

taken step-by-step through the sociocognitive approach to handling cases. Because it holds a systemic view to therapy, family therapists will find this book very useful. The relabelling of personal problems, not as psychopathology, but as personal limitations, helps the therapist to see the client in a positive light from the beginning.

Dr Hurvitz's crisis management techniques are very practical and also the incorporation of contracts between family members is a very useful technique which many clinicians will find very valuable if they incorporate this in their work with clients, whether in crisis or not.

I would recommend the book to all clinicians who work with individuals and families whether they be family therapists, social workers or psychologists.

Reviewed by E Muzenda, Training and Clinical Director, CONNECT (Zimbabwe Institute of Systemic Therapy), Harare.

Teaching Secrets: The Technology in Social Work Education, by Ruth R Middleman and Gale Goldberg Wood (eds), 1991, The Haworth Press, New York, 138 pp, ISBN: 1-56024-213-2 (h/b, \$22,95).

Ruth Middleman and Gale Goldberg Wood have produced a book that has given me hope in my aspiration to be the best lecturer that I can possibly become. In this book, both authors have articulated various ways of being a creative teacher. The way they have presented and discussed the relationship between the "secrets" of practice and the use of self is excellent. This is the book that is a must for teachers of social work and I will have no hesitation to recommend that the School of Social Work should obtain a copy for each of its staff. If all lecturers read this book, they would be stimulated to become more creative in their teaching methods.

Middleman and Goldberg Wood have done an excellent job in editing various chapters of the book and making them read congruently. My favourite chapters in the book are: "Helping Students Learn from Each Other", and "Standing for Values and Ethical Action: Teaching Social Work Ethics". In fact, all the chapters written by various academics are excellent and one finds it hard to pinpoint the weaknesses of this book.

This book has left me with a renewed sense of excitement that it is possible for one to become a creative and excellent teacher without having gone through a Faculty of Education. I highly recommend this book for all the lecturers who teach social work without having learnt "teaching methods" as taught at Teacher Training Colleges. Anybody who is interested in becoming an outstanding lecturer will find this book compelling and useful as a constant reference book.

Reviewed by Ruth H Kiire, Lecturer, School of Social Work, Harare.