamine stores in the median eminence to be resistant to depletion by α -methyltyrosine. Since the rate of decline of dopamine after α -methyltyrosine is believed to reflect the relative activity of a neuronal pathway (Andén et al., 1969), it appears that the activity of tuberoinfundibular neurons is at least as great as, if not greater than, that of nigrostriatal and mesolimbic dopamine neurons. Another indication of the tonic activity of tuberoinfundibular neurons is the rapid increase in serum prolactin concentrations after the administration of α -methyltyrosine (Donoso et al., 1971).

C. Acute effects of haloperidol and piribedil administration

The haloperidol-induced increase in dopamine turnover in the corpus striatum and olfactory tubercle is in agreement with many earlier studies (Andén et al., 1970; Andén, 1972; Wilk et al., 1975), as is the piribedil-induced decrease of dopamine turnover (Corrodi et al., 1972; Jori et al., 1974).

Numerous studies indicate that the effects of haloperidol and piribedil on dopamine turnover are mediated by a neuronal feedback mechanism subsequent to dopamine receptor blockade or stimulation, respectively (Carlsson and Lindqvist, 1963). Essential to the concept of neuronal feedback modulation of nigrostriatal and mesolimbic neurons is the assumption that piribedil and haloperidol are a postsynaptic dopamine receptor agonist and antagonist, respectively. Evidence for the validity of such an assumption is several-fold. The dopamine receptor agonist properties of piribedil include its ability to induce contralateral rotation in rats with a unilateral 6-hydroxydopamine-induced lesion of the striatum (Corrodi et al., 1972). In addition, a metabolite of piribedil has been shown to stimulate the activity of a dopamine sensitive adenylate cyclase in the rat striatum (Miller and Iversen, 1974). Another indication of the dopamine receptor agonist activity of piribedil is its ability to reduce prolactin secretion *in vitro* and *in vivo* (MacLeod and Lehmeyer, 1974; Mueller et al., 1976). Haloperidol is believed to block postsynaptic dopamine receptors since this agent blocks drug-induced circling of animals with 6-hydroxydopamine-induced striatal lesions (Ungerstedt, 1971b), antagonizes the binding of dopamine to receptors (Burt et al., 1975), and increases serum prolactin concentrations (Dickerman et al., 1972).

Despite the evidence for the actions of haloperidol and piribedil on postsynaptic dopamine receptors, the possibility remains that the effects of these agents on cerebral dopamine metabolism in vivo may be mediated by a presynaptic action (e.g., on dopamine autoreceptors). One argument against this possibility is that dopamine receptor antagonists increase and dopamine receptor agonists decrease the firing rate of cells in the substantia nigra (Bunney et al., 1973; Walters et al., 1975). The concept of the regulation of the activity of nigrostriatal and mesolimbic neurons by a neuronal feedback loop is further supported by the fact that the haloperidol-induced increase in striatal tyrosine hydroxylase activity is blocked by cerebral hemisection, indicating that the integrity of the feedback loop is

required for the actions of this neuroleptic on dopamine metabolism (Zivkovic et al., 1975b).

Recent work suggests that the neuronal feedback mechanism regulating the activity of nigrostriatal neurons may be more complex than depicted in Figure 4. Destruction of GABA and acetylcholine neurons by kainic acid does not alter the ability of dopaminergic agonists and antagonists to influence the activity of nigrostriatal neurons (DiChiara et al., 1977; Wuerthele et al., 1977). Therefore, regulation of nigrostriatal neurons may involve yet another feedback mechanism. One possibility is that dopamine released in the substantia nigra from axon collaterals of nigrostriatal neurons may inhibit the release onto dopaminergic cell bodies of an excitatory neurotransmitter. Thus, the effects of dopamine agonists and antagonists may result from an action on dopamine receptors in the substantia nigra, rather than on receptors in the striatum.

Although haloperidol and piribedil altered dopamine turnover in the striatum and olfactory tubercle, neither drug had an effect on dopamine turnover in the median eminence. Fuxe and his co-workers (1975a) have likewise observed that acute administration of various neuroleptics has no effect on dopamine turnover in this brain region. These results suggest that a neuronal feedback loop may not regulate the activity of tuberoinfundibular dopamine neurons. In support of this conclusion is the fact that dopamine receptors have not been localized in the median eminence (Brown et al., 1976).

However, haloperidol and piribedil may alter the turnover of a small, newly synthesized pool of dopamine in the terminals of tuberoinfundibular neurons. These drug actions cannot be determined in turnover studies utilizing α -methyltyrosine.

Results from the examination of the time course for the effects of haloperidol on dopamine turnover in the striatum, olfactory tubercle and median eminence suggest that a qualitative difference exists in the regulatory mechanisms governing the activity of nigrostriatal, mesolimbic and tuberoinfundibular dopamine neurons (Figures 7-9). The rapid increase in the a-methyltyrosine-induced depletion of dopamine in the striatum and olfactory tubercle after haloperidol is consistent with the concept of neuronal feedback regulation. Haloperidol produced a delayed increase in dopamine turnover in the median eminence, an action not unlike the increase seen after multiple injections of pimozide (Fuxe et al., 1975b). Similarly, dopamine turnover in the median eminence was increased after two injections of clozapine and thioridazine (Table 6). However, this action of haloperidol appears to be hormonally mediated since it was eliminated by hypophysectomy (Figure 10, Table 5).

Hypophysectomy reduced the steady state dopamine concentration in the median eminence by 30%. Similar reductions have been reported by Fuxe et al. (1973) and Shoemaker and Schlumpf (1976). This reduction of the endogenous dopamine concentration might indicate that the surgery itself altered the dynamics of these dopamine neurons such that it was not possible to increase the turnover of dopamine in the median eminence in hypophysectomized animals. However, the rate constant for the decline of the dopamine concentration was almost identical to the value obtained from unoperated controls (Table 5). Furthermore, it has been previously demonstrated that prolactin administration is capable of increasing the activity of tuberoinfundibular neurons in hypophysectomized rats (Hökfelt and Fuxe, 1972).

Hypophysectomy unexpectedly enhanced the ability of haloperidol to increase dopamine turnover in the striatum. Haloperidol enhanced the α -methyltyrosine-induced decline of dopamine and the synthesis rate of dopamine in the striata of hypophysectomized rats at a time when no effect was observed in the striata of unoperated controls. From this observation alone it is not possible to determine whether this effect reflects an increased half-life of the drug or whether it represents a hormonal influence on the sensitivity of nigrostriatal neurons.

More importantly, however, the results of these experiments indicate that although neuroleptic-induced increases in dopamine turnover occur in all three brain regions, the action of haloperidol on tuberoinfundibular dopamine neurons is dependent upon the presence of the pituitary and, therefore, most likely hormonally mediated.

The delayed action of haloperidol on tuberoinfundibular neurons prompted an examination of the effects of piribedil at later times. Instead of observing a delayed decrease in dopamine turnover in the median eminence after piribedil administration, multiple injections of this drug resulted in an increased disappearance of dopamine after a-methyltyrosine in this brain region (Table 11). Indeed, piribedil increased dopamine turnover in the median eminence in a dose dependent manner and at doses which decreased turnover in the striatum and olfactory tubercle (Table 12). One explanation for this observation is that high doses of piribedil may enhance the release of dopamine from the terminals of tuberoinfundibular neurons in the median eminence. Presynaptic actions of piribedil have been reported (Fuxe, 1973). Despite the uncertain physiological significance of this action of piribedil in the median eminence, it appears that differential effects

of this dopaminergic agonist exist with regard to its action on central dopaminergic neurons. These results further support the hypothesis that the mechanisms governing the activity of tuberoinfundibular dopamine neurons differ from those governing the activity of nigrostriatal and mesolimbic neurons.

D. Selective actions of prolactin and estrogen on tuberoinfundibular dopamine neurons

The administration of exogenous prolactin selectively increased dopamine turnover in the median eminence (Figure 12) since no effect was observed in the striatum (Figure 13). These results confirm the histofluorescent study of Hökfelt and Fuxe (1972). Similarly, a pharmacologically-induced elevation of endogenous serum prolactin concentrations by estradiol also increased dopamine turnover in the median eminence (Figure 14). These results provide direct evidence that the activity of tuberoinfundibular neurons may be influenced by hormones. Specifically, high serum prolactin concentrations appear capable of activating these intrahypothalamic dopamine neurons.

A large number of studies indicate that dopamine released from the terminals of tuberoinfundibular neurons functions to inhibit the release of prolactin from the anterior pituitary. Thus, the prolactininduced increase in the turnover of dopamine in tuberoinfundibular neurons not only represents a hormonal-neuronal feedback modulation of these neurons but also provides a possible mechanism by which prolactin may regulate its own secretion. Indeed, suppression of prolactin secretion from the *in situ* pituitary gland in situations of elevated serum prolactin concentrations has led to the suggestion

that prolactin inhibits its own secretion. This "short loop" feedback has been demonstrated in rats bearing pituitary tumor transplants which secrete large amounts of prolactin. The in situ pituitary prolactin concentration is markedly decreased in these animals (MacLeod et al., 1966; Chen et al., 1967). Transplants of pituitaries under the kidney capsule or implants of prolactin into the median eminence region have also been shown to reduce the pituitary and serum concentration of prolactin (Mena et al., 1968; Welsch et al., 1968; Clemens and Meites, 1968; Voogt and Dang, 1977). Of further interest in this regard are the effects of a-methyltyrosine on the serum prolactin concentration of estradiol-pretreated animals (Table 8). a-Methyltyrosine produced a much greater increase in the serum prolactin concentration of estradiol-pretreated rats when compared to the increase observed in vehicle-pretreated animals. Thus, despite elevations of serum prolactin concentrations in estrogen-treated rats, prolactin concentrations would be much greater without the inhibitory influence of tuberoinfundibular neurons. Furthermore, the enhanced response to a-methyltyrosine in these animals indicates an increased inhibitory influence of these neurons. An estrogen-induced, prolactin-mediated increase in the activity of tuberoinfundibular neurons may function to limit the estrogen-stimulated rise in serum prolactin concentrations. This provides further support for the concept of autoregulation of serum prolactin concentrations.

Tuberoinfundibular dopamine neurons may not be involved exclusively in the regulation of prolactin secretion. Fuxe and his coworkers have suggested that tuberoinfundibular dopamine neurons exert an inhibitory action on the pituitary secretion of gonadotropins (Fuxe et al., 1971; Fuxe et al., 1976). Indeed, dopaminergic agonists

have been shown to reduce serum LH concentrations (Mueller et al., 1976) and block ovulation in immature rats treated with pregnant mare serum (Fuxe and Hökfelt, 1973). The increase in dopamine turnover in the median eminence after the administration of exogenous prolactin was accompanied by reductions in the post-castration rise of serum LH and FSH concentrations (Table 7). This observation has been recently confirmed by Muralidhar et al. (1977), who reported that prolactin administration similarly reduced the post-castration rise of serum LH in suckling female rats. There are many indications that high serum concentrations of prolactin are associated with low secretion of gonadotropins. This is particularly noteworthy during postpartum lactation in rats where serum prolactin is high and serum LH and FSH are depressed (Lu et al., 1976). It is tempting to speculate that the prolactin-induced suppression of serum LH and FSH concentrations is mediated by the increased activity of tuberoinfundibular dopamine neurons. However, a direct action of prolactin on the pituitary cannot be excluded. Muralidhar et al. (1977) concluded that prolactin acts by altering the responsiveness of the pituitary to LHRH. Their conclusion does not exclude the possibility that a prolactin-induced increased release of dopamine into portal vessels acts on the pituitary to alter its responsiveness to LHRH.

The negative feedback mechanism by which estrogen inhibits pituitary gonadotropin secretion has been suggested to involve a direct action of estrogen on tuberoinfundibular dopamine neurons (Fuxe et al., 1969; Fuxe and Hökfelt, 1973). Results of the present studies do not support this contention (Figure 15). The ability of estradiol to increase dopamine turnover in the median eminence was completely blocked by hypophysectomy, indicating that estradiol

apparently has no direct action on tuberoinfundibular neurons. However, one cannot exclude the possibility that estrogen exerts a direct action on a small population of dopamine neurons or a small pool of newly synthesized dopamine.

E. Lag time in response of tuberoinfundibular dopamine neurons

One similarity in the actions of haloperidol, prolactin and estrogen on tuberoinfundibular neurons was the lag time observed between the elevation of serum prolactin concentrations and the increase of dopamine turnover in the median eminence. This lag time, 10-26 hours, was similar in all three cases. Although it may be argued that a continuous elevation of serum prolactin concentrations may not have been attained in the prolactin study, this does not appear to be a reasonable explanation for the delay observed in the haloperidol and estrogen experiments. Furthermore, a lag time has been observed after the administration of several other antipsychotic agents (Fuxe et al., 1975a). At the present time one can only speculate as to the reasons for the delayed response of tuberoinfundibular neurons. One explanation might be that prolactin is slowly accumulated in prolactin-sensitive neurons in the central nervous system. Indeed, Fuxe et al. (1977) have recently reported the existence of a protein immunoreactively related to prolactin stored in a network of nerve terminals in several hypothalamic nuclei. Alternatively, prolactin may cross permeable blood vessels in the median eminence and undergo retrograde axonal transport to prolactin-sensitive perikarya within the hypothalamus. Such a transport system has been described (Broadwell and Brightman, 1976). Regardless of what transpires between the elevation of serum prolactin concentrations and the

subsequent increase of dopamine turnover in the median eminence, it appears that the hormonal-neuronal regulation of tuberoinfundibular dopamine neurons is a sluggish system in contrast to the rapid neuronal feedback modulation of nigrostriatal and mesolimbic neurons.

F. Prolactin-induced changes in dopamine turnover in the median eminence of rats with an isolated hypothalamic island

The ability of prolactin implants into the median eminence region to suppress pituitary prolactin release indicates that the autoregulation of prolactin secretion may involve hypothalamic neuronal mechanisms (Voogt and Meites, 1973; Dang and Voogt, 1977). Results from the present studies indicate that prolactin-induced increases in the activity of tuberoinfundibular neurons may be one mechanism by which prolactin regulates its own secretion. However, many hypothalamic areas have been implicated in the control of prolactin secretion (see Neill, 1974), and connections between these areas and the median eminence have been described (Moss, 1976). There are no previous studies on the neuronal pathways which may be involved in the hormonal-neuronal feedback regulation of tuberoinfundibular dopamine neurons and prolactin secretion.

Hypothalamic deafferentations were performed so as to separate possible extra- and intrahypothalamic components of the proposed feedback mechanism. Within the hypothalamus the lesion was intended to separate the arcuate-median eminence region from other hypothalamic areas, such as the medial preoptic region (Figure 17). Completeness of the deafferntation was verified by gross inspection at the time of dissection, histological identification of the lesion and the depletion of norepinephrine observed within the median eminence and

hypothalamic island (Figure 18). The fact that only a 50% reduction of norepinephrine in these brain regions was observed might be taken as an indication that the lesion was not complete. However, Brownstein et al. (1976) have also found that isolation of the medial basal hypothalamus resulted in only a 60% reduction of median eminence norepinephrine, despite a 95% decline of the activity of dopamine- β hydroxylase in this region. Some of this remaining norepinephrine may be present in nerve endings of peripheral sympathetic nerve fibers terminating in blood vessels in the median eminence. Another possibility is that some norepinephrine in the median eminence and hypothalamic island is contained within the terminals of a small number of intrahypothalamic noradrenergic neurons.

It is clear that hypothalamic deafferentation does not alter the ability of haloperidol to increase dopamine turnover in the median eminence (Figure 21). Since this action of haloperidol is most likely mediated by elevated serum prolactin concentrations, it appears that prolactin acts directly on neurons within the medial basal hypothalamus to increase the activity of tuberoinfundibular neurons. These results may indicate that prolactin acts directly on cell bodies of these dopamine neurons. However, one cannot exclude the possible involvement of other monoaminergic systems in the medial basal hypothalamus. If the ability of prolactin to increase dopamine turnover in the median eminence results from a direct action of this hormone on tuberoinfundibular neurons, it remains to be determined whether this action is mediated on the cell bodies or terminals of these neurons.

SUMMARY AND CONCLUSION

Sensitive radioenzymatic procedures were utilized in order to compare the responses of tuberoinfundibular dopamine neurons with those of nigrostriatal and mesolimbic neurons to various pharmacological agents. The abilities of drugs and endocrinological manipulations to alter steady state dopamine concentrations and dopamine turnover rates were examined in the median eminence, striatum and olfactory tubercle, regions containing the terminals of tuberoinfundibular, nigrostriatal and mesolimbic neurons, respectively. The significant observations and conclusive remarks of these studies are summarized below.

A. The systemic administration of γ -butyrolactone and baclofen markedly increased the steady state dopamine concentrations in the striatum and olfactory tubercle. However, neither drug altered the dopamine concentration in the median eminence. Regardless of the mechanism by which γ -butyrolactone and baclofen increase dopamine concentrations in the brain, these results indicate that these drugs do not influence all dopaminergic systems in a similar manner.

B. Although median eminence dopamine concentrations did not change during the estrous cycle, a marked increase in this brain region was observed four weeks after ovariectomy. Similar increases were not observed in the median eminence norepinephrine concentration nor in the concentration of dopamine in the hypothalamus, demonstrating

the selective nature of this increase. Thus, it appears that the dynamics of tuberoinfundibular dopamine neurons may be influenced by hormonal factors.

C. Dopamine turnover studies were performed to better characterize and compare the regulatory mechanisms governing the activity of tuberoinfundibular neurons with the neuronal feedback mechanism generally believed to regulate the activity of nigrostriatal and mesolimbic dopamine neurons. Dopamine turnover rates were estimated by observing the decline of the endogenous dopamine concentrations after synthesis inhibition with a-methyltyrosine. The dopaminergic antagonist, haloperidol, and the dopaminergic agonist, piribedil, produced a rapid increase and decrease, respectively, in the synthesis rates of dopamine in the striatum and olfactory tubercle. These agents did not produce similar effects in the median eminence. The actions of dopaminergic antagonists and agonists on cerebral dopamine metabolism have been used, previously, to support the concept of neuronal feedback modulation of nigrostriatal and mesolimbic neurons. The inability of these agents to alter dopamine turnover in the median eminence suggests that such a neuronal feedback loop does not influence the activity of tuberoinfundibular neurons.

Nevertheless, haloperidol did produce a delayed increase in dopamine turnover in the median eminence. However, this action of haloperidol in the median eminence appears to be hormonally mediated, since the effect was blocked by hypophysectomy.

D. The actions of exogenous prolactin and estradiol administration to selectively enhance the α -methyltyrosine-induced depletion of dopamine in the median eminence provides direct evidence for the

ability of hormones to influence the activity of tuberoinfundibular dopamine neurons. Thus, the activity of the tuberoinfundibular pathway may be regulated by a hormonal-neuronal feedback mechanism. In view of the inhibitory actions of dopamine on pituitary prolactin release, the action of prolactin to increase dopamine turnover in the median eminence may be one mechanism by which prolactin regulates its own secretion. Since the effects of estrogen on dopamine turnover in the median eminence were eliminated by hypophysectomy, the action of this steroid hormone in the median eminence is probably indirect and mediated by the estrogen-induced elevation of serum prolactin concentrations. The estrogen-induced, prolactin-mediated increased activity of tuberoinfundibular neurons may function to limit estrogenstimulated prolactin secretion.

E. Isolation of a portion of the medial basal hypothalamus did not alter the ability of haloperidol to increase dopamine turnover in the median eminence. This observation indicates that the proposed hormonal-neuronal feedback regulation of tuberoinfundibular dopamine neurons involves an action of prolactineon intrahypothalamic neuronal pathways, possibly a direct action on tuberoinfundibular neurons (Figure 22).

F. In conclusion, dopaminergic systems within the central nervous system differ in their responsiveness to various pharmacological agents and endocrinological manipulations. Some of these differences may result from differences in the regulatory mechanisms governing the activity of these dopamine pathways. Whereas the activity of nigrostriatal and mesolimbic dopamine neurons may be modulated by a rapid neuronal feedback system, the activity of tuberoinfundibular dopamine



Figure 22. Prolactin-mediated feedback regulation of tuberoinfundibular dopamine neurons indicating possible sites of action of prolactin. AN, arcuate nucleus; DA, dopamine; PIF, prolactin inhibiting factor. neurons may be influenced by a sluggish hormonal-neuronal feedback system.

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